

Michelle D. Williams

EDUCATION

- Ithaca College, Ithaca NY 1994
Bachelor of Clinical Science
- Ithaca College, Ithaca NY 1995
Master of Science in Physical Therapy

EXPERIENCE

- University of Massachusetts**, Lowell, MA
Anatomy and Physiology 1 Lecture Visiting Professor January 2010 - present
Anatomy and Physiology 1 and 2 Lab Instructor
- University of Massachusetts**, Lowell, MA
Anatomy and Physiology 1 Lab Instructor: Adjunct Faculty Sept 2005 – Sept 2009
- Orthopedic Physical Therapy**, Nashua, NH 2000 – 2005
Outpatient Physical Therapist
- Holy Family Hospital**, Methuen, MA 1999 – 2000
Outpatient Staff Physical Therapist
- Physical Therapy Northwest**, Longview, WA 1996 - 1999
Outpatient Orthopedic Physical Therapist
- Lawrence Memorial Hospital**, Medford, MA 1995 - 1996
Outpatient Staff Physical Therapist

CONTINUING EDUCATION

- Orthopedic Physical Assessment: Thoracic Spine, 2010
- Orthopedic Physical Assessment: The Shoulder, 2010
- Orthopedic Physical Assessment: The Knee, 2010
- Orthopedic Physical Assessment: Cervical Spine, 2010
- Knee Anatomy and Biomechanics, 2008
- Lumbar Spine Anatomy and Biomechanics, 2008
- Common Pathologies of the Lumbar Spine, 2008
- Lumbar Spine: Objectives of Treatment Goals, 2008
- Sport and Exercise, 2008
- Manual Evaluation of the Sacroiliac Joint, 2008
- Manual Correction and Treatment of the SI Joint, 2008
- Patellofemoral Syndrome, 2006
- Back Care – A Clinical Approach, 2006
- Rotator Cuff and Impingement Disorder, 2006
- Rehabilitation for the Post-Surgical Orthopedic Patient, 2006
- Osteoporosis Prevention and Treatment, 2004
- Muscle Energy Techniques, 2004