The Center for the Promotion of Health in the New England Workplace (CPH-NEW)

A joint initiative of the University of Massachusetts Lowell and the University of Connecticut to advance Total Worker Health™

Many working Americans are seeing a decline in their health due to work related factors such as sedentary work, high levels of stress, exposure to safety hazards, or poor ergonomics. Having injuries and poor health in the workplace is costly to businesses and to society. Understanding how to protect and promote health in the workplace is vital for American families and the economy.

CPH-NEW is an academic research and innovation center dedicated to developing new ways to ensure the safety and health of workers. Center faculty and students engage with employers and public health partners to help make workplaces safe and health-promoting by design. CPH-NEW is a CDC Total Worker Health™ Center for Excellence funded by the National Institute for Occupational Safety and Health.

Who We Are:

• **26** academic research faculty and staff from the University of Massachusetts Lowell and the University of Connecticut
• **110** Master and Doctoral students who assist with Center research activities
• Affiliated researchers who collaborate to advance knowledge transfer
• Research and industry leaders who serve as advisors
CPH-NEW is Advancing Science:

- Since 2006, CPH-NEW has delivered more than 180 presentations at scientific conferences and meetings.
- More than 100 scientific journal articles have been published.
- Over 200 people have attended or participated in the CPH-NEW annual Research to Practice Forum.
- The CPH-NEW pilot grant program awards junior faculty small grants to conduct NIOSH Total Worker Health™ related projects. To date a total of $129,376 has been awarded to 10 institutions.
- Over 100 students have used CPH-NEW data for capstone, thesis and dissertation work. High student participation contributes simultaneously to knowledge advancement and scientific workforce development.

CPH-NEW is Advancing Health & Safety in the Workplace:

- The Healthy Workplace Participatory Program website has been visited 5,599 times. A comprehensive toolkit is available for engaging employees in the planning and design of workplace safety, health, and well-being initiatives.
- Since 2011, over 750 health professionals and researchers have participated in our educational webinars.
- CPH-NEW has engaged over 1,043 employers in assessing health promotion and protection practices. Workplace changes have included healthier food and exercise programs, ergonomics training, better management of indoor air quality and temperature, and preventive stress reduction through improved work load management and communication systems.

CPH-NEW is Educating the Public:

- CPH-NEW has a quarterly newsletter. Since 2012, newsletters have been sent to over 1,300 subscribers in U.S. industry, government, academia.
- On the Center’s website, 42 “News and Views” topic briefs have been published with 766 visits since 2012.