



Welcome to UMass Lowell


Getting Started with UML Email

Faculty and Staff

Step 1 ▶ Log into your email account.

Warning: By accessing this system you acknowledge that your computer complies with the [UMass Lowell Computer and Network Usage Policy.](#)

For login instructions, OWA functionality, and answers to Frequently Asked Questions, visit <http://email.uml.edu>



UMass Lowell Webmail

User Account:

Password:

Client (what's this?)

Premium

Basic

Security (what's this?)

Public or shared computer

Private computer

For more information:

<http://email.uml.edu>

- Go to <http://exchange.uml.edu>.
- Enter your full email address and password in the appropriate fields.

Your email address is in the following format and is based on your official name in the Human Resources system:

Firstname_Lastname@uml.edu

Your initial password can be obtained by contacting the university Help Desk at 978-934-4357. Be prepared to answer some questions to verify your identity.

- Click Logon. You will be prompted to change your email password and log in again.

For security reasons, your password must adhere to the following policy:

- Passwords must have a minimum length of eight (8) characters
- Passwords must include at least 3 out of 4 of the following:
 - Contain at least 1 upper-case character
 - Contain at least 1 lower-case character
 - Contain at least 1 special character (i.e., @!#\$%&*)
 - Contain at least 1 numeric character
- Passwords cannot contain all or part of your email address
- Passwords will expire in 180 days
- Your account will be locked out for 15 minutes after 5 invalid login attempts
- Your password cannot be reused

Getting Help ▶ Contact the Help Desk

Off-Campus: Call the Help Desk at 978 / 934-4357
On-Campus: Call the Help Desk at x4357
Visit: Olsen Hall, First Floor

Please continue to monitor your email as the University sends official communications to your @uml.edu account.