



LIRA NEWSLETTER

LEARNING IN RETIREMENT ASSOCIATION
Office of Community and Cultural Affairs – UMass Lowell
Member of Road Scholar Institute Network
Tel.: (978) 934-3135 Web: uml.edu/community/LIRA



September 2018

Vol. 25 No. 3

*Join us for LIRA's
Fall Convocation
Wednesday, September 12, 2018
10 a.m. to Noon*

***** Important Change *****
The Fall Convocation has been relocated to
Alumni Hall
84 University Avenue, Lowell, MA

Shuttle bus from Tsongas Parking Lot

**Hear about our Fall Schedule.
Sign up for classes.
Refreshments will be served.**

**Guest Speaker is Ruben Sanca, Associate Director
Student Affairs Financial Administration, at
UMass Lowell**

Fall Convocation

The LIRA Fall Convocation, Wednesday September 12, marks the beginning of a new year of learning and fellowship. It is a time to greet old friends, share summer experiences, and welcome new members to LIRA. Take the opportunity to talk with someone you don't know. Be sure to wear your LIRA nametag!

Fall Convocation is the time to hear detailed information about the curriculum and to sign up for classes. Plan to catch the 9a.m. bus so you will have time to get your parking hangtag and socialize before the meeting begins at 10 a.m.

Richard Grove, LIRA president

Details for Fall Convocation

The Fall Convocation will be held on Wednesday, September 12, 2018 at **Alumni Hall 84 University Avenue, Lowell, MA**, Lowell from 10 a.m. to noon. A shuttle bus will be taking us from the parking lot at the Tsongas Center to **Alumni Hall**. The first shuttle will leave at 9 a.m. **sharp** and return for a second trip that will leave at 9:30 a.m. The return to the Tsongas parking lot will leave shortly after the end of the meeting. .

If you would like to volunteer to bring some kind of finger food (fruit, cheese and crackers, cookies, etc.), it would be appreciated. Many, many thanks to all the volunteers who provided the delicious refreshments during the summer intersession.

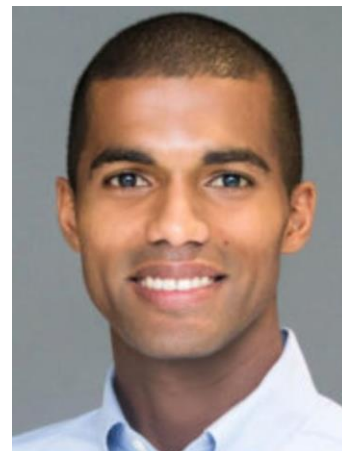
If you are not able to attend the Fall Convocation, you may notify Suzanne Gamache about the classes you wish to take or ask a friend to sign up for you.
Suzanne_gamache@uml.edu or 978-649-9978.

Please bring your filled-out hangtag form from the last page of the newsletter along with a check for \$70. Follow the directions on the form if you are not able to attend the Fall Convocation.
Hope to see you all there!

Convocation Speaker

Ruben Sanca will be the speaker at the LIRA Fall Convocation. He is a graduate of UMass Lowell, an Olympic athlete, and the Associate Director of Student Affairs Financial Administration. He

represented Cape Verde in the 2012 Olympics. He has run many marathons around the world and finished 20th in the 2014 Boston Marathon. Hear about his journey as an immigrant, student, athlete and UMass staff member.



Snacks

Bringing snacks to a class is the easiest way to volunteer. It usually is good to sign up and/or let the coordinator know you are

willing to bring something. It is best to bring finger foods that are easy to eat since we don't have a way to clean up crumbs. We really appreciate anything you would like to bring whether it is homemade or store bought, sweet or savory, with or without nuts. We do request that you label food that has peanuts though.

It is also helpful to bring paper goods and the utensils to serve and eat the food you bring. However, there are usually some supplies in the closet for emergencies.

We also ask that you clean up all leftover food after class.

Thank you for your cooperation.



Debbie Sebelius

LIRA'S Scholarship Fund Annual Auction

We will hold our annual auction at the LIRA Holiday Party on December 5. We have decided that the auction will be a "Consumable Auction" once again. The Auction is a major fundraiser for the Scholarship Fund. This year LIRA will be giving \$1500.00 scholarships to five UMass Lowell students.

What is a Consumable Auction? It is an auction where all donated items can be consumed, i.e., you eat it, drink it, do it or use it up. The Committee sells tickets: \$1 per ticket, \$5 for 6 tickets or \$10 for 15 tickets. You decide what item(s) you want and put your ticket(s) in the appropriate container(s). All donations must be brought directly to the location to be announced on the day of the party.

