A Freshman Journey

By Henson
A Nurse? What not a Doctor?!?

- I get to interact with our patients for longer periods of time!
- It’s flexible!
- I provide bedside, hands on, physical, and emotional care!
- Breaking stereotypes/Aiding the shortage!
How BDN helped me out!

- Transitioning from high school to college was a stressing ordeal! I found myself overwhelmed with tests and papers. I didn’t have the confidence to be successful, and I was worried that I was going to drop out of my classes.
Thanks to BDN though, they provided me with the confidence I needed! I could go to any of the friendly staff members when I felt stressed or concerned with my academics.

Also, BDN made sure that I stayed on top with my school work by making me write bi weekly journals which describes my goals and how I come about reaching them.
It's like a family!
Support

- BDN is composed of students from different grades!
- Lower classmen can talk to upper classmen for advice.
- Upperclassmen can share their experiences as nursing majors in order to prepare lowerclassmen for what’s in store!
- Monthly potluck dinners act as a way to relieve stress and discuss problems or fun experiences that students are going through.
Incoming Roadkill

Incoming Freshman

Katie Jordan
• I came to college not knowing what to expect. I heard of the freedom that college students get compared to high school, but I also heard of the crazy workload comes with the freedom.
• I struggled the first couple of weeks in college, but I soon, with the encouragement of BDN staff, I stuck through and saw my grades rise throughout the semester.
• I always found myself studying for anatomy during breaks.
• **Future Goals**

**Short term:**
- Maintain a 3.0 GPA
- Balance out my social life and academic life
- Survive college

**Long term:**
- Receive a job as a nurse
- Go on to graduate school
- Work in a hospital close to family
- Inspire future kids to become nurses
- Have grandchildren who are also nurses to become a big family of nurses