Introducing the NEW Healthy Workplace Toolkit

The heart of the program is a seven-step planning tool called IDEAS—Intervention Design and Analysis Scorecard. This tool helps front-line employees develop a comprehensive business case that analyzes costs, benefits and barriers for each proposed intervention. Worksheets and quick reference guides walk you through each step in the process.

The toolkit provides a systematic approach and framework for implementing health, safety and wellness programs in your organization. All materials were field tested by university researchers in New England employer organizations.

Benefits

- **Better program participation**—Research shows that the toolkit materials enhance employee participation, a key to building successful and sustainable programs.

- **More effective programs and policies**—Employees engaged in designing a healthier workplace often know how to target activities that matter most.

- **Enhanced communication, teamwork and stress control**—Program tools promote collaboration and decision-making between all levels of the organization.

www.uml.edu/cphnewtoolkit

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_CPH-NEW is a Total Worker Health™ Center for Excellence._