CONNECTIONS

A Support Group for UMass Lowell Students with AS

To register or for further information please contact:

Jody Goldstein, Director,
Office of Disability Services
Cumnock Hall
One University Avenue
Lowell, MA 01854
Office: (978) 934-4574
Email: jody_goldstein@uml.edu
Website: www.uml.edu/student-services/disability

OR

Ashleigh Hillier, Ph.D.
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870 Broadway Street
Lowell, MA 01854
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A group for UMass Lowell students with Asperger’s Syndrome

Student Disability Services
Cumnock Hall, C6
(978) 934-4574

Counseling Center
McGavran 363
(978) 934-4331

Psychology Department
Mahoney Hall 1
(978) 934-2930
What is CONNECTIONS?
A group for UMass Lowell students with Asperger’s Syndrome (AS) sponsored by the Student Disability Services, the UMass Lowell Counseling Center, and Prof. Ashleigh Hillier, (Psychology Dept.).

Why?
• To meet other UMass Lowell students with AS
• To share information and provide support that may be helpful to other AS students
  …and because sometimes everyone finds it challenging to be in college!

What Will We Talk About?
Topics that are part of your life as a college student with AS such as:
• Selecting classes
• Managing time
• Dealing with stress
• Disclosing AS
• Avoiding procrastination
• Meeting other students
• Social life on campus
• Life after graduation
  …and anything else you might want to talk about!

How do I Sign Up?
Please contact Jody Goldstein jody_goldstein@uml.edu, (978) 934-4574
OR
Ashleigh Hillier, Ph.D., ashleigh_hillier@uml.edu, (978) 934-2930.

When?
Once a week for an hour for 7 weeks. Days and times vary each semester. Runs in Spring and Fall semesters.

Where?
Mahoney Hall, South Campus

What Else?
• Attendance is free and confidential.
• Open to all AS students.
• Sessions will be led by Counseling Center staff.
• The group includes a social gathering each week (typically on Fridays) with current and previous members of the group.
• The group also includes a monthly “Reconnections” session also open to current and previous members of the group.