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A. EDUCATION AND ACADEMIC QUALIFICATIONS

1. Education

- 2008 *University of Tokyo, Tokyo, Japan*
Department of Social Gerontology
Ph.D Health Sciences and Nursing with specialization in Social Gerontology
- 2004-2005 *University of Tokyo, Tokyo, Japan*
Department of Social Gerontology
Research Student
- 2000 *Tribhuvan University, Kathmandu, Nepal*
Department of Sociology
Master of Arts – Sociology

2. Academic Experience

- 2010- present University of Massachusetts Lowell
Lecturer
Responsibilities: Teaching Introduction to Gerontology (taught Global Health 2010-2012)
- 2008- 2010 University of Massachusetts Lowell
Visiting Lecturer
Responsibilities: Taught Introduction to Gerontology and Introduction to Sociology
- 2001-2004 Saipal Academy, Kathmandu, Nepal
Secondary School and College
Founder/ Principal
Responsibilities: Taught Sociology for Ordinary and Advanced Levels. Overall school administration.
- 2000-2004 Dillibazar Kanya Multiple College-Kathmandu
Lecturer – Department of Sociology
Responsibilities: Taught Sociology for Bachelor Level students (Introduction to

Sociology, Nepali society and culture, Research methodology).

B. PROFESSIONAL ACTIVITIES

1. Professional Association Participation

Professional Organization Membership/Review for Professional Journals

2005 - Present: Member, The Gerontological Society of America.

2012 Abstract reviewer for Gerontological Society of America Conference.

2010 Abstract reviewer for Gerontological Society of America Conference, November

2008 Abstract reviewer for Gerontological Society of America Conference, November

2007 Student Volunteer at the 60th Gerontological Society of America conference at San Francisco, CA. November.

2009 Manuscript Reviewer (International Journal of Behavioral Medicine).

Refereed Papers Presented to Professional Organizations

2007 **Gautam R.**, Saito, T., & Kai, I. “Correlates of depression among the older adults of Nepal”. Paper presented at the *Gerontological Society of America 60th Annual Scientific Meeting*, San Francisco, California, USA, November 16-20.

2007 **Gautam, R.** Panel discussion on “Gender and mental health in older Nepalese adults: Living with sons and daughters-in-law in an urban community”. Paper presented at the *8th Asia-Pacific Rim University – Doctoral Students Conference*, Tokyo, Japan, August 1-3.

Refereed Posters Presented to Professional Organizations

2011 **Gautam, R.**, Houde, S.C. “Correlates of intergenerational conflict of older adults with their daughters-in-law”. Poster presented at the *Gerontological Society of America, 64th Annual Scientific Meeting*, Boston, MA, USA, November 18-23.

2010 **Gautam, R.**, Saito, T., Houde, S.C & Kai, I. “Orientation to traditional norms with negative interaction of older adults with their son in Nepal”. Poster presented at the *Gerontological Society of America, 63th Annual Scientific Meeting*, New Orleans, LA, USA, November 19-23.

2009 **Gautam, R.** “Intergenerational social support, conflict, and mental health of older adults in Nepal: Evidence of synergic effects”. Poster presented at the *Gerontological Society of America, 62th Annual Scientific Meeting*, Atlanta, Georgia, USA, November 18-22.

- 2007 Houde, S.C., Lefebvre, S., Powers, M.E., & **Gautam, R.** “Effectiveness of psychoeducational and technological interventions for family caregivers: A gender analysis”. Poster presented at the *Gerontological Society of America 60th Annual Scientific Meeting*, San Francisco, California, USA, November 16-20.
- 2007 **Gautam, R.**, Saito, T., & Kai, I. “Activity participation and depression of older adults in Nepal.” Poster presented at *The Japanese Socio-Gerontological Society, Annual Conference*, Sapporo, Japan, June 20-22.
- 2007 Houde, S.C., & **Gautam, R.** “Gender differences in outcomes of adult day care services for functionally impaired older adults: An integrative review of the literature: Implications for research, policy, and practice”. Poster accepted for *Caregiving: Essential Partners in Care Conference at the Festival of International Conferences on Caregiving, Disability, Aging, and Technology*, Toronto Ontario, Canada, June.
- 2005 **Gautam, R.** “Living in a holy place: A descriptive study of older adults in Nepal”. Poster presented at the *Gerontological Society of America, 58th Annual Scientific Meeting*, Orlando, Florida, USA, November.

