## ALL-DAY PACKAGES

### All Day Delicious $41.99
Relax. We’ll keep the food coming! These 4 selections will keep your energy up throughout the day. Available for 15 guests or more. Includes appropriate condiments.

#### Delicious Dawn
- Assorted Muffins 400-510 Cal each
- Assorted Scones 430-470 Cal each
- Fresh Seasonal Sliced Fruit 40 Cal/2.5 oz. serving
- Assorted Juice 110-170 Cal each
- Bottled Water 0 Cal each
- Starbucks Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving

#### AM Perk Up
- Granola Bars 190 Cal each
- Assorted Individual Yogurt Cups 50-150 Cal each
- Iced Tea 5 Cal/8 oz. serving
- Starbucks Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving

#### Power Up Lunch
- Tomato and Cucumber Couscous Salad 120 Cal/3.75 oz. serving
- Orange Fennel Spinach Salad 210 Cal/3.2 oz. serving
- Bakery Fresh Rolls 160 Cal each
- Green Beans Gremolata 70 Cal/3 oz. serving
- Three Pepper Cavatappi with Pesto 310 Cal/7.5 oz. serving
- Grilled Chicken with a Lemon Tarragon White Wine Sauce 200 Cal/5.75 oz. serving
- New York Cheesecake 440 Cal/slice
- Iced Tea 5 Cal/8 oz. serving
- Iced Water 0 Cal/8 oz. serving

#### PM Pick Me Up
- Chilled Spinach Dip with Tortilla Chips 230 Cal/2.25 oz. serving
- Grilled Vegetable Tray 70 Cal/3 oz. serving
- Freshly Baked Brownies 250 Cal/2.25 oz. serving
- Bottled Water 0 Cal each
- Starbucks Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving

## Meeting Wrap Up $34.99
Serve these favorites and success is a wrap! This All-Day package includes the following 4 delights. Available for 15 guests or more. Includes appropriate condiments.

#### Morning Mini
- Miniature Muffins 80-120 Cal each
- Miniature Danish 140-170 Cal each
- Miniature Scones 110-120 Cal each
- Yogurt Parfait Cups 370-400 Cal each
- Iced Water 0 Cal/8 oz. serving
- Starbucks Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving

#### The Energizer
- Donut Holes 45-90 Cal each
- Whole Fruit 50-110 Cal each
- Iced Tea 5 Cal/8 oz. serving
- Starbucks Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving

#### It’s a Wrap
Includes choice of salad.

- Chicken Caesar Wrap 540 Cal each
- Pepper Jack Tuna Wrap 590 Cal each
- Cran-Apple Turkey Wrap 650 Cal each
- Grilled Vegetable Wrap 620 Cal each
- Fresh Seasonal Sliced Fruit 40 Cal/2.5 oz. serving
- Traditional Garden Salad 50 Cal/3.5 oz. serving
- Grilled Vegetable Pasta Salad 130 Cal/3 oz. serving
- Individual Bag of Chips 100-160 Cal each
- Assorted Craveworthy Cookies 250-310 Cal each
- Freshly Baked Brownies 250 Cal/2.25 oz. serving
- Iced Tea 5 Cal/8 oz. serving
- Iced Water 0 Cal/8 oz. serving

#### Mid-Day Munchies
Fresh Tortilla Chips served with two (2) Salsas: Salsa Roja, Salsa Verde or Pico De Gallo accompanied by a Fruit Bowl, Assorted Craveworthy Cookies and Beverages

- Tortilla Chips 90 Cal/1 oz. serving
- Salsa Roja 20 Cal/1 oz. serving
- Salsa Verde 20 Cal/1 oz. serving
- Pico De Gallo 10 Cal/1 oz. serving
- Assorted Fruit 50-110 Cal each
- Assorted Craveworthy Cookies 250-310 Cal each
- Bottled Water 0 Cal each
- Starbucks Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving
**Simple Pleasures** $29.99

Easy does it—Casually tasteful fare. This All-Day package includes 3 of our favorites. Available for 15 guests or more. Includes appropriate condiments.

**Simple Continental**
- Assorted Donuts 190-490 Cal each
- Assorted Bagels 170-360 Cal each
- Assorted Juice 110-170 Cal each
- Iced Water 0 Cal/8 oz. serving
- Starbucks Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving

**Box Lunch**
Choice of Sandwich accompanied by Chips, Assorted Craveworthy Cookies and Bottled Water
- Tuna Salad Ciabatta 540 Cal each
- Ham and Swiss Sub 380 Cal each
- Turkey and Swiss Sandwich 490 Cal each
- Roasted Pepper and Mozzarella Ciabatta 530 Cal each
- Individual Bag of Chips 100-160 Cal each
- Assorted Craveworthy Cookies 250-310 Cal each
- Bottled Water 0 Cal each

**Mid-Day Munchies**
Fresh Tortilla Chips served with two (2) Salsas: Salsa Roja, Salsa Verde or Pico De Gallo accompanied by a Fruit Bowl, Assorted Craveworthy Cookies and Beverages
- Tortilla Chips 90 Cal/1 oz. serving
- Salsa Roja 20 Cal/1 oz. serving
- Salsa Verde 20 Cal/1 oz. serving
- Pico De Gallo 10 Cal/1 oz. serving
- Assorted Fruit 50-110 Cal each
- Assorted Craveworthy Cookies 250-310 Cal each
- Bottled Water 0 Cal each
- Starbucks Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving

Choose one of these 3 packages to sustain you throughout the day.

