



Pan American
Health
Organization



World Health
Organization
REGIONAL OFFICE FOR THE AMERICAS

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CBPR is a truly participatory approach where academics and community stakeholders respectfully work together and contribute to produce outcomes and solutions beyond the traditional boundaries of academia



CBPR is a powerful tool...

It integrates education and social action to improve health and reduce health disparities

Preventive and Participatory Approaches For Promoting Workers' Health And Wellbeing for Vulnerable Workforces of The Americas

World Day for Safety and Health at Work 2015

Community-Based Participatory Research (CBPR)

Webinar 1: Communities of practice: Successful experiences with participatory methods and strategic alliances to include the socially excluded

Objective: Disseminate effective strategies to improve the quality of life and health for working people in conditions of vulnerability. They include working poor such low wage industrial workers, immigrant workers, informal workers, women, youth, children and the elderly.

Community-Based Participatory Research (CBPR) is...
an approach that equitably involves all partners in the research process and recognizes the unique strengths that each brings

(Minkler and Wallerstein, 2003)

CBPR Core Principles (Barbara Israel)

- 1) Recognizes community as a unit of identity,
- 2) Builds on strengths and resources of the community,
- 3) Facilitates collaborative partnerships in all phases of the research,
- 4) Integrates knowledge and action for mutual benefit of all partners,
- 5) Promotes a co-learning and empowering process that attends to social inequalities,
- 6) Involves a cyclical and iterative process
- 7) Addresses health from both positive and ecological perspectives, and
- 8) Disseminates findings and knowledge gained to all partners.

Don't forget: We first need to adapt the CBPR principles according to the socio-cultural context of the targeted communities.





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CBPR Resources:

Articles

- Israel, B., Schulz, A., Parker, E., Becker, A. (1998). Review of Community-Based Research: Assessing Partnership Approaches to Improve Public Health. *Annual Review of Public Health*, 19, 173-202.
- Wallerstein, N. (2002). Empowerment to reduce health disparities. *Scandinavian Journal of Public Health*, 30: 72-77
- Wallerstein, N., Duran, B. (2006). Using community-based participatory research to address health disparities. *Health Promotion Practice*, 7(3), 312-23.

Books

- Israel, B., Eng, E., Schulz, A., et al., (eds). (2005). *Methods in community-based participatory research for health*. San Francisco, CA: Jossey-Bass.
- Minkler, M. and Wallerstein, N. (eds). (2008). *Community-Based Participatory Research for Health: From Process to Outcomes* (2nd edition). San Francisco, CA: Jossey-Bass.

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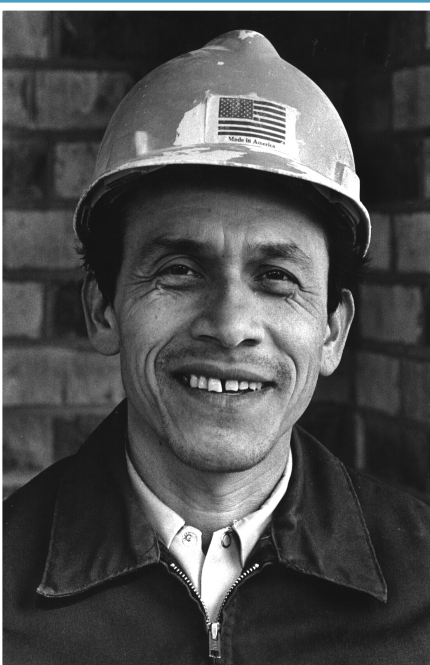
WHO Collaborating
Center in
Occupational Health
USA-269



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World Day for Safety and Health at Work 2015

Community-Based Participatory Research (CBPR)



CBPR has made significant contributions to health disparities research... and offers a great opportunity for promoting health among Latinos/Hispanics living and working in the United States

Visit the Webpage of the
**WHO Collaborating Center
in Occupational Health at
the University of
Massachusetts Lowell**
available at:

<http://www.uml.edu/Research/WHOC/About.aspx>

