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VG VEGAN EW EAT WELL

V VEGETARIAN PF PLANT FORWARD



# **ALL-DAY PACKAGES**

## **ALL DAY DELICIOUS \$44.89**

Relax. We'll keep the food coming! These four (4) selections will keep your energy up throughout the day. All prices are per person and available for 20 quests or more.

#### **DELICIOUS DAWN**

Assorted Muffins <b>v</b>	380-550 Cal each
Assorted Scones v	400-440 Cal each
Seasonal Fresh Fruit Platter VG PF	35 Cal/2.5 oz. serving
Assorted Juice	110-170 Cal/8 oz. serving
Bottled Water	O Cal each
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

## **AM PERK UP**

Granola Bars <b>v</b>	130-250 Cal each
Assorted Yogurt Cups	80-150 Cal each
Iced Tea	0 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

## POWER UP LUNCH

i o wek or eomon	
Tomato and Cucumber Couscous Salad <b>vg</b>	120 Cal/3.75 oz. serving
Orange Fennel Spinach Salad V EW	210 Cal/3.2 oz. serving
Bakery-Fresh Rolls with Butter <b>v</b>	160 Cal each
Green Beans Gremolata <b>vg EW PF</b>	70 Cal/3 oz. serving
Three Pepper Cavatappi with Pesto <b>V EW</b>	280 Cal/7.5 oz. serving
Grilled Chicken and Artichokes with a Lemon Tarragon White Wine Sauce <b>EW</b>	210 Cal/5.75 oz. serving
New York Cheesecake <b>v</b> Iced Tea Iced Water	360 Cal/slice 0 Cal/8 oz. serving 0 Cal/8 oz. serving

## PM PICK ME UP

Chilled Spinach Dip with Tortilla Chips <b>v</b>	230 Cal/2.25 oz. serving
Grilled Vegetable Tray <b>vg EW PF</b>	70 Cal/3 oz. serving
Bakery-Fresh Brownies <b>v</b>	250 Cal/2.25 oz. serving
Bottled Water	0 Cal each
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

## **MEETING WRAP UP \$37.99**

Serve these favorites and success is a wrap! This All-Day Package includes the following four (4) delights. All prices are per person and available for 20 quests or more.

## **MORNING MINI**

Miniature Muffins <b>v</b>	80-120 Cal each
Miniature Danish <b>v</b>	140-170 Cal each
Miniature Scones <b>v</b>	100-110 Cal each
Yogurt Parfait Cups <b>v</b>	400-450 Cal each
Bottled Water	0 Cal each
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

## THE ENERGIZER

Donut Holes <b>v</b>	45-90 Cal each
Ripe Bananas vg EW PF	100 Cal each
Iced Tea	0 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

#### IT'S A WRAP

II S A WILAI	
Chicken Caesar Wrap	630 Cal each
Pepper Jack Tuna Wrap	610 Cal each
Cran-Apple Turkey Wrap	660 Cal each
Grilled Vegetable Wrap <b>V PF</b>	620 Cal each
Seasonal Fresh Fruit Salad <b>VG PF</b>	35 Cal/2.5 oz. serving
Choice of One (1) Salad:	
Classic Garden Salad with Fresh	
Seasonal Vegetables and Balsamic	
Vinaigrette and Ranch vg EW PF	50 Cal/3.5 oz. serving
Grilled Vegetable Pasta Salad <b>v</b>	120 Cal/3 oz. serving
Potato Chips <b>v</b>	100-160 Cal each
Assorted Craveworthy Cookies <b>v</b>	210-260 Cal each
Bakery-Fresh Brownies <b>v</b>	250 Cal/2.25 oz. serving
Iced Tea	0 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

#### **MID-DAY MUNCHIES**

Tortilla Chips <b>v</b>	260 Cal/3 oz. serving
Choice of Two (2) Salsas:	
Salsa Roja <b>v</b> g	20 Cal/1 oz. serving
Salsa Verde <b>v</b> g	5 Cal/1 oz. serving
Pico De Gallo <b>vg</b>	5 Cal/1 oz. serving
Assorted Whole Fruit <b>VG EW PF</b>	45-100 Cal each
Assorted Craveworthy Cookies <b>v</b>	210-260 Cal each
Iced Water	0 Cal/8 oz. serving
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

## **ALL-DAY PACKAGES**

## **SIMPLE PLEASURES \$32.09**

Easy does it-casually tasteful fare. This All-Day Package includes three (3) of our favorites. All prices are per person and available for 20 guests or more.

## SIMPLE CONTINENTAL

Assorted Donuts **v** 240-500 Cal each Assorted Bagels **v** 290-450 Cal each Orange Juice 120 Cal/8 oz. serving Bottled Water 0 Cal each Starbucks Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving

#### **BOX LUNCH**

Choice of Sandwich accompanied by Chips, Mustard, Mayo, Assorted Craveworthy Cookies and Bottled Water

Choice of Two (2) Sandwiches:

Tuna Salad Ciabatta	520 Cal each
Ham and Swiss Sub	400 Cal each
Turkey and Swiss Sandwich	520 Cal each
Roasted Pepper and Mozzarella Ciabatta V EW PF	500 Cal each
Potato Chips v	100-160 Cal each
Assorted Craveworthy Cookies <b>v</b>	210-260 Cal each
Bottled Water	0 Cal each

## **MID-DAY MUNCHIES**

Tortilla Chips v 260 Cal/3 oz. serving Choice of Two (2) Salsas: Salsa Roja **v** 20 Cal/1 oz. serving Salsa Verde vg 5 Cal/1 oz. serving Pico De Gallo vg 5 Cal/1 oz. serving Assorted Whole Fruit VG EW PF 45-100 Cal each Assorted Craveworthy Cookies v 210-260 Cal each **Bottled Water** O Cal each Starbucks Coffee. Decaf and Hot Tea O Cal/8 oz. serving

\*All packages include necessary accompaniments and condiments.

