



PROFESSIONAL DEVELOPMENT TRAINING SEMINARS

Center for the Promotion of Health in the New England Workplace (CPH-NEW)

In 2013, employers reported 4 million non-fatal workplace injuries and illnesses. Address today's critical challenges with the *Total Worker Health*[®] approach. Total Worker Health (TWH) is a concept referring to all aspects of work that contribute to worker safety, health, and well-being.

CPH-NEW is a NIOSH Total Worker Health Center for Excellence that offers **research-based program toolkits and education** to help employers support a health-promoting workplace and a vital, productive workforce. We offer training seminars for professionals that can be delivered as conference presentations or as professional continuing education courses.

Getting Started with Total Worker Health[®] (1-hour seminar)

Get introduced to Total Worker Health[®] practices. Enhance worker safety and well-being by making connections between work and non-work contributors to poor health. Identify practical action steps to introduce Total Worker Health practices into your workplace.

Introduction to the Healthy Workplace Participatory Program Toolkit (1-hour seminar)

Learn about the Health Workplace Participatory Program (HWPP), CPH-NEW's online toolkit designed to integrate solutions systemically to increase worker engagement and address barriers to health.

Getting Ready to Implement Total Worker Health (1-2 hour workshop)

Is your organization ready to implementing a Total Worker Health[®] program? Complete an organizational readiness self-assessment and build an action plan to successfully implement a TWH program.

Learn How to Facilitate the Healthy Workplace Participatory Program (1 day workshop)

The CPH-NEW Healthy Workplace Participatory Program (HWPP) toolkit has been field tested and shown to enhance employee participation, a key element of a sustainable TWH program. This in-depth, hands on training will allow participants to practice using the toolkit materials. Participants will role-play as a "Design Team" to generate interventions to specific concerns impacting employee safety, health and wellbeing. Training activities can fulfill requirements for professional continuing education.

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