Discounts and access to smoking cessation programs available to GIC members in FY2011 (6/30/11-7/1/12). Depending on the plan, certain smoking cessation products may or may not be covered (copays may apply).

Always check with the plan to verify current discounts and/or copay amounts.

**Fallon Community Health Plan**

For more information:
Phone: 866-344-4442
Web: www.fchp.org/gic
Email: QuitToWin@fchp.org (Smoking cessation info)
Phone: 888-807-2908 (Smoking cessation info)

Smoking cessation
Quit to Win helps members develop a stop-smoking plan and gives the tools needed to succeed. Discounts are also provided for nicotine replacement products. Options for counseling include individual telephonic, on-site 10-week group course or community drop-in groups throughout FCHP’s service area.

Cost of nicotine replacement therapy (patches) at discounted prices.

**Health New England**

For more information: contact HNE customer service

Certain HNE wellness programs may be open to non-HNE members – contact HNE customer service for information.

Smoking cessation
HNE members with asthma, diabetes, cardiovascular diseases and/or who are pregnant will be reimbursed $50 for participation for smoking cessation classes that incur a fee.

HNE’s formulary offers coverage of most FDA approved smoking cessation drugs with applicable copay.

In collaboration with the Massachusetts Tobacco Cessation and Prevention Program HNE recommends their website “Make Smoking History.” www.makesmokinghistory.com

**Neighborhood Health Plan wellness programs**

For more information: contact NHP customer service

NHP has produced a number of materials on wellness topics including smoking cessation. Members also have access to NHP on-line interactive health and wellness tools through the Healthwise® Knowledgebase.

Smoking cessation
NHP’s Smoking Cessation Program offers coverage of FDA-approved cessation medication and telephonic support by a Certified Tobacco Treatment Specialist. For members with pharmacy coverage, all FDA-approved cessation medications require a doctor’s prescription. Medications include the nicotine-based patch, gum, lozenge, inhaler, and nasal spray as well as the prescription pills Bupropion and Chantix.

For medications, a 30-day supply is dispensed at one time. Quantity limit of 24 weeks on Chantix. No prior authorizations required. Generic medications dispensed whenever available.

Pharmacy copayments apply.
**Harvard Pilgrim**

**For more information:**
Phone: 617 509 7311
888.737.6278
Web: [www.harvardpilgrim.org/savings](http://www.harvardpilgrim.org/savings)
[www.quitsmart.org](http://www.quitsmart.org) (Smoking cessation)

**Smoking cessation**
See Member Savings.
18% discount on QuitSmart program.

QuitSmart kit includes stop smoking guidebook, hypnosis CD, and cigarette substitute. In 4 studies QuitSmart has produced quit rates of up to 66%. QuitSmart includes the treatments that most smokers want: hypnosis, a cigarette substitute and recommendations for use of medications such as the nicotine patch or Zyban tablet.

**Hypnotherapy**
See Member Savings
For smoking cessation, weight control, stress management & other issues
$95 per session

**Tufts Health Plan**

**For more information:** contact Tufts customer service

**Member Discounts:** Discounts beyond your coverage for doctor's office visits and other care.

**Smoking cessation**
See Member Discounts
30% discount on Workshops at hospitals

**UniCare**

**For more information:** contact UniCare customer service.

**Smoking cessation**
Wellness Tool Kit: Available on UniCareStatePlan.com. Through the member secure portal, members can utilize various online programs which consist of readings and planners such as the Smoking Cessation Program. This resource is highlighted in UniCare's Plan Resources and Discounts flyer which has been available at health fairs and can be mailed directly to the member, as requested, through customer service. This flyer is also included in welcome packages for new members. This year, the flyer will be included in the plan year renewal packages.

Special Offers: UniCare offers discounts to an on-line personal coaching program, [selfhelpworks](http://www.selfhelpworks.com), to support members with tobacco cessation

This resource is highlighted in UniCare's Plan Resources and Discounts flyer which has been available at health fairs and can be mailed directly to the member, as requested, through customer service. This flyer is also included in welcome packages for new members. This year, the flyer will be included in the plan year renewal packages. In addition, this resource is highlighted on the main page of the UniCareStatePlan.com website and is occasionally referenced by customer service when ending a call with a member.

Member pays the discounted cost for the program