

# River Cleanup

## June 17, 2018

Bellegarde Boathouse  
500 Pawtucket Blvd. Lowell MA



### TRIP DESCRIPTION

We're joining forces with environmentally minded local organizations and individuals to clean up the Merrimack River that we all enjoy! Join us for a fun, community building, service event. Registration fee includes lunch on the boathouse deck and boat rental for the cleanup session. Space is limited so register online by June 14, 2018.

### REGISTRATION BEFORE JUNE 14<sup>th</sup> 2018

- Register online or at the kayak center for the one or more 3 hour sessions:  
[Session 1 - 9 a.m. – 12 p.m.](#)  
[Session 2 - 12:30p.m. – 3:30 p.m.](#)  
[Session 3 - 4:00 p.m. – 7:00 p.m.](#)

### ONLINE WAIVER

Each participant must have a completed online waiver submitted before they are allowed on the water. Fill them out by clicking on the link below or visiting <https://www.uml.edu/CampusRecreation/Boathouse/kayak-center/plan.aspx>

[Adult Waiver](#)

[Minor Waiver](#)

### INCLUDED IN RIVER CLEANUP DAY

- Kayak/Canoe Equipment Rental—with the exception of clothing and personal items listed on the packing list.
- Leadership and Kayak/Canoe Instruction.
- Snacks and Refreshments

### PHYSICAL EXERTION LEVEL & PREREQUISITES

- Low to Moderate: due to river conditions and water temperatures.
- Must be able to independently keep head above water while wearing in a life jacket/pfd
- No previous kayak experience required.

**TENTATIVE ITINERARY:** Due to the nature of outdoor trips, all itineraries are subject to change.

### All Sessions

15 minutes before session, meet at the Bellegarde Boathouse 500 Pawtucket Blvd, confirm paperwork, prepare Introductions, safety brief, itinerary, gear distribution  
Basic kayak/canoe instruction and safety brief, launch, paddle!  
Land on shore and clean it up! Paddle as needed.  
Arrive at boathouse, debrief, sort cleanup materials, take photos, wash up, high five and dismiss!

**PACKING LIST:** The items on this list are HIGHLY recommended for your trip. Current temperatures and personal preference should be considered when packing. Please contact us if you have any questions or have trouble acquiring any of the items on the list, we may be able to help you out. A (\*) denotes items that can be provided for you at no additional charge.

- Baseball cap or full-brim hat (for sun protection).
- Sturdy closed toe water shoes for walking around on shore in and out of the water (old sneakers are great)
- Sun shirt to keep shoulders from getting burned.
- \*Work or garden gloves for handling trash and debris. Nitrile gloves supplied by kayak center.
- Insulating jacket (fleece is ideal, should be compact and synthetic).
- Durable Long Pants to protect legs from brush and debris while on shore
- Rain jacket (depending on weather)
- 1 reusable water bottle (quart size).
- 1 healthy snack
- \*Dry bag for keeping items dry while in the boat.
- Bag for personal belongings.
- Waterproof, Floating camera or phone (optional)
- Sunglasses or safety glasses with lanyard

**For further questions or information, please contact:**

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