Some things you might donate:

Baked Goods; Candy; Wine; Gift Certificates, i.e., restaurant, movie, theater, grocery store, and bookstore

Suggestions for Baskets you can make:

Book – put a gently used book in a basket with a bookmark, book light, china teacup, box of tea, etc.

Food – Italian or Mexican

Soup Lovers Basket

I think you get the idea. It will all be wonderful and we have a great time deciding just what we want to win. Thank you to everyone who has donated in the past. Let's make a difference in someone's life and have a great auction this year.

Sheila Pariseau

Parking Hangtags

IMPORTANT: The University is charging \$70 for all parking this year and hangtags are being issued at the Convocation on September 12. Please see the last page of the newsletter for directions and a form to use to obtain your hangtag.

Five Scholarships to be Awarded

The LIRA Executive Board has voted to award five \$1500 scholarships to five full-time, through May 2019, UMass Lowell junior or senior students with a grade point average of 3.0 or better and who also participate in community service activities. Your generous contributions in the past have made this possible and we will be soliciting contributions when the fall semester gets underway. Certificates of awards will be given at the Holiday Party in December. Each \$1500 will be deposited directly into the students' accounts by the University. Remember if you have relatives who meet these qualifications, they can apply for one of the scholarships as long as they are students at UMass Lowell. Sincere thanks from the Scholarship Committee for all your help.

Co-Chairs: Janet Redman & Deanne Sferrino

Simon Allard

Alan Kent

John Mamalis

Alan McKersie

Barbara Murch

Dotty Morris

The Scholarship Committee wish to thank and acknowledge the dedication and hours of reviewing applications by Dotty Morris. Dotty, who is resigning, has been a valued member of the Committee for many years and we will greatly miss her experience and input at our meetings. With our very best wishes and a big 'Thank You' Dotty for all you have done.

The Scholarship Committee.



The Holiday Party is scheduled for Wednesday, December 5. More details about the party will appear in the next newsletter.

Visit to the Concord Museum

On April 25, 2018, LIRA members had a guided tour at the Concord Museum, Concord MA. In 18th and 19th century Concord, most residents would first choose fabric for clothing to be sewn at home or by a dressmaker or a tailor.

Beautiful gowns on mannequins, drew our sighs and thoughts of the women who had worn them. A beaver skin hat, popular with men of the time, a man's dress uniform, imported china dinnerware, tortoise-shell combs and a collection of Concord-made furniture, silver and clocks are just part of the museum's vast collection. A new wing under construction will provide more space for artifacts and visiting student groups.

Carol McCarthy



LIRA members visiting the Concord Museum

The United States Congress: History and Contemporary Issues

Professor Frank Talty presented a lively and fascinating look into the structure and relationships of our Federal government. Over the course of our 4-week class, Dr. Talty introduced the class to the history of the formation of our Congress, through examination of the first few articles of our constitution. As with all of Frank Talty's classes, the time flew by and the subject was never exhausted.

Every 2 years, every member of the House of Representatives faces an election for their 2-year post. This year in our 3rd Massachusetts Congressional District, Nikki Tsongas has announced her retirement, giving rise to (as of this writing) 12 Democratic aspirants and 1 Republican. Dr. Talty invited them to speak to LIRA, and we were visited by Democrats Beej Das, Daniel Koh, Rufus Gifford, and Lori Trahan, and Republican Rick Greene. Dr. Talty shared insights with the class into what makes a successful candidate, and presented anecdotes from his own experiences working for candidates in the past.

Steve Buccieri



From the Editor

Producing a newsletter involves many people, not only those that write the articles but those that put it all together and send it to you. Thank you to all those that make it possible: the contributors, Marge Nardini for doing a great job with the layout and Charlotte Evans, who does the calendar and mails a hard copy to those members that have requested it. Among the contributors for every issue, Simone Allard keeps up with the member news and sends cards to our members. Suzanne Gamache prepares the class schedules and Diane Baker prepares the Art and Music Schedule. Thanks so much to all of you for your hard work. Suggestions, new ideas, comments or criticisms are always welcome.

A reminder is being sent to everyone that has email in the hopes that more members will contribute to the newsletter and not leave it to the same people all the time. The notice comes four times a year, but if you would rather not receive it, please let me know.

The newsletter is on our website at <https://www.uml.edu/Community/LIRA/Newsletters.aspx>. A hard copy will NOT be sent to you unless you have requested it from Jeri Durant: jeridurant@gmail.com. You do not need to tell me again for this year unless you want to stop receiving the hard copy. Those members that do not have email will have a copy sent to them automatically. The newsletter comes out four times a year on the first of March, May, September and December. I will send out an email when the newsletter is on the website, usually by the first of the month.