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.





## **BREAKFAST**

## **BREAKFAST COLLECTIONS**

All prices are per person and available for 15 guests or more. All appropriate condiments included.

## **BASIC BEGINNINGS \$9.49**

Choice of One (1) Breakfast Pastry:

Assorted Danish v

Assorted Muffins v

380-550 Cal each
Assorted Scones v

400-440 Cal each
Assorted Bagels v

290-450 Cal each
Croissants v

370 Cal each
Bottled Water

0 Cal each
Starbucks Coffee, Decaf and Hot Tea

#### **MINI CONTINENTAL \$11.79**

Miniature Muffins V 80-120 Cal each
Miniature Danish V 140-170 Cal each
Miniature Bagels V 110-160 Cal each
Seasonal Fresh Fruit Platter VG PF 35 Cal/2.5 oz. serving
Bottled Water 0 Cal each
Starbucks Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving

#### **NEW YORKER \$16.59**

Bagels **v** 290-450 Cal each

Smoked Salmon Platter with Hard-Boiled Eggs, Sliced Tomato, Cucumber, Slivered

Red Onion and Cream Cheese 120 Cal/3.25 oz. serving

Seasonal Fresh Fruit Platter **VG PF**Assorted Juice
Bottled Water
Starbucks Coffee, Decaf and Hot Tea

35 Cal/2.5 oz. serving
110-170 Cal/8 oz. serving
0 Cal each
0 Cal/8 oz. serving

## A LA CARTE BREAKFAST

Buttery Croissants Served with Butter and Jam

\$3.19 Per Person 370 Cal each

Cinnamon Rolls **V \$3.19 Per Person** 350 Cal each

Assorted Donuts **▼ \$20.89 Per Dozen** 240-500 Cal each

Assorted Pastries **V \$3.19 Per Person** 210-530 Cal each

Seasonal Fresh Fruit Platter vg PF \$4.19 Per Person 35 Cal/2.5 oz. serving

Joe's Vegan Breakfast Breads vs \$16.29 220 Cal/slice

## **BREAKFAST**

## **HOT BREAKFAST**

All prices are per person and available for 15 guests or more. All appropriate condiments included.

## **AMERICAN BREAKFAST \$17.29**

Choice of One (1) Breakfast Pastry:	
Assorted Danish <b>v</b>	250-420 Cal each
Assorted Muffins <b>v</b>	380-550 Cal each
Assorted Scones <b>v</b>	400-440 Cal each
Assorted Bagels <b>v</b>	290-450 Cal each
Croissants <b>v</b>	370 Cal each
Breakfast Potatoes <b>v</b>	120-140 Cal/3 oz. serving
Crisp Bacon	60 Cal each
Breakfast Sausage	120-180 Cal each
Cage-Free Scrambled Eggs <b>v</b>	180 Cal/4 oz. serving
Bottled Water	0 Cal each
Starbucks Coffee. Decaf and Hot Tea	0 Cal/8 oz. serving

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Seasonal Fresh Fruit Platte	er <b>VG PF</b>	35 Cal/2.5 oz. serving
Breakfast Potatoes <b>v</b>		120-140 Cal/3 oz. serving
Choice of Two (2) Sunrise	Breakfast Sandwiches:	
Egg and Cheese English	Muffin <b>v</b>	270 Cal each
Egg and Cheese Croissa	int	370 Cal each
Sausage, Egg and Chees	se Biscuit	490 Cal each
Ham, Egg and Cheese B	iscuit	450 Cal each
Bacon, Egg and Cheese	Bagel	410 Cal each
Spicy Bacon, Egg, Potat	o and Cheese Burrito	600 Cal each
Spicy Veggie Sausage B	Biscuit with Maple Sriracha	Syrup VPF 440 Cal each
Spicy Southern Chicken	Biscuit with Maple Srirach	a Syrup 560 Cal each
Everything Salmon Bisco	uit with Smoked Salmon,	
Cream Cheese, Cucumb	er and Hard-Boiled Egg	
on a Everything-Spiced	Biscuit	370 Cal each
Bacon, Lettuce, Tomato	, Avocado and Egg Bagel	420 Cal each

