



Snacks

Bringing snacks to a class is the easiest way to get started as a LIRA volunteer.

Please sign up during one of our meetings and/or let the coordinator know you are willing to bring something.

It is best to bring finger foods that are easy to eat since we don't have a way to clean up crumbs. We really appreciate anything you would like to bring whether it is homemade or store bought, sweet or savory, with or without nuts.

We do request that you label food that has peanuts though.

It is also helpful to bring paper goods and the utensils to serve and eat the food you bring. However, there are usually some supplies in the closet for emergencies.

We also ask that you clean up all leftover food after class.

Thank you for your cooperation.