The website is updated four times a year for each new session. Peter Sebelius is now putting the newsletter on the website and updates the other pages. A BIG Thank You to Peter for relieving Marge and I from that task! Occasionally, we run into a few problems with updating that are beyond our control and the newsletter will not be there on the first of the month. We try our best to get it to you on time!

Thanks again to everyone for their support.

Jeri Durant

Chelmsford Library Lecture Series

The Chelmsford Library and LIRA present a foreign policy Lecture Series on the second Friday of the month. The lecture topics are the same as those LIRA's Great Decisions course will be covering this fall. Lecturer Keith West will present another perspective on these topics. Keith West leads a Great Decisions group at the Wilmington Library. He works for the National Speech and Debate Association providing analysis on foreign policy and international relations.

Friday September 14, 1:00 PM

Turkey: A Partner in Crisis

Friday October 12, 1:00 PM

US Global Engagement and the Military

Friday November 9, 1:00 PM

South Africa's Fragile Democracy

Friday December 14, 1:00 PM

Global Health: Progress and Challenges

Check the library's website for more detailed information.

www.chelmsfordlibrary.org/programs/lecture-series/

Kelly's Quest

When Kelly Jenkins was born she appeared to be a baby boy. But who she knew herself to be was female. Her brain and self-awareness all registered female, that's who she knew she was. When she tried to share this information with her family of origin in East Tennessee, she was completely shut down. Being female in a male body was not only unusual, it was a guaranteed pathway to hell in her faith community. Try and pray as she might, the awareness of being female did not go away.

Kelly made every effort to "be masculine" in an effort to be acceptable to those around her. A gifted athlete, she made a pretty good show of being a man, but she was near suicidal with despair. Male was not who she was. Kelly's Quest to be her authentic self cost her her family ties to say nothing of the physical costs of medication and medical procedures.

She shared her amazing journey with LIRA on July 11. She fielded sensitive questions and urged all present to be sure to vote yes on proposition 3, a ballot initiative designed to eliminate transgender protection for being in public spaces.

<https://www.freedommassachusetts.org/>

<https://www.glsen.org/>

<https://gbpflag.org/>

<https://www.youtube.com/watch?v=VTs5plyRonE>

Maura Snow



Wildlife Photography

On June 27th Sue Jarrett, Wildlife Photographer, presented a lecture and slideshow on her photographs of wildlife from Africa, Costa Rica, Alaska, the Smoky Mountains, many other areas in the United States and even from her own backyard in Beaufort, South Carolina.

Sue gave us some instruction on how to use our cameras for better pictures. The class was delighted by her interesting pictures of bears, lions, many beautiful birds, and more of nature's creatures.

After graduating from Tulane University, Sue went to Hallmark Institute of Photography in Massachusetts. She married a teacher and basketball coach and did a lot of school sports photography. Sue also worked as a photo-journalist for several newspapers around the country. She has also taught a photography class at her local senior learning academy in Beaufort.

Since she is the sister of LIRA member Kimball Rudeen, we may be able to have her back again with more of her fabulous photos. Photos may be seen on her website: <https://sue-jarrett.pixels.com/>

Bev Rudeen

What Makes Life Significant

Sixty or so Lira members gathered on May 30 at McGauvran Hall to hear John Kaag's remarkably personal talk on the philosophical ideas of William James, Thoreau, Emerson and others. Professor Kaag alternated his scholarly discussions with insights into his personal journey of self-discovery, as recounted in his book, "American Philosophy: A Love Story."

The group was energized listening to this earnest young man seeking his place in the world. John's youthful enthusiasm, his scholarly grasp of his field and his wisdom of weighty issues were contagious. His presentation was followed by a lengthy and lively question-and-answer session, and a preview of his forthcoming book regarding parenting, "Hiking with Nietzsche: On Becoming Who You Are."

Happily he seemed to appreciate the reception he received and hopes to return to LIRA in the fall.

Deb Mellus



John Kaag reading from his new book.

Member News

We extend Best Wishes to Claire Frassica for a full recovery from recent back surgery.

We are sad to learn of the death of Barbara Arnold on May 6, 2018. Barbara first joined LIRA in 1990, just 2 years after its founding and was a very active member. We extended our condolences to her family.

We regret also the loss of Jane Canter, another very active member who passed away on May 21, 2018. After having sent our condolences to her family, we received the following note from her husband:

We received the following note from Jane's husband, Leonard:

"Thank you for heartfelt condolence
Your words were a comfort to the
entire family.