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.
Breakfast Collections

All prices are per person and available for 12 guests or more. Includes appropriate condiments.

**Mini Continental**  $9.89
- Miniature Muffins  80-120 Cal each
- Miniature Danish  140-170 Cal each
- Miniature Bagels  110-160 Cal each
- Fresh Seasonal Sliced Fruit  40 Cal/2.5 oz. serving
- Assorted Juice  110-170 Cal each
- Bottled Water  0 Cal each
- Starbucks Coffee, Decaf and Hot Tea  0 Cal/8 oz. serving

**Healthy Choice Breakfast**  $10.69
Whether in combination with one of our other Breakfast Packages or alone, a healthy way to start your day.
- Individual Cereal Cups  140-260 Cal each
- Milk  120 Cal each
- Whole Fruit  50-110 Cal each
- Assorted Individual Yogurt Cups  50-150 Cal each
- Assorted Juice  110-170 Cal each
- Bottled Water  0 Cal each
- Starbucks Coffee, Decaf and Hot Tea  0 Cal/8 oz. serving

**Parisian Morning**  $12.49
Assorted Breakfast Breads, Mini Croissants, Cheese & Fruit Platter, Served with Starbucks Coffee, Decaf and Hot Tea
- Assorted Breakfast Breads  110-220 Cal each
- Mini Croissants  110 Cal each
- Cheese & Fruit Platter  170 Cal/2.5 oz Serving
- Assorted Juice  110-170 Cal each
- Bottled Water  0 Cal each
- Starbucks Coffee, Decaf and Hot Tea  0 Cal/8 oz. serving

À la Carte Breakfast

Includes appropriate condiments

- Cinnamon Rolls (260 Cal each)  $2.09 Per Person
- Fresh Seasonal Sliced Fruit (40 Cal/2.5 oz. serving)  $3.79 Per Person
- Assorted Individual Yogurt Cups (50-150 Cal each)  $3.09 Each
- Overnight Strawberry Oatmeal (Chilled)  (320 Cal/8 oz. serving)  $3.39 Per Person
- Vegan Blueberry Banana Breakfast Bread (260 Cal/3 oz. serving)  $13.99 Serves 12
- Biscotti (150 Cal each)  $1.99

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Hot Breakfast
All prices are per person and available for 12 guests or more. Includes appropriate condiments.

Rowdy’s Ultimate Breakfast $19.09
French Toast with Butter and Syrup accompanied by Scrambled Eggs, Crisp Bacon, Breakfast Sausage, Breakfast Potatoes, choice of three (3) Breakfast Pastries with Butter, Jam and Cream Cheese, Fresh Seasonal Sliced Fruit, Assorted Juices and Iced Water, Starbucks Coffee, Decaf and Hot Tea

- Assorted Muffins 400-510 Cal each
- Assorted Danish 200-430 Cal each
- Assorted Scones 430-470 Cal each
- Assorted Bagels 170-360 Cal each
- Fresh Seasonal Sliced Fruit 40 Cal/2.5 oz. serving
- Scrambled Eggs 180 Cal/4 oz. serving

Breakfast Potatoes 130-150 Cal/3 oz. serving
Bacon 45 Cal each
Breakfast Sausage 130-220 Cal each
French Toast 90 Cal each
Maple Syrup 70 Cal/1 oz. serving
Butter 40 Cal/0.5 oz. serving
Assorted Juices 110-170 Cal each
Iced Water 0 Cal/8 oz. serving
Starbucks Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving

American Breakfast $15.09
Scrambled Eggs, Breakfast Potatoes, Crisp Bacon, Breakfast Sausage, choice of one (1) Breakfast Pastry, Assorted Juices, Iced Water, Starbucks Coffee, Decaf and Hot Tea

- Assorted Muffins 400-510 Cal each
- Assorted Danish 200-430 Cal each
- Assorted Scones 430-470 Cal each
- Assorted Bagels 170-360 Cal each
- Scrambled Eggs 180 Cal/4 oz. serving

Breakfast Potatoes 130-150 Cal/3 oz. serving
Bacon 45 Cal each
Breakfast Sausage 130-220 Cal each
Assorted Juices 110-170 Cal each
Iced Water 0 Cal/8 oz. serving
Starbucks Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving

Latin Breakfast $16.99
Chorizo Breakfast Tacos served with Salsa, Sausage, Spicy Cheddar Grits with Roasted Red Peppers, Strawberry Melon Salad, Assorted Juices and Iced Water, Starbucks Coffee, Decaf and Hot Tea

- Chorizo Breakfast Tacos 700 Cal/10.875 oz. serving
- Zesty Salsa 20 Cal/1 oz. serving
- Sausage Links 130 Cal each
- Spicy Cheddar Grits with Roasted Red Peppers 100 Cal/3 oz. serving
- Strawberry Melon Salad 40 Cal/3 oz. serving
- Assorted Juices 110-170 Cal each
- Iced Water 0 Cal/8 oz. serving
- Starbucks Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving

Egg Whites, Turkey Bacon and Turkey Sausage are available upon request - nominal fee may apply
BREAKFAST

Breakfast Enhancements
All prices are per person and available for 12 guests or more. Includes appropriate condiments.

