

Name _____
Week beginning _____
Hours _____

Weekly Reflections and Insights – Community Practicum

Instructions: Think about what has happened over the past week in your practicum placement – What have you been doing? What you have seen, heard, said, thought, and felt? – and complete the following sentences:

1. My primary accomplishments this past week have been:

Outline the primary activities of your week. This should include detail about how you spent your time. This can be a bulleted list, i.e., it need not be in paragraph or full sentence form.

2. The one observation or insight (could be a lesson learned; an example of a community psychology principle in action; a new connection, thought, or feeling) that was most significant to me is:

Share what you are learning from your practicum experiences. Reflect on how effective/useful your involvement has been; share an insight about system dynamics; give an example of an event, interpersonal exchange, or organizational dynamic that you are finding interesting. This is an essential aspect of honing the skill of participant conceptualizer, and it will take some thought.

3. One topic or issue I'd like to discuss further in class or with supervisor is:

Given your activities and reflections for the week, what issues would you like to discuss or share with others? You can use this space to highlight concerns or worries – but that is NOT the only type of issue to note here. Part of actively learning from your experiences is discussing issues and observations with your supervisor and/or classmates each week.