#### TACOS EOD RDEAKEAST \$16 00

Starbucks Coffee, Decaf and Hot Tea

**Bottled Water** 

TACOS FOR BREAKFAST \$10.33	
Seasonal Fresh Fruit Platter <b>VG PF</b>	35 Cal/2.5 oz. serving
Flour Tortilla - 6" <b>vg</b>	90 Cal each
Corn Tortilla - 6" <b>vg</b>	35 Cal each
Scrambled Eggs <b>v</b>	140 Cal/4 oz. serving
Bacon and Eggs Scramble	140 Cal/4 oz. serving
Sauteed Peppers and Onions <b>vg</b>	40 Cal/2 oz. serving
Shredded Cheddar Cheese v	110 Cal/1 oz. serving
Hashbrown Potatoes <b>v</b>	120 Cal/3 oz. serving
Guacamole <b>vG</b>	100 Cal/4 oz. serving
Choice of Two (2) Salsas:	
Salsa Verde <b>v</b> g	5 Cal/1 oz. serving
Salsa Roja <b>v</b> g	10 Cal/1 oz. serving
Pico De Gallo <b>vg</b>	5 Cal/1 oz. serving
Sour Cream <b>vg</b>	120 Cal/1 oz. serving
Bottled Water	0 Cal each
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

Egg Whites, Turkey Bacon and Turkey Sausage are Available Upon Request -Nominal Fee May Apply

\*All packages include necessary accompaniments and condiments.

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

O Cal each

0 Cal/8 oz. serving



## **BREAKFAST**

## **BREAKFAST ENHANCEMENTS**

All prices are per person and available for 15 guests or more.

#### **YOGURT PARFAITS \$5.29 PER PERSON**

Choose Your Favorite:

Blueberry Orange Yogurt Parfait **v** 390 Cal each Apple, Raisin and Cranberry Yogurt Parfait **v PF** 400 Cal each Honey Ginger Pear Yogurt Parfait **v PF** 450 Cal each Strawberry Yogurt Parfait **v** 360 Cal each

## **OATMEAL BAR \$5.79 PER PERSON**

Oatmeal <b>v</b> c	140 Cal/8 oz. serving
Honey <b>v</b>	40 Cal/0.5 oz. serving
Maple Syrup <b>vg</b>	70 Cal/1 oz. serving
Dried Cranberries <b>vg</b>	50 Cal/0.5 oz. serving
Raisins <b>v</b>	40 Cal/0.5 oz. serving
Brown Sugar <b>vg</b>	50 Cal/0.5 oz. serving
Cinnamon Sugar <b>v</b>	30 Cal/0.25 oz. serving
Walnuts <b>v</b>	90 Cal/0.5 oz. serving

## **SENSIBLE SANDWICHES \$7.79 PER PERSON**

Choice of Two (2) Sensible Breakfast Sandwiches:

Spinach and Feta Flatbread Sandwich <b>V EW PF</b>	240 Cal each
Turkey Sausage and Egg White Flatbread EW PF	310 Cal each
Mexican Turkey Bacon Flatbread EW	300 Cal each
Garden Vegetables and Egg on Wheat English Muffin <b>V EW</b>	230 Cal each

Southwest Garden Vegetable, Ham and Egg on a Wheat

English Muffin **EW** 220 Cal each

Turkey Sausage, Cheese and Egg on Wheat English Muffin 260 Cal each Chicken and Spinach English Muffin **EW** 390 Cal each

Croissant with Avocado Smash, Fried Egg and Sriracha

250 Cal each

Vegan Breakfast Toast with Avocado, Just® Egg Scramble,

Radishes, Scallions and Sriracha **vg EW PF** 200 Cal each

Egg Whites, Turkey Bacon and Turkey Sausage are Available Upon Request - Nominal Fee May Apply

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## **SANDWICHES & SALADS**

#### CLASSIC COLLECTIONS

All prices are per person and available for 15 guests or more.

#### **DELI EXPRESS \$15.99**

Build your own Sandwich. Includes Two (2) Side Salads, Chips and Beverages.

Choice of Two (2) Side Salads (pg 10)	20-240 Cal each
Potato Chips <b>v</b>	100-160 Cal each
Assorted Baked Breads and Rolls <b>v</b>	110-230 Cal each
Deli Platter (Sliced Oven-Roasted Turkey,	
Sliced Roast Beef, Deli Ham and Tuna)	50-160 Cal/2 oz. serving
Cheese Tray (Cheddar and Swiss) v	110 Cal/1 oz. serving
Relish Tray (Lettuce, Tomato, Onion, Pickles,	
Pepperoncini) <b>v</b>	10 Cal/1 oz. serving
Assorted Craveworthy Cookies <b>v</b>	210-260 Cal each
Choice of Two (2) Beverages:	

Lemonade 90 Cal/8 oz. serving Iced Tea O Cal/8 oz. serving **Iced Water** O Cal/8 oz. serving

#### **PREMIUM BOX LUNCHES**

#### Thai Beef Salad \$19.39

Flank Steak, Rice Noodles and Vegetables on Greens with Chopped Peanuts and a Thai Vinaigrette 580 Cal/13.8 oz. serving Bakery-Fresh Roll with Butter v 160 Cal each Fresh Fruit Cup VG PF 35 Cal/2.5 oz. serving Dessert of the Week v Calories Vary **Bottled Water** O Cal each

#### Mojito Shrimp Salad \$19.39

Grilled Marinated Shrimp on a Bed of Romaine tossed with Tomato, Jicama, Radish and Mojito Vinaigrette 310 Cal/11.75 oz. serving Bakery-Fresh Roll with Butter v 160 Cal each Fresh Fruit Cup VG PF 35 Cal/2.5 oz. serving Dessert of the Week v Calories Vary **Bottled Water** O Cal each