Non-Referrred Papers/Posters Presentations

- 2013 **Gautam, R.** (Represented Gerontology Research Group – GRG). GRG Poster. Poster presented at the *Faculty Research Symposium*, UMass Lowell, Inn and Conference Center, Lowell, MA, February 6.
- 2012 **Gautam R.** “Impact of Introduction to Gerontology class on students knowledge, attitude towards older adults and ageism”. Paper presented at the *School of Health and Environment Research Day*, UMass Lowell. ICC, Lowell MA, April 27.
- 2011 **Gautam R.** “Issues of Bhutanese Refugees Resettled in the US.” Paper presented at a symposium, *Negotiating Immigrant Identities – from the outside in the inside out*, Organized by the *UMass Lowell IDEA Community on Immigrant Identities*. 300 Jackson Street, Lowell MA, October 11.
- 2011 **Gautam, R.**, Houde, S.C. “Intergenerational conflict of older adults with their daughters-in-law in Nepal”. Poster presented at the *Faculty Research Symposium*, UMass Lowell, Inn and Conference Center, Lowell MA,
- 2010 **Gautam, R.**, Houde, S.C. “Relationship of orientation to traditional norms with negative interaction of older adults with their son in Nepal”. Poster presented at the *Faculty Research Symposium*, UMass Lowell.

2. Professional Honors and Awards

2004-2008 (March) Japanese Government *Monbukagakusho Scholarship*

2008 *Second prize: 10th Annual contest for scientific papers by foreign students in the Graduate School of Medicine, The University of Tokyo, Japan.*

2010 Participated in Gerontology Education Workshop Public Policy Issues in Aging, Gerontology Center, Syracuse University, NY. (Competitive selection)

3. Non-Teaching Activities

1999-2004 *Center for Help Nepal*
Non Governmental Organization (NGO)
Founder/President
Responsibilities: Develop project proposals

1999-2000 *Forum for Protection of Public Interest*
Non Governmental Organization (NGO)
In charge of gender division
Responsibilities: Develop project proposals.

C. RESEARCH AND SCHOLARSHIP

1. Grants and Contracts

2013 Mawn, B., **Gautam, R.**, Beehler, S. “Quality of Life of Bhutanese refugees recently resettled in the U.S”, Sigma Theta Tau International Grant, 2013-2014 (\$5000).

2011 Lee, A. James., Abdallah, L., Melillo, K.D., **Gautam, R.**, Remington, R. & Van Etten, D. “Comparative analysis of alternative primary care models in institutional long-term care residents using the Medicare Current Beneficiary Survey”, UMass Lowell SHE Interdisciplinary Seed Grant, 2011-2012 (\$15,000).

2007 **Gautam, R.**, Saito, T. “Effect of modernization on intergenerational relationships in Nepal.” Alliance for Global Sustainability (AGS), University of Tokyo, Japan. (500,000 Japanese Yen, equivalent to \$5,500 December 28, 2009).

2. Academic & Professional Publications

Refereed Journals

2012 Markkanen, P., Abdallah, L., Lee, J., & **Gautam, R.** Long-term care in the U.S. and Finland: Policy lessons to be learned. *Journal of Gerontological Nursing*, 38(12), 16-21.

2012 Van Etten, D & **Gautam, R.** Custodial Grandparents Raising Grandchildren: Lack of Legal Relationship a Barrier for Services. *Journal of Gerontological Nursing*, 38(6), 18-22.