Len Canter"

The following is a message received from Dotty Morris who is retiring:

"For the first time in 25 years I will not be renewing my membership in LIRA. I played a very active role for many years. The Thyroid Cancer I've been fighting for the past five years is catching up with me. I will surely miss all the wonderful programs and especially many good friends. It has been a great joy to be a part of the growth and development of this remarkable organization."

We extend Dotty our best wishes in her continued struggle with her health. She will be sorely missed.

Simone32Allard@gmail.com - 603-943-7527

LIRA Lunch and Learn, April 30, 2018



UMass Lowell alumni experience a day of LIRA with Peter Sebelius presenting his talk on Six Frigates and Bob Farrant continuing his class on US History 1870 - 1970, Reconstruction to Civil Rights.

LIRA's Annual Meeting, May 16, 2018



Professor John Wooding spoke to us about Brexit, Britain withdrawing from the European Union.



Moses Greeley Parker Lectures

The following is a calendar of events for the 2018-2019 Parker lecture series held on the day, time and place noted. The lectures are free and open to the public. Descriptions are not included this time because of its length. Full descriptions can be found at the Pollard Library, Lowell, on the website www.parkerlectures.com or the file can be emailed to you by contacting Jeri Durant: jeridurant@gmail.com

Saturday, September 8, 11 a.m.- New England Quilt Museum
Matt W. Miller “The Wounded for the Water”

Thursday, September 13, 7 p.m. – Pollard Library
Cheryl Hamilton “Lessons from Lewiston, Maine: A Refugee Story”

Tuesday, September 25, 12 p.m. – UMass Lowell Inn and Conference Center
Gina McCarthy “Environmental Protection, Health Equity and Impact Investing for a Sustainable Future”

The Lunchtime Lectures are co-sponsored by the Parker Series and the UMass Lowell Office of Community Relations. The program begins with a light lunch and Reservations are required and limited. To reserve a seat, contact community@uml.edu or call 978-934-2957.

Saturday, October 6, 2 p.m. – Lowell National Historical Park Visitor Center
Dr. Ann Charters “Jack Kerouac’s “Dharma Bums” Sixty Years Later”

Tuesday, October 16, 6:30 p.m. – Lowell National Historical Park Visitor Center
Tom Haines “Walking to the Sun” A Journey through America’s Energy Landscapes

Sunday, October 21, 2 p.m. – Lowell National Historical Park Visitor Center
Eric Jay Dolin “Black Flags, Blue Waters: The Epic History of America’s Most Notorious Pirates”

Tuesday, October 23, 7 p.m. – Lowell National Historical Park Visitor Center
Peter Aucella, Steve Stowell, and Charles Tonetti “Preserving Lowell’s Architectural Legacy”

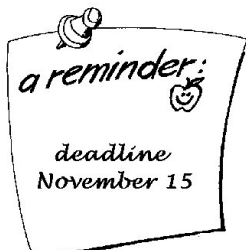
Thursday, October 25, 7 p.m. – Pollard Library
Honorable Michael Ponsor “Justice and the American Character”

Sunday, November 4, 2 p.m. – Lowell National Historical Park Visitor Center
Peggy Hart “Wool: Unraveling an American Story of Artisans and Innovation.”

Thursday, November 15, 6 p.m. – Lowell Community Health Center
Catherine Florio Pipas, MD, MPH “A Doctor’s Dozen”

Thursday, November 29, 7 p.m. – Pollard Library
Sean McAdam “Boston: America’s Best Sports Town”

Tuesday, December 4, 6:30 p.m. – Lowell National Historical Park Visitor Center
Anthony Sammarco “Christmas Traditions in Boston?”



The next newsletter will be out on December 1, 2018; the deadline for news items is November 15, 2018. Please remember that the coordinators are now responsible for getting someone to write an article about their program, if you want something to appear in the newsletter. Articles may be given to me at any time before the deadline.

Jeri Durant



LIRA Visits the Addison Gallery

On July 25, 18 LIRA members visited the Addison Gallery on the grounds of the Phillips Academy in Andover. We had a docent tour of the gallery. With a total collection comprised of more than 17,000 works in all media the Addison Gallery of American Art has one of the most important collections of American art in the country, including major works by such prominent American artists as John Singleton Copley, Thomas Eakins, Winslow Homer, John Singer Sargent, and James McNeill Whistler. Alexander Calder, Stuart Davis, Arthur Dove, Edward Hopper, Georgia O'Keeffe, Jackson Pollock, Charles Sheeler, John Sloan, Frank Stella among others. In addition the Addison has a collection of nearly 7,600 photographs spanning the history of American photography and includes in-depth holdings of key individual artists, such as Lewis Baltz, Walker Evans, Robert Frank, and Eadweard Muybridge. After the tour a group of us enjoyed lunch across the street at the Samuels Restaurant in the Andover Inn.