Traditional Sandwiches $5.69
Choice of two (2) Breakfast Sandwiches
- Egg and Cheese English Muffin 260 Cal each
- Egg and Cheese Croissant 370 Cal each
- Sausage, Egg and Cheese Biscuit 520 Cal each
- Ham, Egg and Cheese Biscuit 450 Cal each
- Bacon, Egg and Cheese Bagel 370 Cal each
- Spicy Bacon, Egg, Potato and Cheese Burrito 590 Cal each
- Spicy Veggie Sausage Biscuit 370 Cal each
- Spicy Southern Chicken Biscuit 640 Cal each

Eggs-travaganza $4.59
Delight your guests with individual Quiche-a-dillas or Artisanal Frittatas. Choose from the following selections!
- Lorraine Quiche Cup 390 Cal each
- Parmesan and Grilled Vegetable Quiche Cup 320 Cal each
- Spinach, Tomato and Mushroom Quiche Cup 330 Cal each
- Egg White and Turkey Frittata 300 Cal each
- Mushroom, Pepper, Zucchini and Spinach Frittata 170 Cal each
- Broccoli, Cheddar and Swiss Frittata 120 Cal each

Crepe Station $8.69
Crepes prepared fresh to order with choice of Toppings. Attendant required, additional fees will apply.
- Freshly Made Crepes 220 Cal/4 oz. serving
- Nutella 150 Cal/1 oz. serving
- Chocolate Sauce 70 Cal/1 oz. serving
- Sugared Strawberries 60 Cal/2 oz. serving
- Brown Sugared Apples 80 Cal/2 oz. serving
- Sliced Bananas 50 Cal/3.25 oz. serving
- Chocolate Chips 65 Cal/0.5 oz. serving
- Whipped Cream 50 Cal/0.5 oz. serving

Egg Whites, Turkey Bacon and Turkey Sausage are available upon request - nominal fee may apply

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SANDWICHES & SALADS

Classic Collections
All prices are per person and available for 12 guests or more. Includes appropriate condiments.

Deli Express $14.49
Create your own Deli Sandwich creation accompanied by your choice of two (2) Side Salads, Chips, Assorted Craveworthy Cookies and Beverages

Side Salads
- Individual Bags of Chips 100-160 Cal each
- Assorted Baked Breads & Rolls 110-160 Cal each

Deli Platter (choice of 3 meats)
- Turkey, Roast Beef, Ham, Tuna 25-80 Cal/1 oz. serving
- Cheese Tray (Cheddar and Swiss) 110 Cal/1 oz. serving
- Relish Tray (Lettuce, Tomato, Onion, Pickles) 20 Cal/1 oz. serving
- Roasted Vegetables 40 Cal/4 oz. serving
- Assorted Craveworthy Cookies 250-310 Cal each

Assorted Soda 0-150 Cal each
Bottled Water 0 Cal each

Premium Box Lunches

Chicken Caesar Salad $16.09
Caesar Salad with Grilled Chicken Breast, Shredded Parmesan Cheese and Seasoned Croutons 620 Cal each
- Pita 120 Cal each
- Fresh Fruit Cup 40 Cal/2.5 oz. serving
- Lemon Cheesecake Bar 300 Cal/2.75 oz. serving
Bottled Water 0 Cal each

Steakhouse Chopped Salad $16.09
Grilled Beef Steak tossed with Blue Cheese Vegetable and Romaine tossed with Dijon Vinaigrette 400 Cal each
- Pita 120 Cal each
- Fresh Fruit Cup 40 Cal/2.5 oz. serving
- Lemon Cheesecake Bar 300 Cal/2.75 oz. serving
Bottled Water 0 Cal each

Sesame Tofu Garden Salad $16.09
Grilled Tofu, Bell Pepper, Carrot and Cucumber on Greens with Balsamic Vinaigrette 290 Cal each
- Pita 120 Cal each
- Fresh Fruit Cup 40 Cal/2.5 oz. serving
- Lemon Cheesecake Bar 300 Cal/2.75 oz. serving
Bottled Water 0 Cal each

Riverhawk Boxed Lunch $15.09
- Classic Sandwich 140-750 Cal each
- Kettle Chips xx Cal/1 oz. serving
- Granola Bar xx Cal each
- Whole Fruit 50-110 Cal each
- Lemon Cheesecake Bar 300 Cal/2.75 oz. serving
Bottled Water 0 Cal each

Classic Bag Lunch $11.99
Your choice of Deli Sandwiches (Turkey, Ham or Vegetarian Wrap) served with Potato Chips, Craveworthy Cookies and Bottled Water

Deli Sandwiches 390-430 Cal each
- Individual Bag of Chips 100-160 Cal each
- Assorted Craveworthy Cookies 250-310 Cal each
Bottled Water 0 Cal each

Classic Selections Buffet $16.39
Your Choice of three (3) Sandwiches and two (2) Side Salads accompanied by Potato Chips, Mayo and Mustard, Pickles, Assorted Craveworthy Cookies, Bottled Water and Iced Tea