- 2011 **Gautam R.**, Houde, S.C. Geriatric Depression Scale for community dwelling older adults of Nepal. *Asian Journal of Gerontology & Geriatrics*, 6(2), 1-7.
- 2011 **Gautam R.**, Saito, T., Houde, S.C., & Kai, I. Social interactions and depressive symptoms among community dwelling older adults in Nepal: A synergic effect model. *Archives of Gerontology and Geriatrics*, 53(1), 24-30.
- 2008 **Gautam, R.**, Saito, T., & Kai, I. Correlates of life satisfaction among older Nepalese adults. *BioScience Trends*, 2(5), 187-192.
- 2007 **Gautam R.**, Saito, T., & Kai, I. Leisure and religious activity participation and mental health: Gender analysis of older adults in a developing country. *BMC-Public Health*, (7), 299.
- 2007 Houde, S.C., **Gautam, R.**, & Kai, I. Long-term care insurance in Japan: Implications for US long-term care policy. *Journal of Gerontological Nursing*, 33(1), 7-13.

Non-Refereed Publications/ Unpublished Manuscripts

- 2012 **Gautam, R.** Ageing in Nepal: Issues and Challenges. Kaski Smarika – Nepal, pp.139-145.
- 2011 **Gautam, R.** *Bridddha Briddha ko jivan shaili kasari sahaj banauni* (how to provide quality life to older adults). A opinion column in a Naya Patrika (Nepali Newspaper, June 13, p. 7, presenter Deepak Sapkota).
- 2004 **Gautam, R.** Old age social security system in Nepal. *Discourse, Journal of Sociology/Anthropology, Patan Multiple Campus, Nepal*, 5.
- 2003 **Gautam, R.** Happiness. *Puspanjali Magazine, Dillibazar Kanya Multiple Campus, Nepal*
- 2002 **Gautam, R.** An analysis of people's participation in rural development program in Nepal. *Discourse, Journal of Sociology/Anthropology, Patan Multiple Campus, Nepal*, 4.
- 2001 **Gautam, R.** Forgotten aspects of widows in women's development. *Puspanjali Magazine, Dillibazar Kanya Multiple Campus, Nepal*
- 2000 **Gautam, R.**, Devkota, P. Social gerontology: A case study of old- aged people living in Tanahu district, Nepal. An unpublished Master level thesis submitted to the Department of Sociology/Anthropology, Tribhuvan University, Nepal.

D. INSTRUCTION RELATED ACTIVITY

1. Teaching

Fall 2008

30:306.201 Introduction to Gerontology (3 credits) undergraduate (Students enrolled: 38)

30:306.202 Introduction to Gerontology (3 credits) undergraduate (Students enrolled: 45)

48.101.206 Introduction to Sociology (3 credits) undergraduate (Students enrolled: 46)

48.101.207 Introduction to Sociology (3 credits) undergraduate (Students enrolled: 44)

Spring 2009

30:306.201 Introduction to Gerontology (3 credits) undergraduate (Students enrolled: 47)

30:306.202 Introduction to Gerontology (3 credits) undergraduate (Students enrolled: 70)

48.101.208 Introduction to Sociology (3 credits) undergraduate (Students enrolled: 46)

Fall 2009

30:306.201 Introduction to Gerontology (3 credits) undergraduate (Students enrolled: 31)

30:306.202 Introduction to Gerontology (3 credits) undergraduate (Students enrolled: 46)

30.306.031 Introduction to Gerontology (online) (3 credits) undergraduate (Students enrolled: 25)

48.101.205 Introduction to Sociology (3 credits) undergraduate (Students enrolled: 44)

Spring 2010

30:306.201 Introduction to Gerontology (3 credits) undergraduate (Students enrolled: 69)

30:306.202 Introduction to Gerontology (3 credits) undergraduate (Students enrolled: 44)

30.306.031 Introduction to Gerontology (online) (3 credits) undergraduate (Students enrolled: 33)

48.101.208 Introduction to Sociology (3 credits) undergraduate (Students enrolled: 45)

Summer 2010

30.306.031 Introduction to Gerontology (online) (3 credits) undergraduate (Students enrolled: 20)

Fall 2010

30:306.201 Introduction to Gerontology (3 credits) undergraduate (Students enrolled: 46)

30:306.202 Introduction to Gerontology (3 credits) undergraduate (Students enrolled: 44)

