Merrimack River Clean Up
Bellegarde Boat House, Lowell MA
September 22, 2017

TRIP DESCRIPTION:

We're joining forces with the Merrimack River Watershed Council to clean up the Merrimack River that we all enjoy! Join us for a fun, community building, service event. This is an event that is free to all, so register now to reserve your spot!

The Enriching Essential Learning Outcomes (E2LO) Initiative helps you build connections between the core outcomes that you achieve in the classroom and events and experiences that take place beyond it. The program you are attending is designed to enrich your student experience related to Social Responsibility and Ethics by exposing you to the concepts of Leave No Trace Outdoor Ethics. By attending programs like this your student experience may be enriched in a variety of ways! For information on E2LO events, experiences, rewards and scholarship opportunities please visit the UMass Lowell E2LO website.

TRIP COST: This is a FREE event for UML affiliates and guests!

REGISTRATION:
- Fill out an Online Waiver
- Register Online
- You can also register at the Welcome Desk of the Campus Rec Center on East Campus

PHYSICAL EXERTION LEVEL & PREREQUISITES
- Low to Moderate: Depending on river conditions and water temperatures
- Must be able to independently keep head above water while wearing a life jacket/PFD
- No previous kayak experience required

TENTATIVE ITINERARY: Due to the nature of outdoor trips, itineraries are subject to change.

3 p.m. Meet at the Bellegarde Boathouse 500 Pawtucket Blvd, confirm paperwork, prepare
3:15 p.m. Introductions, safety brief, itinerary, gear distribution
3:30 p.m. Basic kayak/canoe instruction and safety brief, launch, paddle!
4:45 p.m. Land on shore and clean it up! Paddle as needed.
5:50 p.m. Arrive at boathouse, debrief, sort cleanup materials, wash up, high five and dismiss!

Check out the packing list on the next page!
PACKING LIST: The items on this list are HIGHLY recommended for your trip. Current temperatures and personal preference should be considered when packing. Wearing the same piece of clothing multiple times is OK on an outdoor trip, so do not over-pack…but at the same time, do not skimp on needed items. A (*) denotes items that can be provided for you at no additional charge.

☐ Baseball cap or full-brim hat (for sun protection).
☐ Sturdy closed toe water shoes for walking around on shore in and out of the water
☐ Sun shirt to keep shoulders from getting burned.
☐ Work or garden gloves for handling trash and debris. Nitrile gloves supplied by kayak center.
☐ Beanie Hat (quick fix for chilly conditions, wool or fleece is best).
☐ Insulating jacket (fleece is ideal, should be compact and synthetic).
☐ Swim Suit (for cooling off in the river)
☐ Rain jacket (depending on weather)
☐ 1 reusable water bottle (quart size).
☐ Snack
☐ Dry bag for keeping items dry while in the boat.
☐ Bag for personal belongings.
☐ Waterproof, Floating camera (optional)

Note: We will distribute other equipment specific to the activity at the pre-trip meeting or on trip departure day. If you have any personal equipment (backpack, sleeping bag, etc.) that you would like to bring on this trip, please bring it to the pre-trip meeting so trip leaders can make sure it is appropriate for the needs of this trip

For further questions or information, please contact us:
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