Side Salads 25-330 Cal each
- Dill Pickle Slices 0 Cal/1 oz. serving
- Individual Bags of Chips 100-160 Cal each
- Classic Selection Sandwiches 140-750 Cal each
- Assorted Craveworthy Cookies 250-310 Cal each
Assorted Soda 0-150 Cal each
Bottled Water 0 Cal each

Classic Selection Sandwich Options

Southwestern Turkey with Fajita Vegetables on Ciabatta Bread (350 Cal each)
- Roast Beef with Tarragon Horseradish Spread on Wheatberry Bread (450 Cal each)
- Turkey, Feta, Spinach and Sun-Dried Tomato Ciabatta (670 Cal each)
- Turkey, Avocado and Slaw Ciabatta with a Greek Goddess Spread (500 Cal each)
- Ham and Cranberry-Fig Jam on Artisan Multigrain Bread (350 Cal each)
- Grilled Chicken, Pickled Cucumber, Kimichi Slaw and Spicy Sesame Gochujang Sauce Ciabatta (480 Cal each)
- Shawarma Chicken Ciabatta (510 Cal each)
- Reuben Wrap (360 Cal each)
- Mediterranean Veggie Ciabatta (470 Cal each)
- Grilled Vegetable Bruschetta Lavash with a Spicy Sriracha (600 Cal each)
- Portobello Banh Mi Sub (300 Cal each)
- Roasted Chickpea Gyro (410 Cal each)

Additional Premium Box Lunch options available upon request!
Please contact your catering professional
**SANDWICHES & SALADS**

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**Classic Collections**
All prices are per person and available for 12 guests or more. Includes appropriate condiments.

**The Executive Luncheon** $18.29
Choice of three (3) Sandwiches and two (2) Side Salads accompanied by Potato Chips, Mayo and Mustard, Pickles, Assorted Dessert Bars, Bottled Water and Assorted Soda

<table>
<thead>
<tr>
<th>Side Salads</th>
<th>25-330 Cal each</th>
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<tbody>
<tr>
<td>Dill Pickle Slices</td>
<td>0 Cal/1 oz. serving</td>
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<tr>
<td>Individual Bags of Chips</td>
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<td>Executive Luncheon Sandwiches</td>
<td>370-760 Cal each</td>
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<tr>
<td>Dessert Bar of the Day</td>
<td>300-350 Cal/2.75-3.25 oz. serving</td>
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<td>Assorted Soda</td>
<td>0-150 Cal each</td>
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<tr>
<td>Bottled Water</td>
<td>0 Cal each</td>
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**Executive Luncheon Sandwiches**
(Available Sandwich Choices for the Executive Luncheon Buffet)

- Sliced Portobello Mushroom with Arugula and Olive Pesto Spread on a French Baguette (570 Cal each)
- Ham and Swiss Ciabatta with a Red Onion Apricot Relish (530 Cal each)
- Turkey, Bacon, and Ranch Sub with Lettuce and Tomato (380 Cal each)
- Tarragon Chicken Salad and Chive Cream Cheese Wrap (590 Cal each)
- Grilled Herbed Chicken and Asiago with Garlic Mayonnaise Sub (490 Cal each)
- Roast Beef and Fontina Sub (650 Cal each)

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**Side Salad Selections**
(Included with Deli Express, Classic Selections, and Executive Luncheon Sandwich Buffets)

- Greek Pasta Salad tossed with Tomatoes, Cucumbers, Red Onions, Peppers, Fresh Baby Spinach, Feta Cheese and Black Olives (90 Cal/3 oz. serving)
- Tabbouleh with Ground Bulgur, Tomatoes, Parsley and Scallions combined in an Olive Oil Mix (330 Cal/3.25 oz. serving)
- Chickpea Salad with Fresh Cucumbers, Red Onions, Green and Red Peppers, Celery and Garlic with a Hot Pepper Sauce and Lemon Seasoning (130 Cal/3.5 oz. serving)
- Traditional Garden Salad with a Balsamic Vinaigrette Dressing (50 Cal/3.5 oz. serving)
- Arugula Salad with Cauliflower and Beets (140 Cal/2.5 oz. serving)
- Chimichurri Potato Salad (130 Cal/3.5 oz. serving)
- Creamy Vegan Coleslaw (140 Cal/3 oz. serving)
- Strawberry Melon Salad (140 Cal/3 oz. serving)
- Tomato Corn Grain Salad (140 Cal/4.25 oz. serving)

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**Themed Buffets**

15 Person Minimum. Includes appropriate condiments and choice of two beverages: Lemonade, Iced Tea or Iced Water.

**Tropical Tradewinds**  $18.49
Choice of two (2): Teriyaki Chicken, Tilapia with Pineapple Salsa or Sweet Chili Pork served with Sides and Desserts
- Roasted Sweet Potato Salad  120 Cal/4 oz. serving
- Tropical Rice  120 Cal/3 oz. serving
- Traditional Veggie Stir-Fry  40 Cal/2.75 oz. serving
- Teriyaki Chicken  280 Cal/7.86 oz. serving
- Tilapia with Pineapple Salsa  210 Cal/7.75 oz. serving
- Sweet Chili Pork  290 Cal/3 oz. serving
- Miniature Pineapple Upside-Down Parfaits  220 Cal each
- Lemonade  90 Cal/8 oz. serving
- Iced Tea  5 Cal/8 oz. serving
- Iced Water  0 Cal/8 oz. serving