Sally Coulter, coordinator

Class Cancellations

Importance of Signing up for Courses

At times, unforeseen circumstances will necessitate the cancellation of a class or program. You will be notified by the course coordinator of the cancellation if you have signed up for the course. Courses are open to all LIRA members and it is advisable that you sign up for a course even if you are unable to attend all of the classes. However, if you want to attend one of the sessions and you have not signed up for the course, it is best to call the Class Coordinator or Richard Grove to ascertain that the class or program is still scheduled for that day.

Emergencies (Cancellation of Classes/University Closing)

In the event that it becomes necessary to cancel a LIRA program for any reason, i.e. snowstorm, hazardous road conditions, or if the UMass Lowell campus is closed due to a storm emergency or other unexpected events and if the cancellation affects the entire membership, Richard Grove will call Judy Miller or Carol McCarthy who are the telephone tree coordinators, to let them know of the cancellation. Judy and Carol will then call the contact persons to inform them of the cancellation. These contact persons will then call the members on their respective list to inform them of the cancellation. Only those members that have requested a phone call will be called. All others will be notified by email. For individual classes, coordinators are responsible for notifying members for changes or cancellation of their class.

Email Notification

Many people signed up to have class cancellations emailed to them. Those people should make sure that they check their email in the morning if there is any doubt about a class being held. If there are others that would like to be on this email list, please notify Judy Miller (978-256-8466 or gmiller29@verizon.net) or Carol McCarthy (978-256-5904 or jfmccart@aol.com). Those not on the list will be notified by telephone. Only those that have requested to be notified by phone will be called.

*Carol McCarthy
Judy Miller*

Nancy Cote, Author and Illustrator of Children's Books

On July 18, award-winning children's author and illustrator Nancy Cote acquainted the LIRA group with her creative vision, her drive to keep working, and the motivation that got her started in the field of writing and illustrating children's books.

When she first had the idea for her first book entitled "Palm Trees" written in 1993, Nancy related how she pushed through her self-doubts, sent the story board off to Simon & Schuster Publishers in New York and then held her breath. Finally she

received the good news that they were interested in the story. They suggested she rewrite the narrative in prose, and set up a meeting in New York. Nancy described her arrival that day in the big city this way: "I felt like that scene in the Mary Tyler Moore Show, where she throws her hat up in the air and really feels like she's made it! I'd made it too!" As unfamiliar as she was with high-level publishing scene, Nancy had lunch with the publishers and editors, including a shared dessert that made her feel like she fit right in.



Nancy described how much has changed in the book industry in the intervening years. She discussed how it is now essential that an author/illustrator should work with an agent, which she now does. Nancy talked about how she has learned to use various computer technologies in her drawings, which allows her to add three-dimensional components, photos, and collage techniques to her current works. She also spoke about the inclusion of her many pets and the deliberate inclusion of multi-cultural elements in her artwork.

Many LIRA members purchased books which Nancy signed for the happy young children who'll receive them. Hopefully they'll pick up the warm and cozy feeling Nancy works so hard to convey in her stories and illustrations.

To view Nancy's portfolio, go to <http://www.nancycote.com/gallery.html>

Follow this link to see Nancy's painting "Winter Market" set to music by Yiannis Kranidiotis: <https://www.youtube.com/watch?v=bvey6sk-VEo>

Susan Gamache

Membership Renewal 2018 – 2019

LIRA membership dues are \$125 (\$200 for couples) for the year July 1, 2018 to June 30, 2019 and are due by August 15, 2018. A portion of your dues (\$100 of the dues for an individual and \$150 of the dues for a couple) is tax deductible. The University will send each member a receipt for tax purposes. The remaining portion of your dues is returned to LIRA for operational expenses.

A convenient payment method is by credit card on the LIRA website: www.uml.edu/community/lira. Click "Join LIRA" on the left side menu and then click "Join or Renew Online". You will receive immediate acknowledgement and receipt after filling out the form.

If you would rather pay by check, use the LIRA renewal form printed in this newsletter. Every member must complete a form; both members of a couple must complete separate information. Send the form(s) and check to the Alumni Office, as stated on the renewal form by August 15, 2018. Because of the confusion it causes, dues checks will be accepted at the Convocation in September **by exception only**.

