2017 National Symposium on Corrections Worker Health

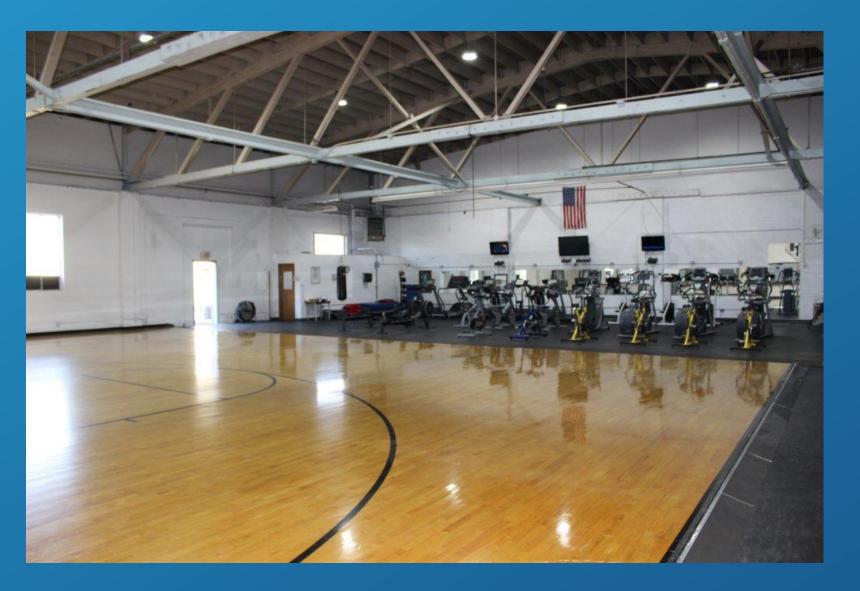
Wellness Presentation Oregon Department of Correction

