



Rowing Program Registration

Summer 2009

Dear Participants:

We are excited to offer the following summer rowing programs. Please *circle* the rowing program below that interests you. **Registrants must include an email address (on next page).**

Learn to Row 1 – Meeting Times 6:00pm – 8:00pm – Price \$150 Per Term

Term 1 Mondays and Wednesdays May 19 - June 4

Term 3 Mondays and Wednesdays June 29 - July 15

Term 2 Mondays and Wednesdays June 8 - June 24

Term 4 Mondays and Wednesdays July 20 - August 5

Learn to Row 2 – Meeting Times 6:00pm – 8:00pm – Price \$150 Per Term

Term 1 Tuesdays and Thursdays June 9 - June 25

Term 3 Tuesdays and Thursdays July 21 - August 6

Term 2 Tuesdays and Thursdays June 30 - July 16

Adult Sweep – Meeting Times 5:30pm – 7:30pm – Price \$300

Tuesdays and Thursdays June 30 - August 13

Collegiate Summer Rowing – Meeting Times 6:00am – 7:30am – Price \$200

Term 1 Mondays, Wednesdays, and Saturdays June 8 – July 3

Term 2 Monday, Wednesdays, and Saturdays July 6 – August 1

Youth Summer Rowing (13-18yrs) – Meeting Times 8:30am – 11:30am – Price \$150

Term 1 Monday - Thursdays July 6 - July 9

Term 3 Monday - Thursdays July 20 - July 23

Term 2 Monday - Thursdays July 13 - July 16

All programs will be held at the UMass Lowell Boathouse. **Refunds will not be given after the session begins. Attendance at the first session is Mandatory.**

UMass Lowell Summer Rowing Important Information:

The First Session:

The first session of Learn to Row will be at the UMass Lowell Campus Recreation Center. This session will include: Watching the US Rowing Safety video, completing the Water Safety Certification Test that certifies that you can swim and stay afloat for 10 minutes. Please bring change of clothing and towel.

Clothing:

You should wear clothing that is similar to cycling or running. The boats have built in shoes so you can wear sandals or other footwear. Hat, sunglasses, and sunscreen are also highly recommended.

Weather:

Classes always meet at the scheduled time at the boathouse. In case of inclement weather, a land workout will replace the rowing.

Questions: Contact Veronika Platzer at: Veronika_Platzer@uml.edu

~Please keep this first page for your records~



Rowing Program Registration

Summer 2009

Participant's Name: _____

Parent's Name (if under the age of 18): _____

Address: _____

Phone #: _____ Age: _____ Gender: _____

Email Address (required): _____

Please circle the program below you would like to participate in:

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Special Instructions (i.e. pertinent medical history, siblings also in program, car pooling, etc.):

I understand that participating in the UMass Lowell Community Rowing Program is purely voluntary and that neither the Department of Athletics nor the University of Massachusetts Lowell assumes the responsibility for any injury sustained through my or my child's participation. I am aware of the risks inherent in participation in this type of physical activity and agree that it is my responsibility to determine whether or not I or my child is physically fit to participate in this program.

Signature of Parent/Adult Participant: _____ Date: _____

I **DO NOT** give UMass Lowell permission to use my child's picture in any marketing materials. (Please Initial) _____

In-person registration at the CRC Welcome Desk is preferred. Forms may also be mailed to:
Umass Lowell Campus Recreation, 100 Pawtucket St., Lowell, MA 01854