#### Sesame Tofu Garden Salad \$18.99

Grilled Tofu, Bell Pepper, Carrot and Cucumber on Greens with Vinaigrette v 330 Cal/13 oz. serving Bakery-Fresh Roll with Butter v 160 Cal each Fresh Fruit Cup VG PF 35 Cal/2.5 oz. serving Dessert of the Week v Calories Vary **Bottled Water** O Cal each

## **CLASSIC BOX LUNCH \$14.49**

Your choice of Classic Sandwich served with Mustard, Mayo, Potato Chips, Assorted Craveworthy Cookies and Bottled Water

Choice of One (1) Classic Sandwich (See Below) 130-790 Cal each 100-160 Cal each Potato Chips v Assorted Craveworthy Cookies v 210-260 Cal each **Bottled Water** O Cal each

#### **CLASSIC SELECTIONS SANDWICH BUFFET \$18.59**

Choice of Three (3) Classic Sandwiches and Two (2) Side Salads accompanied by Chips, Mayo and Mustard, Pickles, Assorted Craveworthy Cookies and choice of Two (2) Beverages

Choice of Two (2) Side Salads (pg 10) 20-240 Cal each Dill Pickle Slices vg O Cal/1 oz. serving Potato Chips v 100-160 Cal each Choice of Three (3) Classic Sandwiches 130-790 Cal each Assorted Craveworthy Cookies **v** 210-260 Cal each Choice of Two (2) Beverages:

Lemonade 90 Cal/8 oz. serving Iced Tea 0 Cal/8 oz. serving **Iced Water** O Cal/8 oz. serving

#### **CLASSIC SANDWICH OPTIONS**

(Available Sandwich choices for the Classic Boxed Lunch and Classic Selections Buffet)

Bavarian Ham and Swiss on a Pretzel Roll 500 Cal each Tuna Salad Ciabatta 520 Cal each 520 Cal each Deli Sliced Turkey and Swiss Chicken and Pepper Jack Baguette 640 Cal each Mozzarella & Red Pepper Ciabatta EW PF 500 Cal each

Additional premium box lunch options available upon request! Please contact your catering professional.

## **SANDWICHES & SALADS**

## **CLASSIC COLLECTIONS**

All prices are per person and available for 15 guests or more.

#### **THE EXECUTIVE LUNCHEON \$20.49**

Choice of Three (3) Executive Sandwiches and Two (2) Side Salads accompanied by Chips, Mayo and Mustard, Pickles, Assorted Craveworthy Cookies and choice of Two (2) Beverages

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Choice of Two (2) Side Salads (pg 10)	30-240 Cal each
Dill Pickle Slices vg	0 Cal/1 oz. serving
Potato Chips <b>v</b>	100-160 Cal each
Choice of Three (3) Executive	
Luncheon Sandwiches	310-790 Cal each
Assorted Craveworthy Cookies <b>v</b>	210-260 Cal each
Choice of Two (2) Beverages:	
Lemonade	90 Cal/8 oz. serving
Iced Tea	0 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

## **EXECUTIVE LUNCHEON SANDWICHES**

Ham and Swiss with a Red Onion Apricot Relish

(Available Sandwich choices for The Executive Luncheon Buffet)

Old Bay® Shrimp Roll	320 Cal each
Roast Beef and Fontina Sub	660 Cal each
Grilled Herb Chicken and Asiago with Garlic Aioli	490 Cal each
Italian Sub	600 Cal each
Turkey and Ham Club with Bacon and Ranch	630 Cal each
Vegetarian Shawarma with Harissa Sauce and Vegan	

520 Cal each

420 Cal each

#### SIDE SALAD SELECTIONS

(Included with Deli Express, Classic Selections and The Executive Luncheon Sandwich Buffets)

Mixed Lettuces, Chickpea, Cucumber and Tomato VG EW PF	80 Cal/3 oz. serving
Red-Skinned Potato Salad with Egg, Celery and Spanish Onion ${\bf v}$	240 Cal/4 oz. serving
Fresh Fruit Salad <b>vg PF</b>	35 Cal/2.5 oz. serving
Greek Pasta Salad with Feta <b>v</b>	80 Cal/3 oz. serving
Cilantro Peanut Noodle Salad <b>v</b>	210 Cal/3 oz. serving
Tabbouleh with Ground Bulgur, Tomatoes, Parsley and Scallions <b>vg EW</b>	140 Cal/3.25 oz. serving
Ranch Pasta Salad <b>v</b>	110 Cal/3 oz. serving
Herbed Quinoa Side Salad <b>V PF</b>	110 Cal/3.5 oz. serving
Edamame Salad with Shiitake Mushrooms, Bean Sprouts, Radishes, Scallions, Fresh Basil and Mint Tossed in a Rice Wine Vinegar and Ginger Root Dressing <b>YEW</b>	130 Cal/3 oz. serving

In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

Tzatziki vg EW PF

<sup>\*</sup>All packages include necessary accompaniments and condiments.

