Full Moon Kayak  
Merrimack River, MA  
September 6, 2017

TRIP DESCRIPTION:  
This night paddle is a fun opportunity to experience the Merrimack River by the ambient light of the city, moon and stars. As the temperature begins to cool and the world quiets, paddling by starlight offers a special experience that you will remember forever.

INCLUDED IN TRIP COST:  
- Transportation—12 passenger van, unless otherwise noted.  
- Activity Equipment—some clothing and personal items not included, review the packing list.  
- Instruction and Leadership

REGISTRATION:  
- Fill out an Online Waiver  
- Register Online  
- Register in person at the Campus Recreation Center on East Campus

PHYSICAL EXERTION LEVEL & PREREQUISITES  
- Low to Moderate: due to river conditions and water temperatures.  
- Must be able to independently keep head above water while wearing in a life jacket/PFD  
- No previous kayak experience required

PRE-TRIP MEETING:  
- By phone two days before the trip

TENTATIVE ITINERARY:  
 Due to the nature of outdoor trips, itineraries are subject to change.

- 8:45pm Meet at the Bellegarde Boathouse 500 Pawtucket Blvd, confirm paperwork, prepare  
- 9pm Introductions, itinerary, gear distribution  
- 9:15pm Basic kayak instruction and safety brief, launch, paddle  
- 10:50pm Arrive at boathouse, debrief, collect equipment and store boats, dismiss

Check out the packing list on the next page!
**PACKING LIST:** The items on this list are **HIGHLY** recommended for your trip. Current temperatures and personal preference should be considered when packing. Wearing the same piece of clothing multiple times is OK on an outdoor trip, so do not over-pack...but at the same time, do not skimp on needed items. A (*) denotes items that can be provided for you at no additional charge.

- [ ] Baseball cap or full-brim hat
- [ ] Beanie hat (wool or fleece fabrics are best)
- [ ] Insulating jacket (fleece is ideal, should be compact and synthetic)
- [ ] Swim suit
- [ ] Rain jacket
- [ ] Personal medications: inhaler, epinephrine, etc. Major medications should be noted on your Health Statement
- [ ] Personal medical insurance card
- [ ] 1 water bottle (quart size)
- [ ] Snack
- [ ] Bag for personal belongings
- [ ] *Headlamp
- [ ] *Dry bag for keeping items dry while in the boat

Note: We will distribute other equipment specific to the activity at the pre-trip meeting or on trip departure day. If you have any personal equipment (backpack, sleeping bag, etc.) that you would like to bring on this trip, please bring it to the pre-trip meeting so trip leaders can make sure it is appropriate for the needs of this trip

**For further questions or information, please contact us:**
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