**Soup and Salad Buffet**  $15.59
Choice of one (1) Lettuce Mix, six (6) toppings, served with Dinner Rolls, Soup du Jour and Assorted Craveworthy Cookies
- Garden Fresh Mixed Greens  15 Cal/3 oz. serving
- Spring Mix  xx Cal/3 oz. serving
- Romaine  xx Cal/3 oz. serving
- Spinach  xx Cal/3 oz. serving
- Ranch Dressing  200 Cal/2 oz. serving
- Italian Dressing  80 Cal/2 oz. serving
- Sliced Grilled Chicken  160 Cal/3 oz. serving
- Roasted Chickpeas  210 Cal/2 oz. serving
- Sliced Red Onions  10 Cal/1 oz. serving
- Shredded Cheese  60 Cal/0.5 oz. serving
- Parmesan Cheese  xx Cal/0.5 oz. serving
- Crumbled Feta Cheese  xx Cal/0.5 oz. serving
- Tomatoes  5 Cal/1 oz. serving
- Cucumbers  5 Cal/1 oz. serving
- Shredded Carrots  10 Cal/0.5 oz. serving
- Croutons  60 Cal/0.5 oz. serving
- Dinner Rolls  160 Cal each
- Soup du Jour  80-420 Cal/8 oz. serving
- Assorted Craveworthy Cookies  250-310 Cal each
- Lemonade  90 Cal/8 oz. serving
- Iced Tea  5 Cal/8 oz. serving
- Iced Water  0 Cal/8 oz. serving

**Lazy Summer BBQ**  $19.79
- Coleslaw  150 Cal/3 oz. serving
- Cornbread Fiesta Muffins  120 Cal each
- Macaroni and Cheese  260 Cal/4 oz. serving
- Baked Beans  170 Cal/4.75 oz. serving
- BBQ Chicken  430 Cal/6 oz. serving
- Sliced Brisket  350 Cal/5 oz. serving
- Assorted Craveworthy Cookies  250-310 Cal each
- Gourmet Dessert Bars  300-370 Cal/2.75-3.25 oz. serving
- Lemonade  90 Cal/8 oz. serving
- Iced Tea  5 Cal/8 oz. serving
- Iced Water  0 Cal/8 oz. serving
Themed Buffets
15 Person Minimum. Includes appropriate condiments and choice of two beverages: Lemonade, Iced Tea or Iced Water.

Basic Italian Buffet  $16.79
Home-style Lasagna and choice of Veggie Lasagna served with traditional Italian Sides
- Italian House Salad
- Garlic Bread
- Cauliflower Lasagna
- Vegetable Alfredo Lasagna
- Chocolate Dipped Biscotti
Lemonade
Iced Tea
Iced Water
50 Cal/3.5 oz. serving
110 Cal each
330 Cal/7.25 oz. serving
430 Cal/8.375 oz. serving
460 Cal/11 oz. serving
190 Cal each
90 Cal/8 oz. serving
5 Cal/8 oz. serving
0 Cal/8 oz. serving

Yucatan Bowl  $17.79
Create your own Yucatan Bowls with White or Brown Rice, Choice of two (2) proteins: Charro Beans, Braised Chicken or Beef, Roasted Portobello Mushrooms, Toppings Bar including two (2) Salsas, and Sides
- Romaine Lettuce Salad
- Avocado Ranch Dressing
- Cilantro Lime White Rice
- Cilantro Lime Brown Rice
- Charro Beans
- Braised Chicken
- Braised Beef
- Roasted Portobello Mushrooms
- Guacamole
- Pico De Gallo
- Salsa Verde
- Salsa Roja
- Dulce de Leche Brownie
Lemonade
Iced Tea
Iced Water
0 Cal/0.25 oz. serving
80 Cal/1 oz. serving
120 Cal/3 oz. serving
140 Cal/3.5 oz. serving
90 Cal/3 oz. serving
180 Cal/3 oz. serving
160 Cal/3 oz. serving
20 Cal/2.25 oz. serving
40 Cal/1.33 oz. serving
10 Cal/1 oz. serving
10 Cal/1 oz. serving
20 Cal/1 oz. serving
220 Cal/2.25 oz. serving
90 Cal/8 oz. serving
5 Cal/8 oz. serving
0 Cal/8 oz. serving

Looking to create your own themed buffet or unique custom buffet?
Contact us at catering@uml.edu / 978.934.6504 to explore more options and personalize your buffet to fit your event.
**Themed Buffets**

15 Person Minimum. Includes appropriate condiments and choice of two beverages: Lemonade, Iced Tea or Iced Water.

**Taco Del Seoul** $18.99
Create your own Tacos or Rice Bowls with choice of two (2): Korean BBQ Chicken, Pork or Tofu served in Tortillas over Rice accompanied by our Trio of Slaws, two (2) Salsas, Garnishes Bar and Sides with two (2) Dipping Sauces