It was a great year and now we look forward to seeing you again in the next academic year.

Bonnie Heines, Membership Chair

USS Constitution and Constitution Museum Visit

On June 13, 2018 LIRA members and guests visited the USS Constitution and the Constitution Museum. In the Museum, we learned about details of the ship, her construction and her history from our very informative tour guide, Gary Foreman.



On board ship, crewmembers in period uniforms enthusiastically answered questions and told us fascinating stories about life aboard the ship and some of Constitution's most important battles.



At the end of the tour, we enjoyed lunch at the old Charlestown Navy Yard Cafeteria before boarding the bus for home.

Peter Sebelius

Newsletters on Website

All newsletters, past and present, are available online. A hard copy of the newsletter will NOT be mailed to you unless you have contacted Jeri Durant: jeridurant@gmail.com. Those members that do not have email will have a hard copy sent to them automatically.

The online newsletter is just like the printed one only better - it's in color! Reading the newsletter online will help us to save substantial printing and mailing costs to the university as well as a few trees.

The website for the newsletter is www.uml.edu/community/LIRA/newsletters.aspx

Senior Exercise Program

For several years some LIRA members have participated in a Senior Exercise Program that was created by Connie Seymour and Gerry Dybel and led by UML Physical Therapy students. The program, which is no longer available, used facilities at the UML Campus Recreation Center. Connie Seymour is now offering a similar program led by UML students at Peak Movement in North Chelmsford. Although this is not a "LIRA program", it may be of interest to LIRA members. Seven LIRA members have signed up for the Fall session and more are welcome.

Peak Movement Fitness Program

About the Program: The fitness program focuses on functional training for life. Specifically, the program consists of stretching, balance training, aerobics, and functional strengthening.

Fitness Leaders: A supervising exercise physiology professional along with exercise science students will guide your training to ensure optimal performance for all activities.

Location: 15 Tyngsboro Road Unit 4
North Chelmsford, MA 01863

Time: 2:30-4:00pm Wednesday and Friday
The Fall Session begins Sept 12th

Cost: \$120.00 per 3 month session

Please call 978-726-8310 to reserve your space



Time for a Change

If you want to remain current with LIRA members, take pen or pencil in hand and make the following changes in your membership list. New directories will be emailed to you sometime in October. Those without email will be sent a hard copy automatically along with those that have requested a hard copy of the newsletter.

New Members:

Peter Baker
55 Virginia Avenue
Lowell, MA 01852
978-337-2751
petermbaker4@gmail.com

Rebecca Kelley-Morgan
63 Abbot Street
Andover, MA 01810
Home: 781-244-9566
Cell: 978-806-1030
rebeccakm@gmail.com

Lynn Tyndall
42 South Chelmsford Road
Westford, MA 01886
Home: 978-649-6482
Cell: 917-573-7326
bltyndall@gmail.com

Address Change:

Mary O'Connor
Saab Residence
1085 Varnum Avenue
Lowell, MA 01854

MCC Music Programs

A Celebration: Honoring the City of Lowell through Music
Friday, October 12 at 7:00 pm

Recital Hall, Academic Arts Building, Lowell
Raley Beggs, guitar (MCC faculty member)
Orlando Cela, flute (MCC faculty member)
Susan Dill, choral conductor (MCC faculty member)
Carley DeFranco, soprano
Carmen Rodriguez-Peralta, piano (MCC faculty member)
Sovann Khon, Tro Sau (Cambodian traditional instrument)
?MCC students and alumni

This concert will feature short works by the 19th century composer George Chadwick, born in Lowell, as well as music from Cambodia and Latin America, reflecting the influences of those cultures on the city. Lowell will also be celebrated by world premieres of short pieces by MCC faculty composers Richard Chownhill, David Janssen, Pamela Marshall and Aaron Rosenberg inspired by art, history or literature from Lowell. The

visual images will be shown on the screen as the piece is being performed, and any poems read aloud. Finally, a chorus made up of MCC students and alumni will sing a couple of short selections.

Carlos Odria Ensemble
Friday, Nov. 2 at 7:30 pm
Recital Hall, Academic Arts Building, Lowell

The Carlos Odria Ensemble is a high-energy acoustic ensemble that performs original compositions and arrangements of jazz standards and Latin American popular music. Consisting of upright bass, drums, percussion, and nylon string guitar, the group delivers an exciting blend of international styles such as bossanova, Afro-Peruvian festejo, rumba flamenca, and Cuban son with an improvisational approach inspired by the rich tradition of American jazz.



