

## Occupational Research Worksheet

**Step 1:** Using the following resources, **brainstorm a list of two to five jobs** which may be relevant to your skills, interests, and/or academic major. **Complete a separate Occupational Research Worksheet for each position of interest.**

### **Resources:**

#### **What Can I Do With This Major:**

Click on your major, and/or any other major(s) of interest, to find a list of related employment areas, employer types, and career strategies.

#### **O\*NET Online:**

To find information about specific occupations, do one or more of the following:

- Enter a job title or keyword in the **“Occupation Quick Search”** bar
- Explore options you may not have considered through **“My Next Move,”** by clicking on **“Find it Now”**

#### **JACKSON CAREER EXPLORER:**

Create an account (Activation Code: AQTRR-7KW3J-9978T), log in, and check out the following:

- Take the Basic Interests and Work Personality Assessments
- Learn about Education Groups and Job Groups that match your interests and personality
- Explore career options related to your assessment results

#### **MassCIS:**

After logging in, click on the plus sign next to **“Explore Your Occupation Matches,”** and then one (or both) of the following:

- Interest Profile** – find out which work areas match your interests
- Occupation Sort** – generate a list of occupations you might be interested in

**Step 2:** Go to [career.uml.edu](http://career.uml.edu) to schedule an appointment with a career counselor, to review this information in person.

## Occupational Research Worksheet:

<b>Job Title</b>	
<b>Description of Position</b> <i>Main duties and responsibilities</i>	
<b>Education/Skills Required for this Position</b>	<ol style="list-style-type: none"> <li>1.</li> <li>2.</li> <li>3.</li> <li>4.</li> <li>5.</li> </ol>
<b>Related Education/Skills that YOU Have</b>	<ol style="list-style-type: none"> <li>1.</li> <li>2.</li> <li>3.</li> <li>4.</li> <li>5.</li> </ol>
<b>Average Salary for this Occupation</b>	
<b>Employment Outlook (Projected Growth)</b>	
<b>Your Interest, on a Scale of 1 to 10; i.e.,</b> <i>1 = no interest; 10 = extremely interested</i>	

<p><b>How Practical a Fit is this Position?</b> <i>1 = not at all practical; 10 = extremely practical</i></p>	
<p><b>Next Steps</b> <i>Courses you should take</i> <i>People you should talk to</i> <i>Companies you should follow</i> <i>Experience you should obtain</i></p>	<p>1.</p> <p>2.</p> <p>3.</p>