- Egg Rolls 190 Cal each
- Sweet Soy Sauce 50 Cal/1 oz. serving
- Sweet and Sour Sauce 40 Cal/1 oz. serving
- Chili Garlic Sauce 45 Cal/1 oz. serving
- Corn Tortillas 40 Cal/1 oz. serving
- Jasmine Rice 130 Cal/3 oz. serving
- Korean BBQ Chicken 140 Cal/2 oz. serving
- Korean BBQ Pork 110 Cal/2 oz. serving
- Korean BBQ Tofu 90 Cal/2 oz. serving
- Asian Slaw 20 Cal/1.25 oz. serving
- Pickled Cucumbers 5 Cal/1 oz. serving
- Pickled Carrot and Daikon 15 Cal/1 oz. serving
- Salsa Roja 20 Cal/1 oz. serving
- Salsa Verde 10 Cal/1 oz. serving
- Mango Salsa 30 Cal/1 oz. serving
- Scallions 0 Cal/0.25 oz. serving
- Cilantro 0 Cal/0.125 oz. serving
- Coconut Mango Cupcakes 90 Cal/8 oz. serving
- Lemonade 5 Cal/8 oz. serving
- Iced Tea 0 Cal/8 oz. serving

**Power Lunch** $15.99
Choice of two (2) Fresh and Healthy Salad Platters served with Grilled Flatbread, Fruit, Aquafaba Chocolate Mousse with Assorted Sodas and Bottled Water

- Grilled Flatbread 110 Cal each
- Seasonal Fresh Fruit 40 Cal/2.25 oz. serving
- Southwest Chicken with Greens, Corn, Black Beans and Vegetables tossed with a Hearty Grain Blend 440 Cal/13.875 oz. serving
- Chickpea Couscous with Shawarma Beef, Tomato and Cucumber Herb Salad and a touch of Spicy Harissa 540 Cal/16.5 oz. serving
- Grilled Salmon with Bulgur Wheat, Lentils and Hummus in a Roasted Garlic Lemon Vinaigrette garnished with Carrot Sesame 520 Cal/11.125 oz. serving
- Chilled Lo Mein Noodles topped with Grilled Chicken Breast and Veggies in a Spicy Thai Lime Sriracha Dressing 470 Cal/11.88 oz. serving
- Rice Noodles and Greens topped with Nam Tok Pork, Stir-Fried Vegetables, Chopped Peanuts and a Spicy Sweet Chili Vinaigrette 230 Cal/6 oz. serving
- Aquafaba Chocolate Mousse 230 Cal/2.75 oz. serving
- Assorted Sodas 0-150 Cal each
- Bottled Water 0 Cal each

**Heartland Buffet** $17.29
Baby Spinach Salad 60 Cal/2.15 oz. serving
- Bakery Fresh Rolls 160 Cal each
- Roasted New Potatoes 110 Cal/2.75 oz. serving
- Fresh Herbed Vegetables 100 Cal/3.5 oz. serving
- Grilled Lemon Rosemary Chicken 130 Cal/3 oz. serving
- Oreo Blondies 270 Cal/1.75 oz. serving
- Lemonade 90 Cal/8 oz. serving
- Iced Tea 5 Cal/8 oz. serving
- Iced Water 0 Cal/8 oz. serving

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Create Your Own Buffet
Customize Your Own Buffet: Select (1) starter, (1) entrée, (2) sides, and (1) dessert. Served with Assorted Rolls and Butter, and Choice of Two Beverages. Includes appropriate condiments.

Buffet Starters
- Seasonal Garden Salad with Balsamic Vinaigrette (50 Cal/3.5 oz. serving)
- Classic Caesar Salad (160 Cal/2.7 oz. serving)
- Greek Salad with Crumbled Feta (120 Cal/3.25 oz. serving)
- Antipasto Salad (130 Cal/3 oz. serving)
- Italian Green Salad with Penne and Prosciutto (110 Cal/3.25 oz. serving)
- Seasonal Fresh Fruit Salad (40 Cal/2.25 oz. serving)

Buffet Entrees
- Fried Chicken with Buttermilk Hot Sauce (530 Cal/5.6 oz. serving) $17.99
- Cavatappi with Grilled Chicken, Chorizo, Tomatoes, Mushrooms, Roasted Peppers and Beans (770 Cal/18 oz. serving) $17.79
- Bruschetta Tilapia (200 Cal/5.5 oz. serving) $18.49
- Pesto Flank Steak (250 Cal/3 oz. serving) $22.69
- Grilled Lemon Rosemary Chicken (130 Cal/3 oz. serving) $17.59
- Beef Tenderloin and Mushroom Ragout (290 Cal/7.65 oz. serving) $24.99
- Tofu Katsu (160 Cal/4.5 oz. serving) $16.39

Buffet Sides
- Italian Seasoned Green Beans (440 Cal/3.25 oz. serving)
- Goat Cheese and Roasted Garlic Mashed Potatoes (170 Cal/4.25 oz. serving)
- Pan Roasted Vegetables (45 Cal/3 oz. serving)
- Broccoli Rabe (70 Cal/3.75 oz. serving)
- Roasted Red Potatoes (100 Cal/2.75 oz. serving)
- Couscous Pilaf (130 Cal/3.75 oz. serving)
- Macaroni and Cheese (150 Cal/3.75 oz. serving)

Buffet Finish
- New York-Style Cheesecake (440 Cal/slice)
- Assorted Miniature Chocolate and Caramel Cheesecakes (80 Cal/3.75 oz. serving)
- Dulce de Leche Brownie (220 Cal/2.25 oz. serving)
- Chocolate Cake (270 Cal/slice)
- Strawberry Shortcake Parfaits (180 Cal each)
- Pumpkin Crunch Mousse (160 Cal/2.75 oz. serving)
Hors d’oeuvres
Hors d’oeuvres are priced per person. Includes appropriate condiments.

