

## Enrichment Requirement (E1)

Name: \_\_\_\_\_ Student ID: \_\_\_\_\_ Date: \_\_\_\_\_

What is your major(s)/minor(s)? \_\_\_\_\_

Email: \_\_\_\_\_

Each semester every honors student must attend or participate in at least one enrichment activity, outside of their major, referred to as an E1. **An E1 event is broadly defined as an event that is academically, culturally, or socially enriching.** The E1 Requirement has two components: attending the event, and submitting a one-page reflection response attached to this cover sheet.

The E1 event must:

- **be outside of a student's major.**
- **not be part of a course requirement.**

To complete your E1, you must create a typed, one-page (250 words min.), 12-point font, double spaced **reflection** on your event. Attach your write-up to this cover sheet, or if emailing, include the form with your response in your attachments.

**Your response must include these two central elements:**

- ✓ A brief summary of the event.
- ✓ A reflection on your experience. The bulk of your response should be an actual reflection on your experiences. This could include answering questions such as:
  - Do you feel you learned anything new from the event? Why or why not?
  - Would you recommend an event like this to others? Why or why not?
  - Did attending this event lead you to make connections with other ideas or things you have learned about?

Complete this form and return it to the Honors College Office **within two weeks** of the event. You can drop it off on South Campus in O'Leary 300 or in our North Campus Mailbox: Centers for Learning Main Office, Cumnock Hall, Suite 4.

What was the title of the event? \_\_\_\_\_

What date and time did the event occur? \_\_\_\_\_

Where did the event take place? \_\_\_\_\_

The Honors College frequently posts possible E1 events on the honors listserv, but students should be looking out for other cultural and academic events happening on campus or in the local community. If you are unsure if an event would qualify, just email [honors@uml.edu](mailto:honors@uml.edu). Students can view E1 opportunities on the E1 Google Calendar, found at [tinyurl.com/umlhonorsE1calendar](http://tinyurl.com/umlhonorsE1calendar).

*Honors Office Use Only*

Honors Evaluator's Signature: \_\_\_\_\_ Date: \_\_\_\_\_ Approved Reject