Helping the university community live healthier, happier lives.

KEEP IN TOUCH
Website Links
Main Website: www.uml.edu/campusrec
Group Fitness Schedule: uml.edu/gfit
Basketball Court Schedule: uml.edu/crcgym
Parking Locations: uml.edu/maps
Facility Hours: uml.edu/crchours

Social Media—
follow us @umlcampusrec

Address & Contact Info
UMass Lowell Campus Recreation Center
322 Aiken Street, Lowell, MA 01854
978-934-5080

Questions?
Please visit: uml.edu/CampusRecStaff

CRC MEMBERSHIP RATES

<table>
<thead>
<tr>
<th></th>
<th>Three-Month</th>
<th>Six-Month</th>
<th>One-Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>Full (18+)</td>
<td>$120</td>
<td>$200</td>
<td>$300</td>
</tr>
<tr>
<td>Master's (55+)</td>
<td>$100</td>
<td>$150</td>
<td>$200</td>
</tr>
<tr>
<td>First-Year Alumni</td>
<td>–</td>
<td>–</td>
<td>$250</td>
</tr>
</tbody>
</table>

*Three-month memberships require an automatic credit card withdrawal every 3 months. To cancel this membership, simply email Julie_Kelly@uml.edu at least two weeks in advance of current membership expiration date to avoid being charge subsequent three-month membership fee.

CRC HOURS

Semesters
Monday-Thursday: 6:30 a.m.-11 p.m.
Friday: 6:30 a.m.-10 p.m.
Saturday & Sunday: 10 a.m.-10 p.m.

Spring, Summer & Winter Break
Monday-Friday: 6:30 a.m.-9 p.m.
Saturday & Sunday: 10 a.m.-4 p.m.

Holiday Hours
The CRC may have modified hours for holidays and holiday weekends. Please check our website for the most up-to-date hours.

Inclement Weather
When the university is closed, the CRC may modify its hours. Please visit our website at www.uml.edu/campusrec for special alerts on our hours or programs.

PERSONAL TRAINING OPTIONS

<table>
<thead>
<tr>
<th>Personal Training Options</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Body Composition Test</td>
<td>$5</td>
</tr>
<tr>
<td>Comprehensive Fitness Assessment</td>
<td>$15</td>
</tr>
<tr>
<td>Individual Package (5 sessions)</td>
<td>$100</td>
</tr>
<tr>
<td>Partner Package (5 sessions)</td>
<td>$80 per member</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Additional Sessions (Individual)</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 Session</td>
<td>$40</td>
</tr>
<tr>
<td>5 Sessions</td>
<td>$180</td>
</tr>
<tr>
<td>10 Sessions</td>
<td>$360</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Additional Sessions (Partner)</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 Session</td>
<td>$30 per member</td>
</tr>
<tr>
<td>5 Sessions</td>
<td>$135 per member</td>
</tr>
<tr>
<td>10 Sessions</td>
<td>$270 per member</td>
</tr>
</tbody>
</table>

For more information on personal training options, please visit uml.edu/personaltraining.
CRC MEMBERSHIP OPTIONS

Full Membership
The full membership includes monthly, six-month or one-year term options.
Eligibility requirements for a full membership include:
- UMass Lowell alumni and immediate family members of UMass Lowell alumni who are 18 years or older
- Immediate family members 18 years or older of current UMass Lowell faculty, staff or students
- University-approved affiliates (i.e., LIRA, Aramark, Global Spectrum, 100 Canal St. employees, MCC faculty/staff, Navitas)

“Alumni” are classified as those who have graduated and earned a degree from UMass Lowell. If you simply attended classes at UMass Lowell but did not graduate, you are not eligible to purchase a membership. “Immediate family members” are defined as: spouses, parents, children or siblings who live in the same house.

Please check the membership rate chart for applicable fees.

Please Note: We do not provide parking for university affiliates, except for MCC faculty/staff. All other university affiliates should go through UCAPS for parking permits.

First-Year Alumni Membership
UMass Lowell Alumni who have graduated within the past 12 months can purchase a one-year membership to the Campus Recreation Center for $250. This is a $50 discount on our one-year full-membership option. If new alumni would like to sign up for a monthly or six-month membership, they must pay the corresponding full membership fee.

Master’s Membership
The master’s membership includes monthly, six-month or one-year term options. Community members 55 years and older are eligible for this membership. Master’s members can only enter the CRC weekdays between 6:30 a.m.-1 p.m. There are no access restrictions to the CRC during our weekend operating hours. Master’s members also have access to Costello Pool during open swim times before 1 p.m.

Please check the membership rate chart for applicable fees.

Part-Time/Continuing Education Membership*
Part-time/continuing education students who are non-degree (non-matriculated) may purchase this membership.

MCC Student Membership*
Current students from Middlesex Community College are eligible to purchase a membership to the CRC on a trimester basis. A valid MCC student ID is required to purchase this membership.

- Fall membership dates: Sept. 1-Dec. 31
- Spring membership dates: Jan. 2 - April 30
- Summer membership dates: May 1 - Aug. 31

* Please Note: We do not provide parking for either of these memberships above. We will provide a CRC ID card for the MCC Student Membership to gain access to the CRC. We do not provide a CRC ID for the Part-Time Continuing Education Membership; we will add access to your student UCARD to access the CRC.

College Student Membership*
During our summer and winter breaks, students from other colleges and universities can purchase a membership to the CRC with a valid college ID from their institution.

Please check website for current prices.

* Please Note: This membership includes a CRC ID Card to gain access to our facility along with parking access.

CRC MEMBER BENEFITS
- Individual and partner personal training packages available
- Free lock and towel service
- Free equipment checkout

Please note: Lockers are for daily use only. Locks left overnight will be cut off and items gathered will be placed in our lost and found.

MEMBERSHIP FAQs

- We do not issue refunds or pro-rate memberships. Please select the term membership that suits you best.
- If the university closes due to snow, we will announce our hours on our website uml.edu/campusrec. You can also follow us on Twitter @UMLCRCupdates for any important facility announcements.
- If you plan on renewing your membership, keep your CRC ID and we can reactivate it each time.

GUEST POLICIES

The daily guest fee is $10/person with a max of two guests per member. Guests must be at least 18 with a valid picture ID.

- Guest and member IDs will be kept together at the CRC Welcome Desk until the guest exits the facility.
- Guests must leave the facility when their host leaves. Guests can re-enter with their host on the same date with a valid picture ID and receipt of payment.
- CRC Members should educate their guest(s) on our facility policies and will be held responsible for the actions of their guest(s) while inside the CRC.

PARKING POLICIES

CRC members have access to park in the CRC Lot, East Campus Garage and Perkins Street Lot on East Campus.

- Eligible members will receive a parking hang tag to display in their rear view mirror. Members are responsible for displaying their parking tag correctly to avoid being ticketed.
- 10 designated parking spots are reserved for our eligible CRC members in the CRC parking lot Mon.-Fri., 6 a.m. to 6 p.m.
- Purchasing a membership does not guarantee a parking spot, just the access to park in our designated lots.
- Members who are eligible for parking can request additional parking access on their CRC ID for Riverside Lot B, which is adjacent to Costello Pool. Please note: Athletics manages Costello Pool and sets the open pool hours.

Please Note: We do not provide parking for part-time/continuing ed membership, MCC student membership or university affiliates (except MCC faculty/staff).