

# PHYSICAL EXAMINATION

Must be completed within twelve months of enrollment or you may attach a signed copy of your most recent physical examination.

Student Name \_\_\_\_\_

Date of Exam \_\_\_\_\_

Height \_\_\_\_\_ Weight \_\_\_\_\_ BP \_\_\_\_\_ Pulse \_\_\_\_\_

Hearing: Right \_\_\_\_\_ Left \_\_\_\_\_

Vision: Without correction: Right 20/\_\_\_\_\_ Left 20/\_\_\_\_\_

With correction: Right 20/\_\_\_\_\_ Left 20/\_\_\_\_\_

SYSTEM	NORMAL	DESCRIBE ABNORMALITY
Skin		
HEENT		
Respiratory		
Breast		
Cardiovascular		
Gastrointestinal		
Genitourinary		
Lymphatic		
Musculoskeletal		
Neurological		
Endocrine		
Psychological		

Lab Work (if indicated): Hgb/Hct: \_\_\_\_\_ Cholesterol: \_\_\_\_\_ Urine: Glucose: \_\_\_\_\_ Protein: \_\_\_\_\_ Micro: \_\_\_\_\_

## CURRENT MAJOR & CHRONIC PROBLEMS

## ACUTE & MINOR PROBLEMS

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

*If the student is under care for a chronic condition or serious illness please provide additional clinical reports to assist us in providing continuity of care.*

Additional comments and recommendations: \_\_\_\_\_  
\_\_\_\_\_

Please list any special **DIETARY REQUIREMENTS**: \_\_\_\_\_

Please list all **ALLERGIES** (including medications, insect venom, foods, etc): \_\_\_\_\_

Type of reaction \_\_\_\_\_

Please list all **MEDICATIONS** currently being taken (include OTC's, contraceptives): \_\_\_\_\_  
\_\_\_\_\_

Recommendations for physical activity:  unlimited  limited (specify) \_\_\_\_\_

Medical Provider (please print) \_\_\_\_\_

Address \_\_\_\_\_

Phone (\_\_\_\_) \_\_\_\_\_ Fax (\_\_\_\_) \_\_\_\_\_

Provider's Signature \_\_\_\_\_

Mail completed form to:  
UMASS Lowell  
Wellness Center  
Health Services  
220 Pawtucket Street, Suite 300  
Lowell, MA 01854-5144  
Telephone: (978) 934-6800