Sunset Paddle Tour
Alternating Fridays and Saturdays
May 27 – Sep 1, 2017
Custom Dates Available for Groups
Merrimack River, MA

TRIP DESCRIPTION

Join us for a leisurely sunset paddle on Lowell’s beautiful Merrimack River. We will review the basic strokes and river safety before we paddle upstream for a short trip from the boat house and explore the river banks, bridges and possibly a tunnel under a historic mill. It’s amazing how much more relaxed and enjoyable the sunset can be from the seat of a kayak!

REGISTRATION

• Register online
• Register in person at the kayak center

ONLINE WAIVER

Each participant must have a completed online waiver submitted before they are allowed on the water. Fill them out by clicking on the link below or visiting https://www.uml.edu/CampusRecreation/Boathouse/kayak-center/plan.aspx

Adult Waiver  Minor Waiver

INCLUDED IN SUNSET PADDLE TOURS

▪ Kayaking Equipment—with the exception of clothing and personal items listed on the packing list.
▪ Leadership and Instruction.

PHYSICAL EXERTION LEVEL & PREREQUISITES

▪ Low to Moderate: due to river conditions and water temperatures.
▪ Must be able to independently keep head above water while wearing in a life jacket/pfd
▪ No previous kayak experience required.

TENTATIVE ITINERARY: Due to the nature of outdoor trips, all itineraries are subject to change.

6:45 p.m. Meet at the Bellegarde Boathouse 500 Pawtucket Blvd, confirm paperwork, prepare
7 p.m. Introductions, itinerary, gear distribution
7:15 Basic kayak/canoe instruction and safety brief, launch, paddle!
8:50 Arrive at boathouse, debrief, collect equipment and store boats, dismiss
PACKING LIST: The items on this list are HIGHLY recommended for your trip. Current temperatures and personal preference should be considered when packing. Please contact us if you have any questions or have trouble acquiring any of the items on the list, we may be able to help you out. A (*) denotes items that can be provided for you at no additional charge.

☐ Baseball cap or full-brim hat (for sun protection).
☐ Beanie Hat (quick fix for chilly conditions, wool or fleece is best).
☐ Insulating jacket (fleece is ideal, should be compact and synthetic).
☐ Swim Suit (for cooling off in the river)
☐ Rain jacket (depending on weather)
☐ 1 water bottle (quart size).
☐ 1 healthy snack
☐ *Dry bag for keeping items dry while in the boat.
☐ Bag for personal belongings.

For further questions or information, please contact:
978 995 2362    kayakcenter@uml.edu
978-934-1932    kevin_soleil@uml.edu