<sup>2000</sup> calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

## **THEMED BUFFETS**

All prices are per person and available for 20 guests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

## MEDITERRANEAN TABLE POWERED BY ALLO ALLO \$21.99

Choice of Two (2) Bases:	
Mejadara: Rice and Lentils vg EW PF	120 Cal/4 oz. serving
Mediterranean Salad Mix VG EW PF	15 Cal/2 oz. serving
Hummus <b>vg pf</b>	320 Cal/4 oz. serving
Choice of Two (2) Proteins:	
Baharat Spiced Beef and Chickpeas	160 Cal/4 oz. serving
Zaatar Chicken	280 Cal/4 oz. serving
Falafel <b>vg ew pf</b>	45 Cal each
Choice of Three (3) Toppings:	
Carrot Almond Salad vg EW PF	130 Cal/3 oz. serving
Lemon Beet Tahini <b>vg PF</b>	220 Cal/4 oz. serving
Kale Tabbouleh <b>vg ew PF</b>	60 Cal/2 oz. serving
Cucumber Tomato Salad VG EW PF	40 Cal/4 oz. serving
Baba Ghanoush <b>vg PF</b>	90 Cal/4 oz. serving
Choice of Two (2) Sauces:	
Garlic White Sauce <b>v</b>	110 Cal/1 oz. serving
Lemon Tahini Dressing <b>vg</b>	100 Cal/1 oz. serving
Harissa Sauce <b>vG</b>	70 Cal/1 oz. serving
Choice of Two (2) Garnishes:	
Feta Cheese Crumbles <b>v</b>	80 Cal/1 oz. serving
Sumac Onions <b>vg</b>	10 Cal/1 oz. serving
Dolma <b>v</b> g	45 Cal each
Add Pita	
Half Grilled Pita EW	250 Cal each
Choice of One (1) Dessert:	70.01
Baklava <b>v</b>	70 Cal each
Assorted Craveworthy Cookies <b>v</b>	210-260 Cal each

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Garden Fresh Mixed Greens <b>v</b> s	15 Cal/3 oz. serving
Sliced Red Onions vo	10 Cal/1 oz. serving
Tomatoes vg	10 Cal/1 oz. serving
Cucumbers <b>v</b> <sub>G</sub>	5 Cal/1 oz. serving
Shredded Carrots <b>vg</b>	10 Cal/0.5 oz. serving
Shredded Cheese <b>v</b>	60 Cal/0.5 oz. serving
Roasted Chickpea <b>vg</b>	100 Cal/2 oz. serving
Sliced Grilled Chicken	160 Cal/3 oz. serving
Diced Ham	80 Cal/2 oz. serving
Ranch Dressing <b>v</b>	200 Cal/2 oz. serving
Italian Dressing <b>v</b>	80 Cal/2 oz. serving
Croutons <b>v</b>	60 Cal/0.5 oz. serving
Bakery-Fresh Rolls with Butter <b>v</b>	160 Cal each
Soup Du Jour	140-240 Cal/8 oz. serving
Assorted Craveworthy Cookies <b>v</b>	210-260 Cal each

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Traditional Potato Salad <b>v</b>	240 Cal/4 oz. serving
Fresh Country Coleslaw <b>V EW</b>	170 Cal/3.5 oz. serving
Home-Style Kettle Chips <b>v</b>	190 Cal/1.25 oz. serving
Grilled Hamburgers with Buns	330 Cal each
Vegetarian Burger <b>V PF</b>	170 Cal each
Hot Dogs with Buns	310 Cal each
Garnish Tray (Lettuce, Onions, Pickles	
and Tomatoes) <b>vg</b>	0-10 Cal/1 oz. serving
Assorted Craveworthy Cookies <b>v</b>	210-260 Cal each
Bakery-Fresh Brownies <b>v</b>	250 Cal/2.25 oz. serving
Add on Grilled Chicken Breast for an Additional Fee	160 Cal/3 oz. serving



## **THEMED BUFFETS**

All prices are per person and available for 20 guests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

Romaine Lettuce Salad <b>vg</b>	5 Cal/0.25 oz. serving
Avocado Ranch Dressing <b>v</b>	90 Cal/1 oz. serving
Choice of One (1) Rice:	55 55, 1 55,
Cilantro Lime White Rice vo	120 Cal/3 oz. serving
Cilantro Lime Brown Rice VG EW	140 Cal/3.5 oz. serving
Mexican Rice vo	130 Cal/3 oz. serving
Charro Beans <b>vg ew pf</b>	80 Cal/3 oz. serving
Choice of Three (3) Proteins:	
Braised Chicken	180 Cal/3 oz. serving
Braised Beef	160 Cal/3 oz. serving
Roasted Portobello Mushrooms <b>vg EW</b>	20 Cal/2.25 oz. serving
Citrus Braised Pork	580 Cal/3 oz. serving
Vegan Chorizo <b>v</b>	150 Cal/2 oz. serving
Guacamole <b>v</b> g	40 Cal/1.33 oz. serving
Choice of Two (2) Salsas:	
Pico De Gallo <b>vg</b>	10 Cal/1 oz. serving
Salsa Verde <b>v</b> g	5 Cal/1 oz. serving
Salsa Roja <b>v</b> g	20 Cal/1 oz. serving
Dulce De Leche Brownie <b>v</b>	220 Cal/2.25 oz. serving

