

## ***Background on National Corrections Collaborative***

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CPH-NEW is a NIOSH Center for Excellence in *Total Worker Health*®

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## NCC Symposia: Themes and Objectives



### SECOND NATIONAL SYMPOSIUM for CORRECTIONAL WORKER HEALTH in ST LOUIS, MO SLU Law School 100 N Tucker Blvd, St. Louis, MO 63101



The Center for the Promotion of Health in the New England Workplace (CPH-NEW) in collaboration with Saint Louis University invites you to join correctional leaders, correctional officers (COs), and university researchers to advance research, programs, and policies for correctional officer health and wellness.

### SAVE THE DATE: August 1, 2019 3rd National Symposium on Corrections Worker Health



- Solicitation of interest
- Academic representation
- Introduce research areas to NIJ and NIOSH
- Establish baseline statistics and priorities
- Professionally oriented attendance
- Review of new and cutting edge programs
- Practitioners and best practices
- Review new CO health programs
- Reform initiatives
- Research and practice collaboraitons



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### 2014 Topic Areas

- Fatigue Management
- Work Family Balance
- Juvenile Corrections
- Ergonomic Solutions
- Org Culture Research
- Intervention Effectiveness
- Suicide, Stress, PTSD
- Improving Safety and Fitness
- Roles of NIOSH and NIJ
- Integrated TWH programs

### 2017 Topic Areas

- The *Total Worker Health* approach in corrections
- Interstate comparisons of CO health
- Interventions directed to critical incidents, PTSD, and mental health
- Support CO family life and CO work-life balance
- Peer-to-Peer CO support programs
- EAPs and other services for CO stress
- Labor-management joint problem solving
- Workforce-led efforts to deal with substance misuse

### 2019 Topic Areas

- Applying the Total Worker Health® approach in corrections
- Organizational culture & barriers to wellness
- Mental health, stress & suicide
- Critical Incidents including trauma and assaults in corrections
- Economic impact of worksite wellness
- Labor-management joint approaches to health, safety, & wellness
- National networking & collaboration

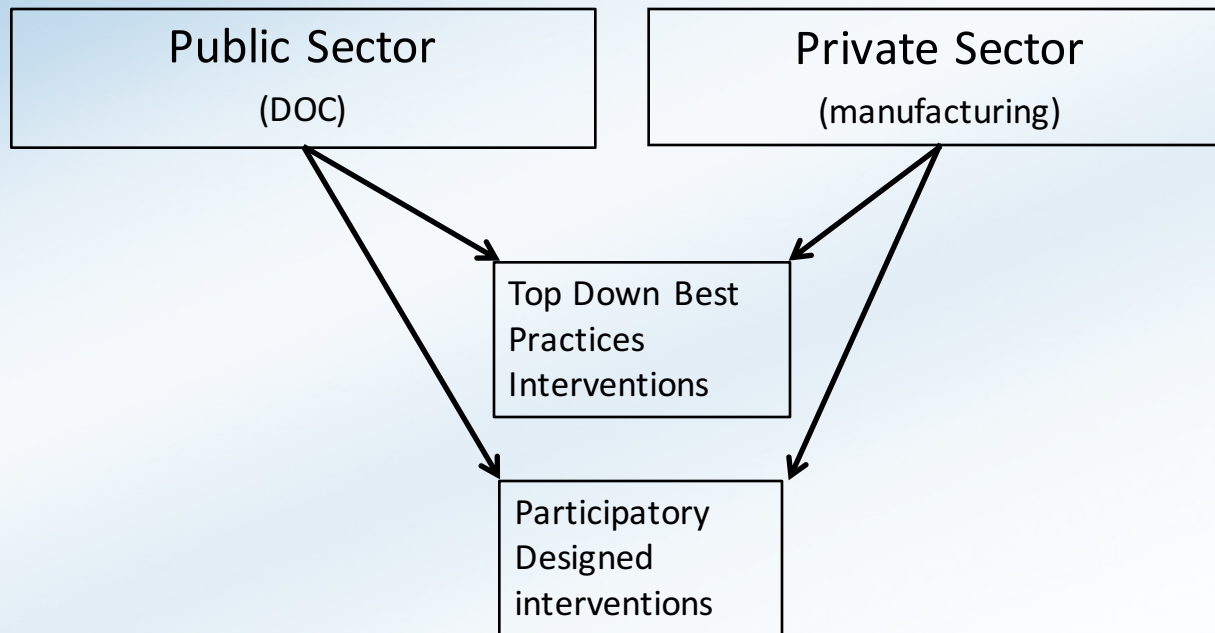


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# Health Improvement through Employee Control (HITEC)



## HITEC at DOC in Connecticut

HITEC 1	2016-2011	Comparison to top-down best practices with participatory action
HITEC 2	2012-2016	Comparison of CO-led Design Team (DT) with labor-management Kaizen Team
HITEC 3	2016-	Union DT-led Interventions (mental health)



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# Participatory Action Research (PAR)

*PAR seeks to understand and improve the world by changing it.*

PAR differs from conventional research in 3 ways.

1. It focuses on research to enable action
2. Power relationships are deliberately shared between the researcher and the **stakeholders**
3. Actively involves **the stakeholders** in the full scope of the research process.