Oregon State Penitentiary Fitness Center



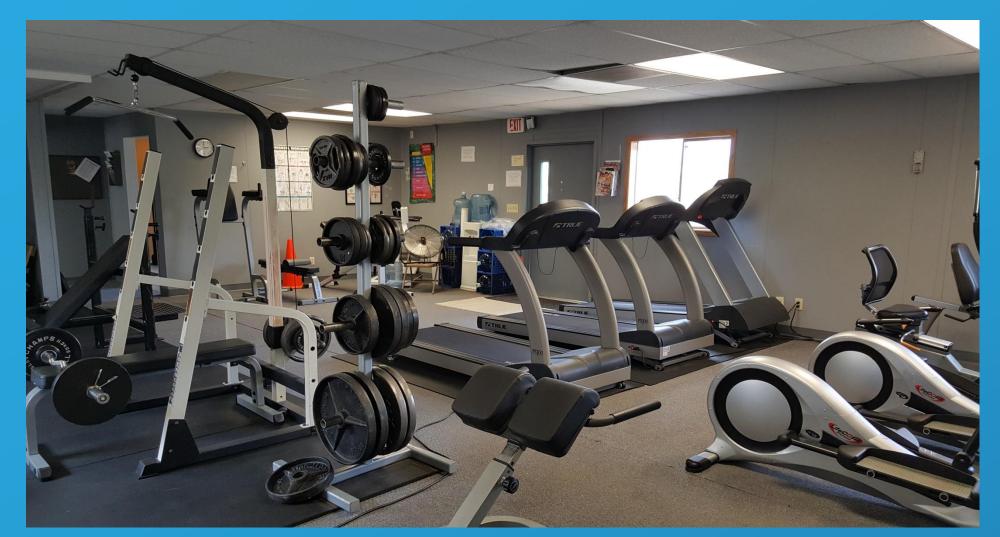








Coffee Creek Correctional Institution







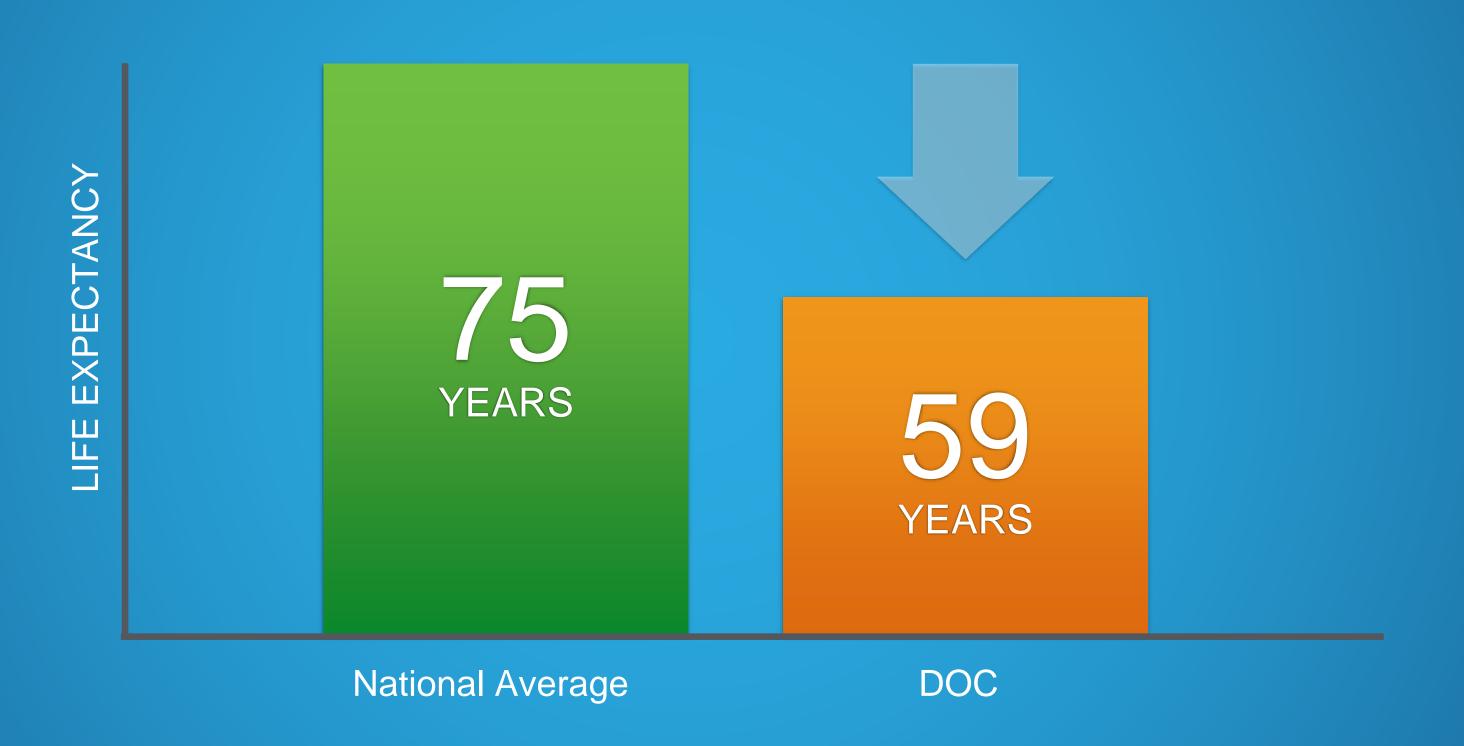




In Warch of 2003, Sgt. Wichael VanPatten attempted to take his own life.

REDUCED LIFE EXPECTANCY

16 YEARS YOUNGER



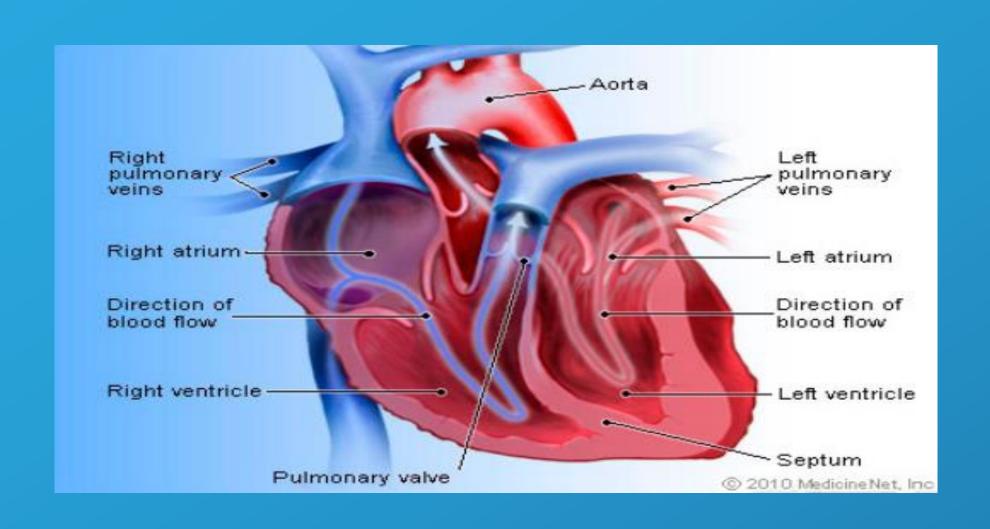
Source: Reducing Staff and Inmate stress. F Cheek; M D S Miller Corrections Today Volume:44 Issue:5 Dated:(October 1982) Pages:72-76, 78