ASIAN ACCENTS \$24.99	
Peanut Lime Ramen Noodles <b>v</b>	210 Cal/3 oz. serving
Egg Rolls	180 Cal each
Choice of Two (2) Dipping Sauces:	
Sweet Soy Sauce <b>v</b>	50 Cal/1 oz. serving
Sweet and Sour Sauce <b>vg</b>	40 Cal/ 1 oz. serving
Chili Garlic Sauce <b>vg</b>	40 Cal/1 oz. serving
Choice of One (1) Rice:	
White Rice <b>vg</b>	130 Cal/3 oz. serving
Vegetable Fried Rice	130 Cal/3 oz. serving
Steamed Brown Rice <b>VG EW</b>	210 Cal/5.5 oz. serving
General Tso's Chicken	370 Cal/8 oz. serving
Teriyaki Salmon with Lemon Green Beans EW	140 Cal/3 oz. serving
Fortune Cookies	20 Cal each

## THEMED BUFFETS

All prices are per person and available for 20 guests or more. Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

# BUILD YOUR OWN BITE SIZED SOUTHERN BBQ \$22.79

Fresh Country Coleslaw <b>V EW</b>	150 Cal/3 oz. serving
Collard Greens	90 Cal/3 oz. serving
Vegetarian Baked Beans <b>VG PF</b>	220 Cal/4 oz. serving
Macaroni and Cheese <b>v</b>	250 Cal/4 oz. serving
Hush Puppies <b>v</b>	70 Cal each
Choice of Two (2) Pulled Meats:	
Pulled BBQ Chicken	170 Cal/3 oz. serving
Cilantro-Lime Pulled Chicken	170 Cal/3 oz. serving
Pulled BBQ Pork	290 Cal/3 oz. serving
Anise Herbed Pulled Pork	220 Cal/3 oz. serving
Slider Buns <b>v</b>	80 Cal each
Assorted Craveworthy Cookies <b>v</b>	210-260 Cal each
Bakery-Fresh Brownies <b>v</b>	250 Cal/2.25 oz. serving

## **NORTHERN ITALIAN BUFFET \$24.99**

Mediterranean Salad with a Greek Vinaigrette <b>v</b>	110 Cal/3.25 oz. serving
Garlic Breadsticks <b>v</b>	110 Cal each
Roasted Mushrooms <b>vg EW PF</b>	90 Cal/3 oz. serving
Grilled Lemon Rosemary Chicken EW	130 Cal/3 oz. serving
Shrimp Scampi	100 Cal/3 oz. serving
Vermicelli Pasta <b>v</b>	140 Cal/3.25 oz. serving
Choice of Sauce:	
Marinara	40 Cal/3 oz. serving
Alfredo Sauce	90 Cal/c oz. serving
Pesto	120 Cal/3 oz. serving
Berry Panna Cotta	340 Cal/5 oz. serving

## **CLASSIC PIZZA \$20.19**

Classic Garden Salad with Fresh Seasonal

Vegetables and Balsamic Vinaigrette and Ranch

Home-Style Kettle Chips VG EW PF

Traditional New York-Style Cheese Pizza Slices V

Meat Lover's Pizza Slices

Garden Vegetable Pizza Slices V EW

Assorted Craveworthy Cookies V

Bakery-Fresh Brownies V

50 Cal/3.5 oz. serving

190 Cal/1.25 oz. each

250 Cal/slice

460 Cal/slice

460 Cal/slice

370 Cal/slice

210-260 Cal each

250 Cal/2.25 oz. serving

\*All packages include necessary accompaniments and condiments.

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.



## **CREATE YOUR OWN BUFFET**

Customize Your Own Buffet: Select (1) Starter, (1) Entrée, (2) Sides and (1) Dessert. Served with Assorted Rolls and Butter and choice of Beverages. Pricing is based on entrée selection.

BUFFET STARTERS	
Classic Garden Salad with Balsamic Vinaigrette and Ranch <b>vg EW PF</b>	50 Cal/3.5 oz. serving
Classic Caesar Salad	170 Cal/2.7 oz. serving
Greek Salad with Crumbled Feta <b>v</b>	110 Cal/3.25 oz. serving
Crudités with Tzatziki Sauce <b>V EW PF</b>	40 Cal/5 oz. serving
Antipasto Platter with Crostini	260 Cal/5 oz. serving
Seasonal Fresh Fruit Salad <b>VG PF</b>	35 Cal/2.25 oz. serving

BUFFET ENTREES	
Asiago Chicken in a Roasted Red Pepper Sauce <b>\$25.99</b>	300 Cal/5 oz. serving
Honey Mustard Pork Loin <b>EW \$23.79</b>	270 Cal/4 oz. serving
Moroccan Grilled Salmon \$27.99	130 Cal/2.75 oz. serving
Beef Tenderloin and Mushroom Ragout \$31.49	290 Cal/7.65 oz. serving
Asian Marinated Steak \$29.79	190 Cal/3 oz. serving
Quinoa Cake Topped with Tomato Chutney <b>vg PF</b> \$23.19	280 Cal/4.25 oz. serving
Vegan Chorizo Stuffed Portobello Cap <b>vg PF</b> \$23.19	320 Cal each

BUFFET SIDES	
Pan Roasted Vegetables <b>V PF</b>	45 Cal/3 oz. serving
Zucchini, Tomato and Squash Blend <b>vg EW PF</b>	40 Cal/3.5 oz. serving
Chili-Garlic Green Beans EW PF	60 Cal/4 oz. serving
Roasted Brussels Sprouts with Garlic and Panchetta	80 Cal/4 oz. serving
Garlic Spinach and Kale <b>VG PF</b>	60 Cal/3.25 oz. serving
Buttermilk Mashed Potatoes <b>v</b>	120 Cal/3.75 oz. serving
Oven-Roasted Fingerling Potatoes ${\bf v}$	130 Cal/3.5 oz. serving

BUFFET FINISHES	
New York-Style Cheesecake	440 Cal/slice
Dulce De Leche Brownie <b>v</b>	230 Cal/2.25 oz. serving
Spiced Carrot Cake <b>v</b>	350 Cal/slice
Chocolate Cake <b>v</b>	340 Cal/slice
Red Velvet Thimble Cake <b>v</b>	90 Cal each
Assorted Craveworthy Cookies <b>v</b>	210-260 Cal each

\*All packages include necessary accompaniments and condiments.

