Ava Richardson: UML Edition
Why nursing?

- Always wanted to help people
- Very social person
- Variety of nursing fields
- Loved learning about the body
- Love the daily Interactions between nurse and patient/family
Goals

**Short term:** Complete the academic requirements needed to graduate from the nursing program at UMASS Lowell

**Long term:** Work as a registered nurse on a medical surgical unit for two years and then pursue a career as a traveling nurse
Achieving my Goals

Short term:
• Staying focused on school
• Allotting study time, working with study groups
• Utilizing tools made available by BDN such as
  • IPOD touch that held nursing software
  • Saunders NCLEX review book
  • NCLEX 3500 which was downloaded on the BDN laptops

Long term:
• Revising my resume
• Writing cover letters
• Searching for jobs
Highlights of the semester...

• Preceptorship at New England Rehabilitation Hospital in Woburn
• Worked on the brain injury unit which consisted mainly of stroke patients
• I participated in a formal interview with the nurse manager where we discussed my goals.
• These consisted of independently working with patients and utilizing my critical thinking skills, increasing my knowledge of medications administered as well as increasing my patient load
• This semester I became an autonomous nursing student.
Achievements of the semester...

• I had one specific goal to care for four patients successfully and I was actually able to exceed my expectations and care for five.
• Presented an in-service to NERH on pressure ulcer staging. This consisted of two sessions.
• Presented a presentation about CVAs to my seminar group.
Achievements of the semester...

• Also worked on community project in the city of Lawrence we taught at the Boys and Girls club and taught teens about STDs prevention, signs and symptoms and proper treatment due to the high incidence rate of STDs among the teen population of this city.
My UMASS Lowell Experience

- I am a self-proclaimed super senior and a proud member of the Graduating class of 2010
However before this achievement my experience as an undergraduate in the nursing program consisted of....
Studying.
Studying.
Oh and how could I forget? More studying!!
My community project group teaching about STDs at The Boys and Girls Club in Lawrence.
My preceptor Stephanie and I at the Preceptor Appreciation Day
And of course forming life long memories through cake fights at a surprise birthday party!!
I played on the club volleyball team
I also attended some events held by the school.
I lived on the 18th floor of fox hall for three years.
I can’t believe it is already time to graduate...

But I am very excited!!
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What will they do now that it's all over?
Thank-You

- I would like to thank the BDN program for helping me to utilize various resources on campus to enhance my learning. Also I would like to thank-you all for the positive support I have felt from the very moment I entered into this program.