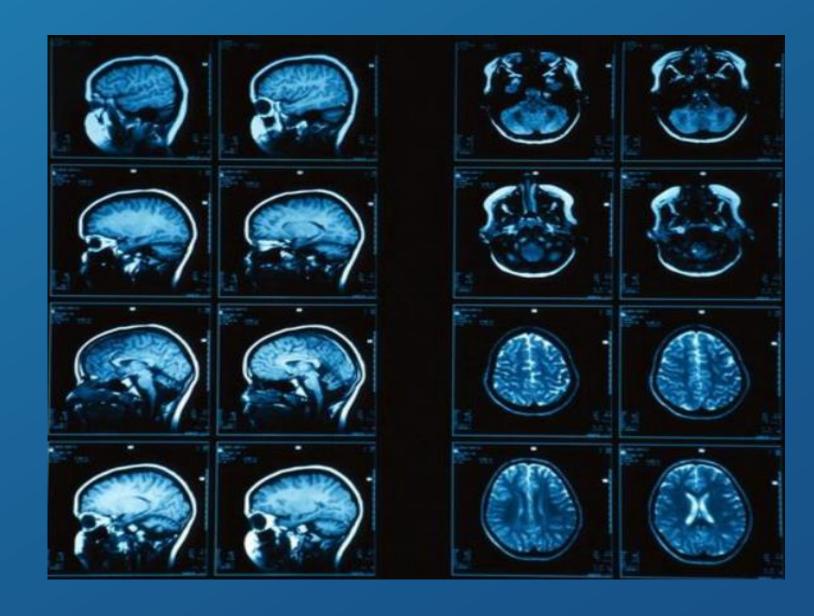


Why Are We Here?









