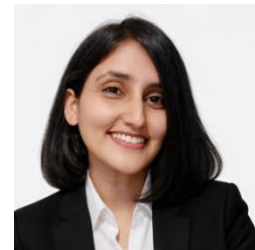


CURRICULUM VITAE

1. **Name:** Sharmila Bhandari
2. **Date of birth:** 14th August, 1996
3. **Nationality:** Nepalese
4. **Civil Status:** Female
5. **Education:**



Institution	Degree Obtained
University of Massachusetts Lowell, United States, 2026- Ongoing	Doctor of Philosophy Ph.D Psychology
Mahidol University, Salaya, Thailand, 2023-2025	Masters in Arts MA. Population and Sexual and Reproductive Health, CGPA: 3.78
Mahidol University, Salaya, Thailand, and Universitas Gadjah Mada, Yogyakarta, Indonesia, 2020-2022	Masters in Arts MA. Human Rights and Democratization CGPA:3.66
Kathmandu University School of Medical Sciences, Dhulikhel, Nepal, 2014-2018	Bachelor of Science BSc. Human Biology

6. Key qualifications:

Development professional with regional experience across Asia-Pacific, focusing on inclusive health systems, sexual and reproductive health and rights (SRHR), and research-based advocacy. Skilled in gender mainstreaming, rights-based programming, and research with expertise in big data analysis. Proven track record in managing multi-country initiatives, engaging diverse stakeholders, and supporting projects.

7. Professional experiences:

7.1: Instructional Experience

Date	Institution & reference	Position	Key Responsibilities
September 2020 – February 2021	Mahidol University, Institute for Human Rights and Peace Studies (IHRP) knaparata@gmail.com	Graduate Teaching Assistant	- Supported undergraduate course (Research Methodology) delivery through tutorials and small-group discussions. - Assisted students with research design, secondary data analysis, and academic writing. - Reviewed assignments and provided feedback in coordination with the lead instructor.

7.2: Professional Experience (Development sectors)

Date	Institution & reference	Position	Key Responsibilities
2025-2026	Global South Coalition for Dignified Menstruation (Kathmandu, Nepal) rpauadel456@gmail.com	Liaison Officer (Part-time)	Coordinating Sang Pour Sang project along with PSI Europe, Fos Feminista, and Equipop, where my task includes research, reporting, and partner engagement.

Date	Institution & reference	Position	Key Responsibilities
			- Supporting membership expansion, capacity building, and social media outreach. - Leading fundraising efforts and contributing to proposal development.
2025-2026	ECPAT International (Bangkok, Thailand) andreav@ecpat.org	Research Associate	- Conduct gender-sensitive research on child sexual exploitation, online abuse, trafficking, and child marriage. - I was primarily engaged in the Global Boys Initiative, against sexual abuse and exploitation among boys around the world. - Liaise with regional member organizations - Draft public-facing briefs and analytical country reports. - Support the design of research methodologies and data analysis using participatory tools.
2024	Asia Pacific Council of AIDS Service Organizations (APCASO)(Bangkok, Thailand) mangala@apcaso.org	Regional Program Officer (Gender and Health)	- Managed early implementation of a €2 million regional initiative on gender justice and sexual rights across Vietnam, Cambodia, and Thailand. - Coordinated with regional partners, consultants, and service providers to ensure timely delivery, compliance, and quality standards. - Supported gender mainstreaming in strategic planning and regional proposals aligned with the Global Fund and bilateral donor frameworks. - Contributed to advocacy strategy development and authored key communications materials. - Supported M&E through results tracking and reporting on gender indicators.
2022-2023	World Health Organization (WHO) (Lalitpur, Nepal)	Consultant – Media Monitoring Reporter in Public Health	- Analyzed national media coverage on public health emergencies, including NCDs, COVID-19, and maternal and child health. - Produced rapid reports used for early warning and advocacy by the Ministry of Health and partners.

Date	Institution & reference	Position	Key Responsibilities
2016-2018	Action Works Nepal (AWON) (Kathmandu, Nepal)	Youth Volunteer	- Participated in national campaigns including Occupy Baluwatar: Stop Rape Movement. - Led logistics for educational outreach in remote districts.

8: Ongoing Research and Publications:

- [Barriers to Safe Abortion Access in Nepal](#) - Int'l Human Rights Conference, 2021
- [What Drives Women's Choice for Induced Abortion in Nepal?](#) – Int'l Conference on Population and Public Health Sciences, 2024
- [Safety of supervised and unsupervised consumption of oral drugs for inducing abortion and associated adverse outcomes: a Systematic Review and Meta-Analysis](#) – National Journal of Community Medicine, 2025
- Trend of Induced Abortion and its Determinants: Evidence from the Nepal Demographic Health Survey – Under Review, 2025
- [How can we work with boys at risk or survivors of sexual exploitation and abuse through a gender-sensitive approach?](#) –ECPAT International, 2025
- [Menstrual Discrimination among Transmen in Nepal](#) – GSCDM, 2025
- [How can we tackle menstrual discrimination? Put dignity at the center](#) – Devex, 2026

9: Conference and Seminar

- 7th International Dignified Menstruation Learning Conference– Presenter and Panelist
The Malla Hotel, Kathmandu, Nepal | 2025
- International Conference on Population and Public Health Sciences – Presenter
Chulalongkorn University, Bangkok, Thailand | 2024
- Conference on Human Rights, Indigeneity and Human Rights in Asia and the Pacific-Presenter
Universitas Gadjah Mada, Yogyakarta, Indonesia | 2023
- International Conference on Emerging Research in Politics, Development, and Human Rights-
Presenter, Mahidol University, Salaya, Thailand | 2021

10: Digital Skills

- R-Programming
- STATA
- ATLAS.ti
- Microsoft office
- EndNote

11: Certificates

- Research Ethics
- Data Management

12: Language

- Mother Tongue: Nepali
- Other(s): English, Hindi, Urdu, Thai

13: Honors and Award

- Full-ride scholarship awarded by Mahidol University for the Master of Arts in Population and Sexual and Reproductive Health, 2023
- Full-ride scholarship awarded by the European Union for the Asia Pacific Master of Arts in Human Rights and Democratization, 2020