

# Custom Group Sunset Paddle Tour

Custom Date and Time

Merrimack River, MA



## TRIP DESCRIPTION

Join us for a leisurely sunset paddle on Lowell's beautiful Merrimack River. We will review the basic strokes and river safety before we paddle upstream for a short trip from the boat house and explore the river banks, bridges and possibly a tunnel under a historic mill. It's amazing how much more relaxed and enjoyable the sunset can be from the seat of a kayak!

## REGISTRATION

- Register online provided for your custom group
- Register in person at the kayak center

## ONLINE WAIVER

Each participant must have a completed online waiver submitted before they are allowed on the water. Fill them out by clicking on the link below or visiting <https://www.uml.edu/CampusRecreation/Boathouse/kayak-center/plan.aspx>

[Adult Waiver](#)

[Minor Waiver](#)

## INCLUDED IN SUNSET PADDLE TOURS

- Kayaking Equipment—with the exception of clothing and personal items listed on the packing list.
- Leadership and Instruction.

## PHYSICAL EXERTION LEVEL & PREREQUISITES

- Moderate: due to river conditions and water temperatures.
- Must be able to independently keep head above water while wearing in a life jacket/pfd
- No previous kayak experience required.

**TENTATIVE ITINERARY:** Due to the nature of outdoor trips, all itineraries are subject to change.

- 6:45 p.m. Meet at the Bellegarde Boathouse 500 Pawtucket Blvd, confirm paperwork, prepare
- 7:00 p.m. Introductions, itinerary, gear distribution
- 7:15 p.m. Basic kayak/canoe instruction and safety brief, launch, paddle!
- 8:50 p.m. Arrive at boathouse, debrief, collect equipment and store boats, dismiss

**PACKING LIST:** The items on this list are HIGHLY recommended for your trip. Current temperatures and personal preference should be considered when packing. A (\*) denotes items that can be provided for you at no additional charge.

- Baseball cap or full-brim hat (for sun protection).
- Insulating jacket (fleece is ideal, should be compact and synthetic).
- Swim Suit or other clothing appropriate for water activities (you will very likely get wet)
- Rain jacket (depending on weather)
- 1 water bottles (quart size) and 1 healthy snack
- Sunblock
- \*Dry bag for keeping items dry while in the boat.
- Bag for personal belongings.
- Floating glasses lanyard recommended
- Floating and waterproof phone case, put phone in dry bag or leave phone in vehicle recommended

**For further questions or information, please contact:**

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