Healthy Team Healthy U Results

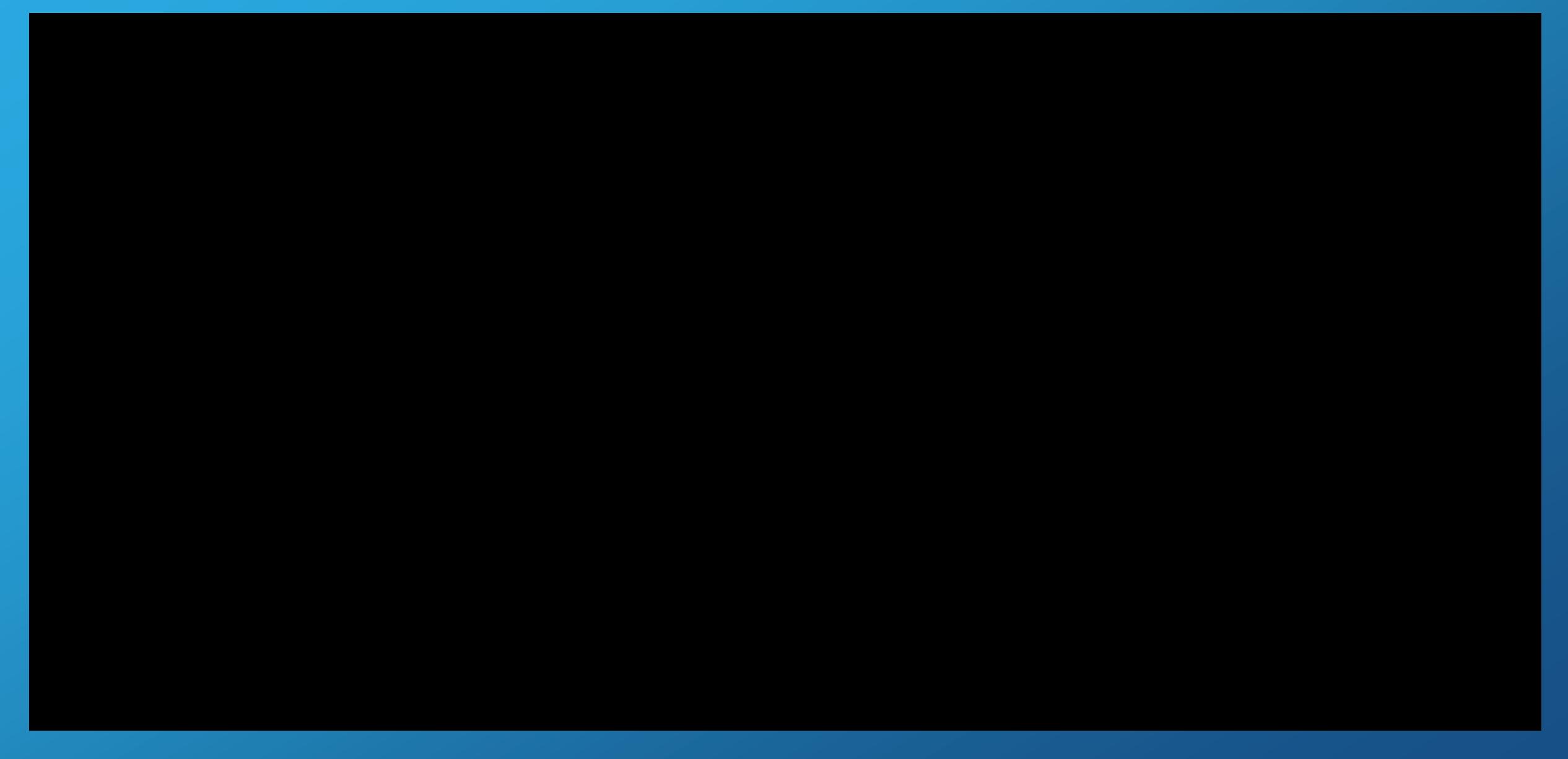
OREGON DEPT OF CORRECTIONS

53.7% participating in HTHU*



n= 2,438 Total HTHU Participants may include some dependents and spouses

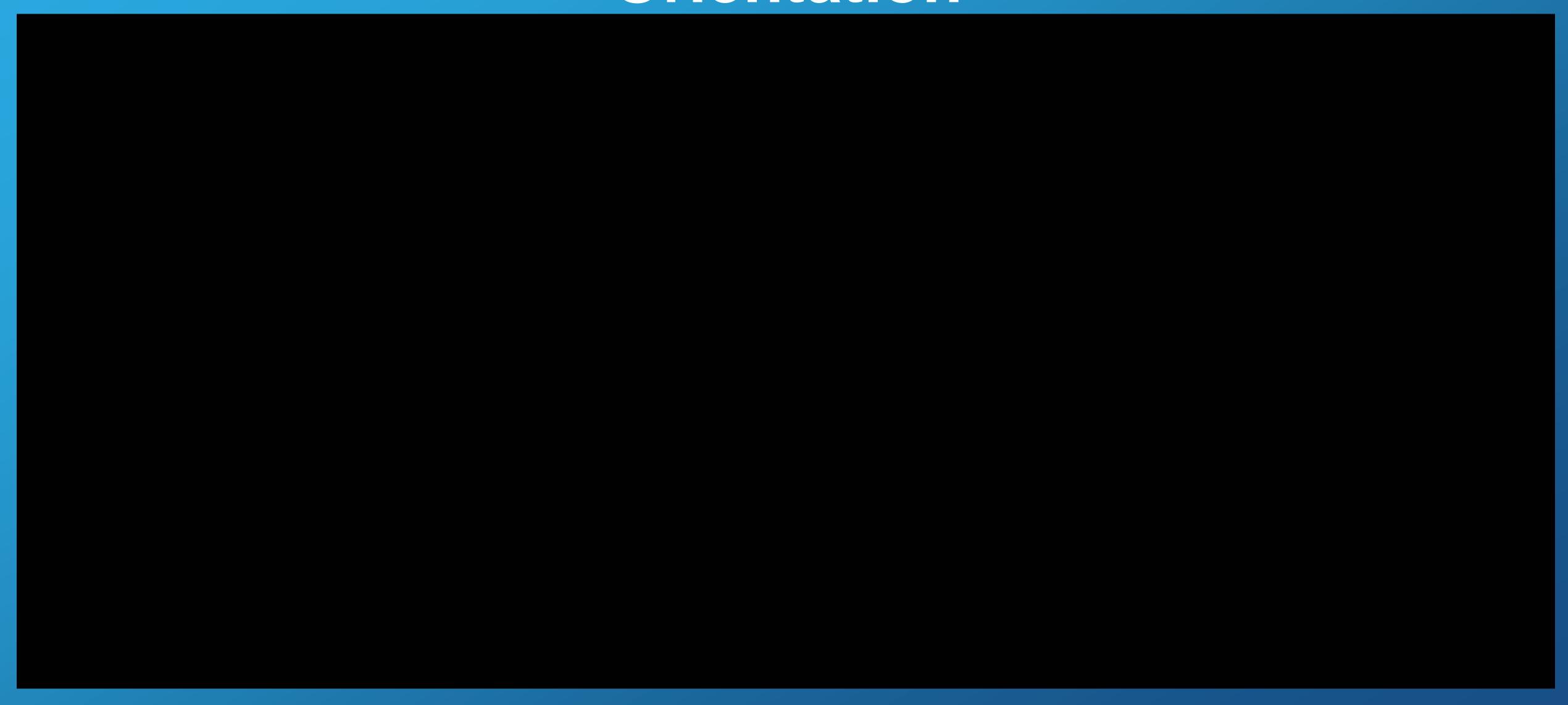
HTHU Testimonial



OSP Correctional Officers VR Meditation



Coffee Creek Correctional Institution Family Orientation



DOC Collaboration



Making justice systems fairer and more effective through research and innovation



Thank You

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