30.306.031 Introduction to Gerontology (online) (3 credits) undergraduate (Students enrolled: 33)

48.101.202 Introduction to Sociology (3 credits) undergraduate (Students enrolled: 45)

Spring 2011

30:306.201 Introduction to Gerontology (3 credits) undergraduate (Students enrolled: 48)

30:306.202 Introduction to Gerontology (3 credits) undergraduate (Students enrolled: 45)

30.306.031 Introduction to Gerontology (online) (3 credits) undergraduate (Students enrolled: 31)

30.308.201 Global Health (3 credits) undergraduate (Students enrolled: 16)

Summer 2011

30.306.031 Introduction to Gerontology (online) (3 credits) undergraduate (Students enrolled: 8)

Fall 2011

30:306.201 Introduction to Gerontology (3 credits) undergraduate (Students enrolled: 45)

30:306.202 Introduction to Gerontology (3 credits) undergraduate (Students enrolled: 49)

30.306.031 Introduction to Gerontology (online) (3 credits) undergraduate (Students enrolled: 37)

30.308.201 Global Health (3 credits) undergraduate (Students enrolled: 43)

Spring 2012

30:306.201 Introduction to Gerontology (3 credits) undergraduate (Students enrolled: 43)

30:306.202 Introduction to Gerontology (3 credits) undergraduate (Students enrolled: 46)

30.306.031 Introduction to Gerontology (online) (3 credits) undergraduate (Students enrolled: 26)

30.308.201 Global Health (3 credits) undergraduate (Students enrolled: 43)

Fall 2012

30:306.201 Introduction to Gerontology (3 credits) undergraduate (Students enrolled: 28)

30:306.202 Introduction to Gerontology (3 credits) undergraduate (Students enrolled: 51)

30.306.031 Introduction to Gerontology (online) (3 credits) undergraduate (Students enrolled: 37)

30.308.201 Global Health (3 credits) undergraduate (Students enrolled: 29)

2. Guest Lectures:

2013 “A focus on faith forum: Hinduism”. Panelist on a talk program on Hinduism organized by Interfaith Student Association (IFSA) UML. (April 5).

2013 “Long-term care” in Health Economics (Undergraduate UML) – April 18.

2013 “Grandparents raising grandchildren” in Adult-Gerontological Nursing course (Graduate UML) – February 21.

2012 “Global Health Experience & Ethical Issues” in Nursing Students Without Borders pre-departure conference (Chile visit) – December 20

2012 “Grandparents raising grandchildren” in Adult-Gerontological Nursing course (Graduate UML) – March 8.

2012 with Debroah VanEtten, “Grandparents raising grandchildren” in Geropsychiatric and Mental Health Nursing course (Graduate UML) – February 14

2012 “Long-term care”, in Health Economics course (Undergraduate UML) – April 19

2011 “Long-term care” in Health Economics (Undergraduate UML) – March 10.

E. SERVICE ACTIVITIES

Department of Nursing Committee Activities

2013 Member: Preceptor Appreciation/Research Day Committee

2013 Member: Baccalaureate Program Committee.

2013 Member: Baccalaureate Nursing Simulation ad hoc Committee

2010 - 2012: Faculty Search Committee member, Nursing Department UMass Lowell - Clinical Track Nursing Faculty/Associate, Full Professors Tenure-Track/Tenured.

School of Health and Environment Committee Activities

2010 Member: International Committee, School of Health and Environment, University of Massachusetts Lowell. (met twice).

University Committee Activities:

2013 Member: Nursing Department liaison to the Honors Program.

Other Services to the University of Massachusetts Lowell

Faculty Mentoring:

2010-2011: Mentored Therese Willette (New section of Gerontology 30.306.203) (Two semesters)

Academic Advising:

2013 (Spring 2013) Advising 14 students (mentor: Sandra Mote)

Training Sessions:

2013 Introduction to Basic SPSS. Training provided to DNP students – January 15

2012 Introduction to Basic SPSS. Training provided to DNP students – January 11 & February 4)

2012 A refresher SPSS session for Nursing faculty - January 31

Recruitment:

2013 SHE reception for newly accepted students – April 6

Coordinate:

2013 Coordinate research projects with the Master's students and faculty mentors