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

# **RECEPTIONS**

## **HORS D'OEUVRES**

Hors d'oeuvres are priced per dozen. As appropriate hors d'oeuvres are accompanied by delicious salsas, chutneys, remoulades and sauces. Contact your catering team to discuss your options.

## **RECEPTION HORS D'OEUVRES (HOT)**

Bacon Wrapped Scallops \$49.99	40 Cal each
Beef Satay \$52.69	35 Cal each
Tandoori Chicken \$36.99	35 Cal each
Coconut Shrimp \$44.99	50 Cal each
Crab Cakes \$49.99	35 Cal each
Brie, Pear & Almond Beggar's Purses v \$35.99	90 Cal each
Boursin Mushroom Pinwheel <b>v</b> \$37.99	70 Cal each
Spanakopita v \$43.99	60 Cal each
Vegetable Samosas vg \$37.99	40 Cal each

## **RECEPTION HORS D'OEUVRES (COLD)**

Tenderloin and Bacon Jam Crostini \$45.99	130 Cal each
Tuna Poke Crisp <b>EW \$48.99</b>	80 Cal each
Ricotta and Fig Flatbread \$30.99	70 Cal each
Traditional Tomato Bruschetta Crostini v \$32.99	50 Cal each
Shrimp Cocktail MARKET PRICE	70 Cal each
Caprese Skewers v \$36.99	40 Cal each

# UNSUREOF HOW MANY ITEMS AND HOW MUCH TO ORDER FOR YOUR RECEPTION?

Contact your catering events specialist to discuss the proper amounts needed for a reception.





## RECEPTIONS

## **RECEPTION PLATTERS AND DIPS**

All prices are per person and available for 20 guests or more.

## **CLASSIC CHEESE TRAY \$5.99 PER PERSON**

Classic Sliced Cheese Tray with Swiss, Cheddar and Pepper Jack Cheeses served with Crackers, Pita Chips and Crostini **V** 

290 Cal/2.75 oz. serving

# CHEF'S CHOICE CHARCUTERIE BOARD MARKET PRICE PER PERSON

Charcuterie Board

Calories Vary Per Assortment

# BLACK BEAN, CORN AND PICO GUACAMOLE \$50.89 SERVES 12

Black Bean, Corn and Pico Guacamole served with Tortilla Chips **VG PF** 

320 Cal/6.75 oz. serving

#### **HOUSE-MADE SPINACH DIP \$50.89 SERVES 12**

House-Made Spinach Dip served with Fresh Pita Chips **y** 

230 Cal/2.25 oz. serving

#### FLATBREAD CRISPS \$65.99 SERVES 12

Flatbread Crisps served with Hummus, Harissa and Tzatziki **v** 

400 Cal/6.18 oz. serving

\*All packages include necessary accompaniments and condiments.

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

## **RECEPTIONS**

## **CHEF-INSPIRED STATIONS**

Chef-Inspired Stations may require additional fees for a chef attendant. Please contact your catering professional for details. All prices are per person and available for 20 guests or more.

## **DIM SUM \$18.99**

Egg Rolls	180 Cal each
Pot Stickers	45 Cal each
Choice of Two (2) Dipping Sauces:	
Sweet Soy Sauce <b>v</b>	40 Cal/1 oz. serving
Sweet and Sour Sauce <b>v</b> <sub>6</sub>	30 Cal/1 oz. serving
Chili Garlic Sauce <b>v</b>	40 Cal/1 oz. serving
Sweet and Spicy Boneless Chicken Wings	590 Cal/7.5 oz. serving
Gourmet Dessert Bars <b>v</b>	300-370 Cal/2.75-3.25 oz. serving

#### **HAPPY HOUR \$18.99**

Chilled Spinach Dip served with Pita Chips v

Mini Cheesesteak Egg Rolls	180 Cal each
Buffalo Chicken Tenders served with Blue Cheese Dip	560 Cal/6.75 oz. serving
Pretzels Bites with Beer Cheese <b>v</b>	410 Cal each
Assorted Craveworthy Cookies <b>v</b>	210-260 Cal each
Gourmet Dessert Bars <b>v</b>	300-370 Cal/2.75-3.25 oz. serving

230 Cal/2.25 oz. serving

## **SLIDE INTO HOME \$15.49**

Choice of Three (3) Sliders:	
Grilled Veggie Sliders <b>VG EW PF</b>	110 Cal each
Bacon-Blue Meatball Sliders	220 Cal each
Ham and Cheese Sliders	160 Cal each
Spicy Cauliflower Slider VG PF	180 Cal each
Shredded Pork and Slaw Sliders	340 Cal each
Cheeseburger Sliders	260 Cal each
Sriracha Fried Chicken Sliders	390 Cal each

## **BREAKS**

All prices are per person and available for 15 guests or more.

