COUNTDOWN TO FINAL EXAMS!

Final Exams Begin on 12/12
Centers for Learning & Academic Support Services
www.uml.edu/class (978) 934-2936 E-mail us at: advisement@uml.edu

Organization and Mini-Review (from now until 1 week before)
- Attend all classes and get information from instructors about the content and format of final exams.
- Check your student center in iSiS. All of your final exam dates, times, and locations are listed there.
- Review your old tests and quizzes for cumulative finals.
- Review early chapters in your texts & check chapter summaries; re-work some homework problems
- Writing a research paper or essay? Meet with a writing tutor. Call us during the day to determine times and locations where you can make an appointment. 978-934-2936
- Organize your notes and outline topics for systematic review.
- Create a study checklist of all material to be reviewed, including chapters from text and notes.
- Form a study group with classmates; share your strengths and quiz each other.
- Get help from a peer tutor in SO 321, O’Leary 1st floor, Fox Hall 1st floor, and ICC 8th floor.
- Develop summary sheets/mind maps of important topics.
- Check professors’ websites for supplementary course material.
- Develop a study schedule by estimating how much time you need for each item on your study checklist.

This is your Plan of Action!

Intensive Study 1 WEEK BEFORE
- Keep up with current course readings and assignments.
- Review your lecture notes and textbook notes.
- Take breaks!
- Use mind maps to get “big picture” of course material: relationships, connections, associations.
- Use flash cards for memorization of detail.
- Create mnemonic devices for memorization of vocabulary terms.
- Outline answers for possible essay questions.
- Complete practice problems for math-based courses.

Review EXAM WEEK
- Attend a review session at the Tutoring Center: SO 321, O’Leary 1st floor, Fox or the ICC.
- Continue to review textbook: look over headings, introductory and summary statements.
- Recite information aloud.
- Create and take self-tests.
- Reduce test anxiety by avoiding last-minute cramming right before your exams.
- Breathe! You are prepared, so feel confident and positive in your ability.

Eat well and stay active! Get plenty of sleep