Reception Hors d’oeuvres (Hot)
Bacon Wrapped Scallops [20 Cal each] $4.39
Coconut Chicken [40 Cal each] $3.99
Coconut Shrimp [45 Cal each] $4.39
Honey Sriracha Beef Satay [60 Cal each] $4.39
Brie & Raspberry Phyllo [80 Cal each] $3.49
Sweet Chili Chicken Satay [40 Cal each] $3.99
Spanakopita [70 Cal each] $3.29

Reception Hors d’oeuvres (Cold)
Antipasto Kabobs [45 Cal each] $4.29
Mushroom Profiterole [45 Cal each] $3.39
Roasted Butternut Tartine [100 Cal each] $3.29
Chicken Cobb Tartine [150 Cal each] $3.49
Shrimp and Avocado Toast Points [70 Cal each] $3.69
Strawberry Ricotta Toast Points [60 Cal each] $3.29

Contact your catering events specialist to discuss the proper amounts needed for a reception.

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.
RECEPTIONS

Reception Platters and Dips

**Classic Sliced Cheese Tray** $5.39 Per Person
- Classic Sliced Cheese Tray with Swiss, Cheddar and Pepper Jack Cheeses, Pita Chips and Crostini
  (290 Cal/2.75 oz. serving)

**Fresh Garden Crudités** $4.99 Per Person
- Fresh Garden Crudités with Ranch Dill Dip
  (120 Cal/5 oz. serving)

**Grilled Vegetables** $5.29 Per Person
- Grilled Vegetables served with Balsamic Vinaigrette
  (70 Cal/3 oz. serving)

**Housemade Spinach Dip** $4.69 Per Person
- Housemade Spinach Dip served with Fresh Pita Chips
  (230 Cal/2.25 oz. serving)

**Sweet Treats** $5.99 Per Person
- Assortment of our favorite desserts
  - Strawberry Profiteroles 100 Cal each
  - Mini Eclairs 50 Cal each
  - Chocolate Mousses 230 Cal each
  - Coconut Macaroons 100 Cal each

**Assorted Mini Sandwiches** $6.79 Per Person
- An assortment of our most popular Mini Sandwiches
  - Ham and American Cheese Mini Sandwiches 260 Cal each
  - Roast Beef and Cheddar Mini Sandwiches 280 Cal each
  - Turkey and Swiss Mini Sandwiches 310 Cal each
  - Mini Caprese Sandwiches 250 Cal each

**MAY WE SUGGEST A SERVED MEAL OR RECEPTION?**

Our talented chefs are delighted to create special menus that accommodate your culinary preferences and budget. Please contact our Catering Office at (978) 934-6504 to arrange a personal consultation.

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Reception Stations

Reception Stations may require additional fees for a chef attendant. Please contact your catering professional for details. All prices are per person and available for 15 guests or more. Includes appropriate condiments.

**Dim Sum $10.99**
A little afternoon Dim Sum to spice up your afternoon meeting or evening reception served with two (2) dipping sauces

- Egg Rolls 190 Cal each
- Pot Stickers 45 Cal each
- Sweet Soy Sauce 50 Cal/1 oz. serving
- Sweet and Sour Sauce 40 Cal/1 oz. serving
- Chili Garlic Sauce 45 Cal/1 oz. serving
- Sweet and Spicy Boneless Chicken Wings with Celery Sticks 600 Cal/7.5 oz. serving
- Gourmet Dessert Bars 300-370 Cal/2.75-3.25 oz. serving

**American Tea $10.89**
The perfect selection of sweet and savory snacks

- Tuna Salad on Whole Wheat 60 Cal each
- Turkey and Cranberry Salad on Marble Rye 80 Cal each
- Cucumber with Dill Cream Cheese on White 40 Cal each
- Mini Croissants with Jam and Honey 110 Cal each
- Assorted Petit Fours 60-140 Cal each
- Lemon Poppyseed Cookie xx Cal each
- Hot Water with Assorted Tea Bags 0 Cal/8 oz. serving

**Soft Pretzel Bar $5.49**
Crisp on the outside and soft on the inside, try our Hot Pretzels served with your choice of Three (3) Dipping Sauces; Sweet or Salty, the choice is Yours!

