Kayak Kids Instructional Program

This clinic combines skill development and environmental education with a boat full of fun! First and foremost, kids will learn how to be safe on the water. They will play games on land and on water as they become masters of their boats. They will leave with self-confidence and lasting memories.

Sessions
Each session lasts three mornings a week.

<table>
<thead>
<tr>
<th>Session Dates</th>
<th>Cost per Child</th>
<th>Deadline for Fee Payment</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday, July 7</td>
<td>$100</td>
<td>Monday, June 30, 2014</td>
</tr>
<tr>
<td>Wednesday, July 9 &amp; Friday, July 11</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tuesday, July 15</td>
<td>$100</td>
<td>Monday, July 7, 2014</td>
</tr>
<tr>
<td>Wednesday, July 16 &amp; Thursday, July 17</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tuesday, July 29</td>
<td>$100</td>
<td>Monday, July 21, 2014</td>
</tr>
<tr>
<td>Wednesday, July 30 &amp; Thursday, July 31</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Hours
Program hours are scheduled each day from 9:00 a.m. – 12:00 p.m. Kids may be dropped off no earlier than 8:45am.

Benefits
- Kayak Skill Development
- Positive Learning Environment
- Confidence on Water
- Kid-Friendly Environmental Education
- Boatloads of Fun!

Kayak Kids Open House
There will be an open house on June 21, 2012 from 9:00am – 12:00pm at the Bellegarde Boathouse. It is recommended that families new to the program attend. This open house will consist of an introduction to the Kayak Center and Staff, overview of policies, land and water activities played together, and opportunities for questions.

Program Staff
Our energetic and well-qualified staff members consist of UMass Lowell Professionals and highly motivated college students. Staff members are trained by certified instructors in kayak skills and safety. They are first aid and CPR/AED certified, and CORI checked. The program is under the management of Rachel Iversen, Outdoor Programs Coordinator at UMass Lowell.
Program Activities
We primarily focus on kayak skills and environmental awareness throughout our program. We utilize experiential activities to develop these areas with each child. We believe that experiential activities are not only more fun, but also engage learners in many different ways (visual, kinesthetic, auditory, etc.) which helps develop strong skills.

Kayak Safety
- Self Rescues: kids will learn how to get to safety when they flip their boat, and how to re-enter a swamped kayak.
- Swimming in a life jacket
- Assisted and team rescues
- Emptying a full/swamped boat
- Identifying and avoiding river hazards

While safety is first and foremost important, it is also fun to flip out of a boat and get back in, especially on hot summer days.

Kayak Skills
- Posture & balance
- Forward, turn, and reverse strokes
- Stopping and Turning
- Edging and Tracking

To learn these skills, we use activities including Boat Tag, bow and relay races.

Environmental Education
- Pollution and Water Quality
- Food Web
- Identifying Indicator Species

Kids will increase their awareness of the interaction between people and our water sources through scavenger hunts, tag games, and other activities.

Registration and Fee Payment
Payment is due the week prior to the program. Acceptable forms of payment: cash, check, or credit card (we do not except AMEX). Checks must be payable to: UMass Lowell Campus Recreation. Registrations are processed on a first-come, first-serve basis. Register online through our website, in-person that the Campus Recreation Center or the Kayak Center.

Cancellation Policy
Notify the Coordinator of cancellation 2 weeks before the scheduled program to receive a full refund.

Forms
There is a packet of forms required for Kayak Kids Summer programs. They can be found on our website. Please make sure they are completed and returned to the Kayak Center, or mail them to:

UMass Lowell Campus Recreation, Attn: Rachel Iversen, 100 Pawtucket St., Lowell, MA 01854.