Our Members at Work

The following is a list of all the members that make our organization run. I think they deserve a round of applause for all their hard work! They are always receptive to having new volunteers; please speak to any one of the members if you would like to be on a committee. Note that these are the committees as they stand as of September 2018. A big **THANK YOU** also, to those that served on committees last year but are not continuing this year.

Jeri Durant

Executive Board

Officers

President Richard Grove
Vice President Peter Sebelius
Treasurer Steve Buccieri
Secretary Nancy Pitkin

Members-at-Large

Alan Kent
Marge Nardini

Committee Chairs

Curriculum Suzanne Gamache
Membership Bonnie Heines
Publicity Beverly Rudeen
Hospitality Debbie Sebelius
Newsletter Jeri Durant
Scholarship Co-chairs: Janet Redman
Deanne Sferrino
Telephone Tree Co-chairs: Judy Miller,
Carol McCarthy

Committees

Curriculum Committee

Suzanne Gamache, Chairperson
Jackie Carr
Sally Coulter
Robert Hanlon
Toby Hodes
Susan Lemire
Deb Mellus
Peter Sebelius

Art & Music Committee

Diane Baker, Chairperson
Amy Bisson
Kathy Cryan-Hicks
Carol McCarthy
Jean Rubinstein

Membership Committee

Bonnie Heines

Publicity Committee

Beverly Rudeen

Scholarship Committee

Janet Redman, Deanne Sferrino: Co-chairs
Simone Allard
Alan Kent
John Mamalis
Alan McKersie
Barbara Murch

Auction Committee

Sheila Pariseau

Hospitality

Debbie Sebelius

Telephone Tree

Carol McCarthy
Judy Miller

Newsletter Committee

Jeri Durant, Editor
Marge Nardini, Layout and Reproduction
Charlotte Evans,
Distribution and Calendar
Simone Allard, Member News

UMass Lowell Website

Peter Sebelius

Facebook Page

Peter Sebelius

UMass Lowell Liaison

Patty Coffey, Assistant director of
Community Relations
Christopher Wilkinson



A round of applause should be given to the Curriculum Committee for a great summer intersession. As you can see from this month's newsletter, we had excellent programs; they were varied and interesting! Thanks to all who made the arrangements.

Newsletter Committee

Geraldine Durant, Editor jeridurant@gmail.com
Marge Nardini,
Layout & Production mnard1008@verizon.net
Charlotte Evans, Calendar &
Distribution chrsnave@aol.com
Simone Allard, Member
News simone32alard@gmail.com

LEARNING IN RETIREMENT ASSOCIATION
University of Massachusetts Lowell
Lowell, Massachusetts 01834

Fall 2018 Schedule

Registration will take place at the Fall Convocation on Wednesday, September 12 at 10:00 a.m. at **Alumni Hall 84 University Avenue, Lowell, MA**, Lowell. Each course description includes, after the title, the name of the person who is presenter or facilitator. Below the paragraph is the name of the course coordinator who makes the arrangements and has responsibility for carrying out details of the class. Questions may be addressed to the facilitator/coordinator or Suzanne Gamache, Curriculum Chair.

Parking for on campus programs is in the garage directly across the street from the Rec Center, in the Perkins Parking lot and in the parking lot at the Tsongas Arena. Your ID is needed to enter the garage and the Perkins lot. **Please use your parking hangtags wherever you park.**

Fall study groups will meet at the University Suites, 327 Aiken Street, Lowell, MA, Room #106.
Location of classes will sometimes change so watch for announcements.

MONDAY

Healthy Aging

Presenters: Christian Navarro, Michael Chiauzzi, Michael Scholz, and Marissa Leoni, Students in the Department of Physical Therapy, UML Zuckerberg College of Health Sciences
8 Mondays 10 a.m. – Noon: Sept. 17, 24, Oct. 1, 15, 22, 29, Nov. 5, 19

This course will include discussion and engagement on how to improve and maintain balance, cardiovascular fitness, muscular strength and flexibility, education on ergonomics, posture and pain management.
Participants are encouraged to request topics they would like to know more about.

Coordinator: Suzanne Gamache*

Globalization and All That

Presenter: John Wooding, Professor & Provost Emeritus, UML Political Science Department
8 Mondays 1 - 3 p.m: Sept. 17, 24, Oct. 1, 15, 22, 29, Nov. 5, 19

Why is all the stuff I buy made in China? What happened to the American economy? What is a tariff and why should I care? What is the World Trade Organization? If you have thought a bit about these kinds of questions, then this course might help you shed some light on these issues. We will look at the history and politics of globalization, discuss the origins of the current global economic and financial system, and talk about trade and development as international issues. Together we will figure out why and how globalization impacts us.