- Hot Pretzels 170 Cal each
- Honey Mustard Sauce 130 Cal/1 oz. serving
- Spicy Mustard Sauce 30 Cal/1 oz. serving
- Yellow Mustard Sauce 20 Cal/1 oz. serving
- Nacho Cheese Sauce 40 Cal/1 oz. serving
- Vegan Cheddar Cheese Sauce 60 Cal/1 oz. serving
- Cajun Cheese Sauce 60 Cal/1 oz. serving
- Buffalo Blue Sauce 30 Cal/1 oz. serving
- Chocolate Sauce 70 Cal/1 oz. serving
- Caramel Sauce 100 Cal/1 oz. serving

**Breaks**

All prices are per person and available for 12 guests or more

**Breads and Spreads $5.69**
Looking for a variety of flavors to spice up your meeting? Try dipping our Tortilla Chips, Pita Chips and Crostini into your choice of four (4) spreads.

- Tortilla Chips 190 Cal/2 oz. serving
- Pita Chips 140 Cal/2 oz. serving
- Crostini 40 Cal each
- Korean Roja Guacamole 90 Cal/2 oz. serving
- Ginger Verde Guacamole 90 Cal/2 oz. serving
- Chilled Spinach Dip 200 Cal/2 oz. serving
- Feta and Roasted Garlic Dip 260 Cal/2 oz. serving
- Traditional Hummus 80 Cal/2 oz. serving
- Artichoke and Olive Dip 140 Cal/2 oz. serving

**Sugar and Spice $6.19**
Satisfy your sweet tooth!

- Craveworthy Sugar Cookies 240 Cal each
- Gummy Bears 140 Cal/2 oz. serving
- Popcorn 50 Cal/2.25 oz. serving
- Cajun Chips 340 Cal/2 oz. serving
- Savory Snack Mix 200 Cal/1.75 oz. serving

**Orchard Treats $7.99**
Enjoy a trip to the Apple orchard any time of the year

- Apple Wedges 60 Cal each
- Caramel Sauce 100 Cal/1 oz. serving
- Cinnamon Sugar Donuts 280 Cal each
- Maple Walnut Blondies 290 Cal/2.38 oz. serving
- Sliced Cheese served with Baguettes 350 Cal/4.75 oz. serving

**Rev’d Up and Ready to Go $7.49**
Fuel up your afternoon

- Chocolate Orange Power Poppers 100 Cal each
- Fruit Skewers with Yogurt Honey Dip 100 Cal/6.5 oz. serving
- Carrots and Celery Sticks with Ranch Dip 100 Cal/6.5 oz. serving
- Cinnamon-Honey Granola 340 Cal/3 oz. serving
** Beverages **
Includes appropriate accompaniments

Starbucks Coffee, Decaf and Hot Water with Assorted Tazo Tea Bags (0 Cal/8 oz. serving) $3.39 Per Person

Bottled Water (0 Cal each) $1.99 Each

Assorted Sodas (Can) (0-150 Cal each) $2.09 Each

Sparkling Water (0 Cal each) $2.99 Each

Lemonade (90 Cal/8 oz. serving) $24.99 Per Gallon

Iced Water (0 Cal/8 oz. serving) $15.99 Per Gallon

Infused Water $17.99 Per Gallon

Lemon Infused Water 0 Cal/8 oz. serving
Orange Infused Water 10 Cal/8 oz. serving
Apple Infused Water 20 Cal/8 oz. serving
Cucumber Infused Water 10 Cal/8 oz. serving
Grapefruit Infused Water 10 Cal/8 oz. serving

Raspberry Lime Infused Iced Tea (15 Cal/8 oz. serving) $25.99 Per Gallon

Hot Apple Cider (160 Cal/8 oz. serving) $2.79 Per Person

Hot Chocolate (160 Cal/8 oz. serving) $2.79 Per Person

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** Desserts **
Available for 12 guests or more

- Assorted Blondies (240-300/1.875-2.38 oz. serving) $2.19 Per Person
- Assorted Craveworthy Cookies (250-310 Cal each) $2.29 Per Person
- Bakery-fresh Brownies (250 Cal/2.25 oz. serving) $1.99 Per Person
- Gourmet Dessert Bars (300-370 Cal/2.75-3.25 oz. serving) $3.59 Per Person

Custom Artisan Cupcakes $2.39 Per Person

- Chocolate Cupcake with Fudge Icing 480 Cal each
- Vanilla Cupcake 380 Cal each
- Bananas Foster Cupcake 180 Cal each
- Devil’s Food Cupcake 380 Cal each

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** Ordering Information **

** Lead Time **
Notice of 72 hours is appreciated; however, we will do our best to accommodate all late orders that are received. We appreciate the importance of your function and will do whatever it takes to exceed your expectations.

** Extras **
If rental equipment, linens, or service staff are needed, we can take care of it for you with necessary charges. We are delighted to assist you with all of your event needs from rental equipment, linens, florals to service staff and everything in between. Additional fees may apply.

** Contact Us Today **

978.934.6504
catering@uml.edu
www.umlCatering.CaterTrax.com

Prices effective until 07/01/2020
Prices may be subject to change

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The calorie and nutrition information provided is for individual servings, not for the total number of servings on each tray, because serving styles e.g. trays/bowls used vary significantly, in order to accommodate numbers of guests that can range from single digits to thousands. Due to our desire and ability to provide custom solutions, we do not offer standard serving containers. If you have any questions, please contact your catering manager directly.

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