Baum et al. J Epidemiol Community Health. Oct 2006

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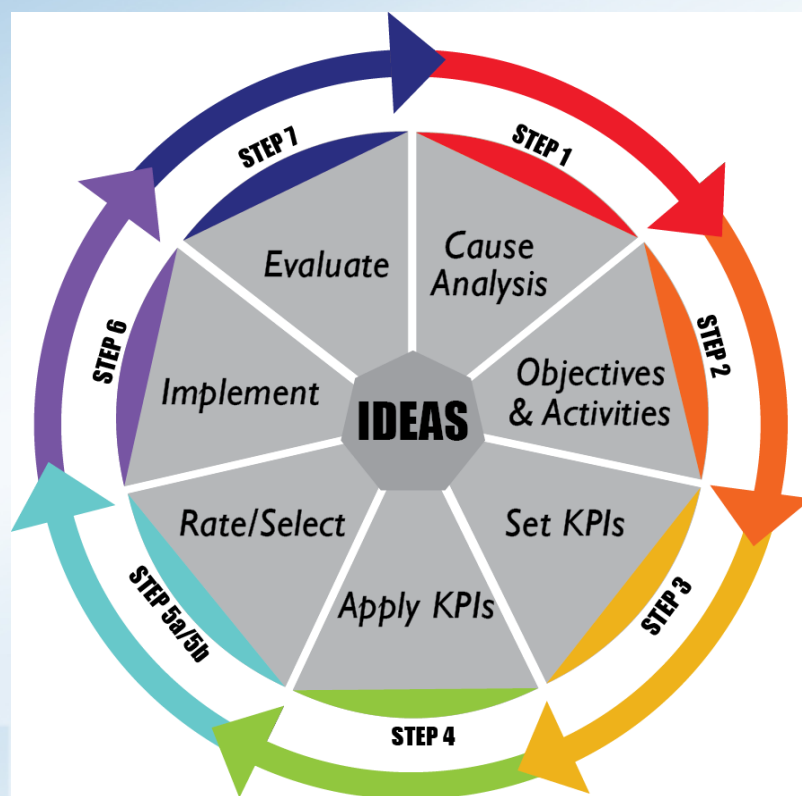
# IDEAS Tool

- HITEC uses the Intervention Design and Analysis Scorecard (IDEAS), a Research-to-Practice (R2P) tool developed by the Center for the Promotion of Health in the New England Workplace (CPH-NEW)
- A 7-step planning process to design interventions
- Examine root causes of safety & health problems
- Develop a “business case” for proposed interventions, which are presented to a **Site Steering Committee**



# Intervention, Design, and Analysis Scorecard: *a participatory intervention planning method*

Designing interventions with IDEAS is an iterative process



## Step 1

Understanding the problem

## Step 2

Creating full set of possible solutions

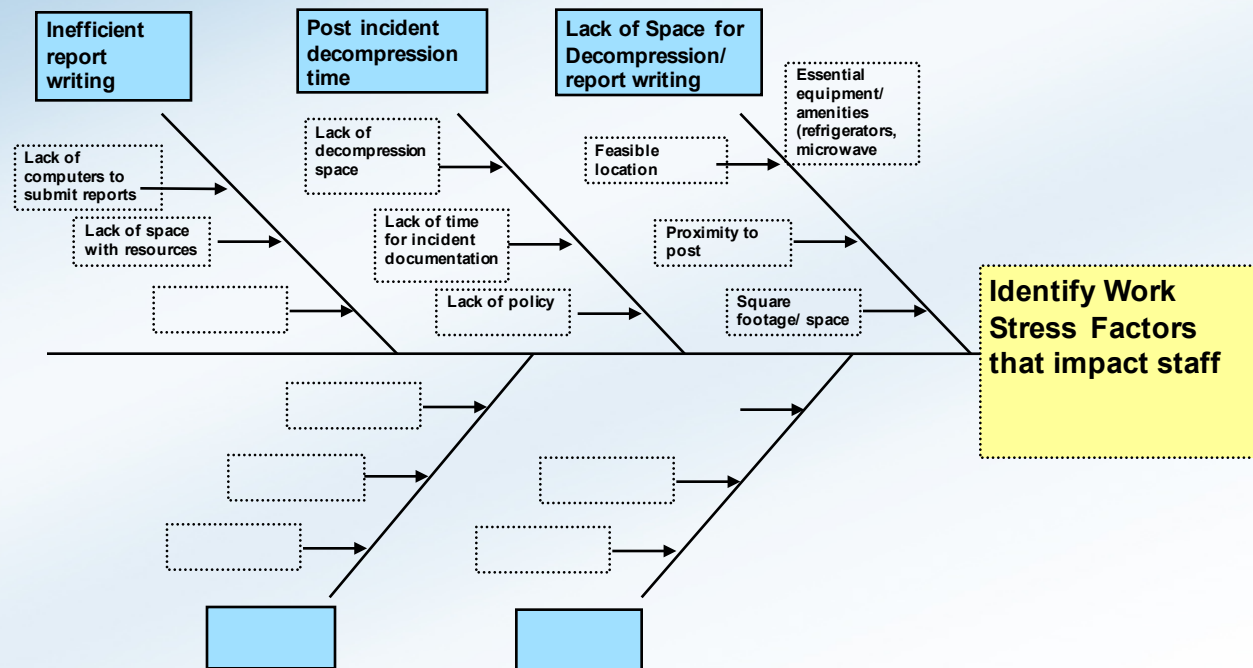
## Steps 3,4

Analyzing costs, benefits, barriers  
Formulate alternatives

## Step 5

Rating, selecting best option

## Step 1: Fishbone Diagram: Identify Health & Safety Problem/Issue and Contributing Factors



## Contacts & Acknowledgements

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### **Healthy Workplace**

### **Participatory Program Website:**

[www.uml.edu/cphnewtoolkit](http://www.uml.edu/cphnewtoolkit)

### **University of Connecticut**

UConn Health, Farmington, CT

UConn Storrs, Mansfield, CT

### **University of Connecticut**

### **CPH-NEW website:**

<http://h.uconn.edu/cph-new>

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