

Approaches to Sustainable Regional Development: Supporting Public Health and a  
Healthy Society

Abstract Submission for Review

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## Using a Health Belief Model in Teaching Preventive Health Care Principles to Israeli RNs

The health of the individual and aggregate groups within a given community is dependent on convincing individuals that they are at risk for specific health problem(s). In addition these individual or groups must be willing to adhere to long-term behavioral compliance in order to reduce their risk as well as to maintain a specified level of wellness. Health care practitioner as well as others must be able to assess the individuals health concerns, susceptibility, and believe that specific interventions, which are cost effective, can reduce the health threat. The purpose of this paper will be to explore instructional methods that can be utilized by faculty to teach practitioners how to apply a Health Belief Model (HBM) in a practice setting. The instructional methods for teaching and applying of the health belief model in practice will be based upon how Israeli registered nursing students assimilated HBM models/principles into their clinical practice. Included will be strategies to engage students in applying Health Belief Models or principles in clinical practice, current research on the effectiveness of health belief models for long-term compliance, and cultural variances in determining health outcomes.

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