## **SNACK ATTACK \$8.29**

Assorted Chips <b>v</b>	100-160 Cal each
Trail Mix <b>v</b>	290 Cal each
Assorted Craveworthy Cookies <b>v</b>	210-260 Cal each
Bakery-Fresh Brownies <b>v</b>	250 Cal/2.25 oz. serving

## **BREADS AND SPREADS \$9.29**

•	
Tortilla Chips <b>v</b>	260 Cal/3 oz. serving
Pita Chips <b>v</b>	130 Cal/2 oz. serving
Crostini <b>vg EW</b>	40 Cal each
Choice of Four (4) Spreads:	
Korean Roja Guacamole <b>vg PF</b>	90 Cal/2 oz. serving
Ginger Verde Guacamole VG PF	80 Cal/2 oz. serving
Chilled Spinach Dip v	200 Cal/2 oz. serving
Feta and Roasted Garlic Dip <b>v</b>	260 Cal/2 oz. serving
Traditional Hummus <b>VG PF</b>	320 Cal/4 oz. serving
Artichoke and Olive Dip <b>v</b>	140 Cal/2 oz. serving
Seasonal Fresh Fruit Platter <b>VG PF</b>	35 Cal/2.5 oz. serving

## **REV'D UP AND READY TO GO \$8.49**

Chocolate Orange Power Poppers <b>vg</b>	120 Cal each
Fruit Skewers with Yogurt Honey Dip <b>v Ew</b>	90 Cal/6.5 oz. serving
Carrots and Celery Sticks with Ranch Dip VPF	220 Cal/6.5 oz. serving
Granola Bars <b>v</b>	130-250 Cal each

## **EXECUTIVE COFFEE BREAK \$7.09**

Assorted Dessert Bars <b>v</b>	300-360 Cal/2.75 oz. serving
Bakery-Fresh Brownies <b>v</b>	250 Cal/2.25 oz. serving
Starbucks Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving



## **BEVERAGES & DESSERTS**

## **BEVERAGES**

Includes appropriate accompaniments

Starbucks Regular/Decaffeinated Coffee and Hot Water with Assorted Tazo Bags

\$3.69 Per Person 0 Cal/8 oz. serving

Bottled Water \$2.49 Each 0 Cal each

Assorted Pepsi Products & Bubly (Can) \$2.29 Each 0-150 Cal each

Assorted Individual Fruit Juices \$2.59 Each 110-170 Cal each

Sparkling Water \$3.99 Each 0 Cal each

Starbucks Regular Coffee \$26.49 Per Gallon 0 Cal/8 oz. serving

Iced Tea \$25.99 Per Gallon O Cal/8 oz. serving

Lemonade \$25.99 Per Gallon 90 Cal/8 oz. serving

Iced Water \$16.99 Per Gallon O Cal/8 oz. serving

Infused Water \$18.99 Per Gallon

Grapefruit Infused Water

Choice of One (1) Fruit Infused Water:

Lemon Infused Water
Orange Infused Water
Apple Infused Water
Cucumber Infused Water
10 Cal/8 oz. serving
Cucumber Infused Water
10 Cal/8 oz. serving
Cucumber Infused Water

10 Cal/8 oz. serving

## **DESSERTS**

Assorted Blondies v \$3.19 Per Person 240-300/1.875-2.38 oz. serving

Assorted Craveworthy Cookies **v** 

**\$2.19 Per Person** 210-260 Cal each

Bakery-fresh Brownies v

**\$3.19 Per Person** 250 Cal/2.25 oz. serving

Custom Artisan Cupcakes \$27.89 Per Dozen

Chocolate Cupcake with Fudge Icing **v6**Vanilla Cupcake **v**Devil's Food Cupcake **v**380 Cal each
380 Cal each
380 Cal each

New York Cheesecake (Each) v

**\$32.39 Serves 8** 440 Cal/slice

## ORDERING INFORMATION

#### **Lead Time**

Notice of 5 business days is appreciated; however, we will do our best to accommodate all late orders that are received. We appreciate the importance of your function and will do whatever it takes to exceed your expectations.

#### **Extras**

If rental equipment, linens, or service staff are needed, we can take care of it for you with necessary charges. We are delighted to assist you with all of your event needs from rental equipment, linens, florals to service staff and everything in between. - Additional fees may apply

## **Calorie & Nutrition**

The calorie and nutrition information provided is for individual servings, not for the total number of servings on each tray, because serving styles e.g. trays/bowls used vary significantly, in order to accommodate numbers of guests that can range from single digits to thousands. Due to our desire and ability to provide custom solutions, we do not offer standard serving containers. If you have any questions, please contact your catering manager directly.

## Allergen

Please notify catering staff if you have any food allergies or ingredients questions. We rely on our vendors' allergy warnings and ingredient listings. Because ingredient substitutions, recipe revision as well as cross-contact with allergens are possible we cannot guarantee any food item will be completely free of allergens.

**VG** VEGAN

**EW** EAT WELL

**V** VEGETARIAN

PF PLANT FORWARD





## **Contact Us Today**

978.934.6503 catering@uml.edu www.umlcatering.catertrax.com

Prices effective until 07/01/2024 Prices may be subject to change

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