Coordinator: Susan Lemire*

TUESDAY

Immigrant Stories

Bob Farrant, Distinguished University Professor of History
5 Tuesdays 10 a.m. – Noon: Sept. 18, 25, Oct 2, 9, 16

In *The Uprooted* (1951), Oscar Handlin states: “Once I thought to write a history of the immigrants in America. Then, I discovered that the immigrants were American history.” The immigrant story is central to understanding Lowell’s history. Newcomers have transformed the city for over two centuries. The world has come to Lowell and the rich diversity continues to change the cityscape in dramatic ways.

Discussion will focus on: Irish and French Canadian Immigration; exploration of former Little Canada neighborhood; Greek and Portuguese Immigration; history of immigration laws and reforms; new immigrant and refugee communities.

Coordinator: Steve Buccieri*

Money Matters in Retirement

Presenter: Peter Sebelius, LIRA member

8 Tuesdays 1 – 3 p.m: Sept. 18, 25, Oct. 2, 9, 16, 23, 30, Nov. 6

You've been saving your whole life for retirement. Now that you've made it, what do you do? This course will address the important considerations for money management in retirement.

Topics to be covered include: inflation and the time value of money; various strategies for withdrawing from your retirement accounts; the Stock Market; the Bond Market; other investments such as Real Estate, CD's, etc.

Coordinator: Deb Sebelius*

WEDNESDAY

Art and Music

8 Wednesdays September 26, October 3, 10, 17, 24, 31, November 7, 14

Please see the attached schedule for dates, times, topics, presenters and coordinators of the Art & Music series. The indoor classes will be held at University Suites.

THURSDAY

Great Decisions

Facilitator: Richard Grove, LIRA President

8 Thursdays 10 a.m. – Noon Sept. 20, 27, Oct. 4, 11, 18, 25, Nov. 1, 8

Great Decisions is America's largest discussion program on world affairs. The program model involves reading the Great Decisions Briefing Book, watching the DVD and meeting in a discussion group to discuss the most critical global issues facing America today. Two weekly two-hour sessions explore each topic in depth. Great Decisions topics for the fall are: Turkey, US Global Engagement and the Military, South Africa, and Global Health Issues.

Briefing books are available for \$20.00.

Coordinator: Richard Grove*

Election 2018

Presenter: Frank Talty, Assistant Dean, College of Fine Arts, Humanities, and Social Sciences

4 Thursdays 1 – 3 p.m. Oct. 18, 25, Nov. 1, 8

In the weeks leading up to and just following the November 6 election, we will look at the races for United States Congress, and examine the impact of the election on the balance of power in Washington. Before the election, visits by candidates for Congress may occur.

Coordinator: Bev Rudeen*

Book Discussions

Facilitator: Toby Hodes, LIRA member

4 Fridays 10 a.m. – Noon 9/21, 10/19, 11/16, 12/TBD

Sept. 21 *How Democracies Die*, non-fiction by Steven Levitsky and Daniel Ziblatt

Oct. 19 *Lincoln in the Bardo*, fiction by George Saunders

Nov. 16 *American Pastoral*, fiction by Phillip Roth

Dec. date TBD *The Cloister*, fiction by James Carroll

Coordinator: Toby Hodes*

*Indicates LIRA Member

Art and Music Fall 2018

Programs on Oct 3, Oct 24, and Oct 31 will be held at University Suites, Room 106, 327 Aiken Street, Lowell, MA from 10 a.m. to Noon. There will sign-up sheets for tours at the September 12 Convocation Meeting. If you cannot attend, you may ask someone to put your name on the list for your choice of tours. If there is a cost, payment is now required when you sign up unless otherwise noted. A 24-hour notice must be given for a refund. **There is no Art/Music program on Wednesday, September 19 due to Yom Kippur.**

Wednesday, September 26 Tour and visit to Immaculate Conception Church, Lowell MA

The Immaculate Conception Church was built in the 1870s, as a wave of Catholic immigrants made the journey from Europe to settle in Lowell. The church is constructed of granite and is modern Gothic and cruciform in style with magnificent stained-glass windows. It is 191 feet in length and 109 feet wide, with a seating capacity of 2,000. Join us for a tour of the architecture and history of this beautiful church led by Sacristan Richard Sweeney, who has worked in the parish for 39 years. Participants should meet at 10 am at the Church, located at 144 East Merrimack St, Lowell. On street parking available. If a funeral is scheduled on the day of the tour, the time will be changed to afternoon on the same day.

Coordinator: Amy Bisson*

Wednesday, October 3 The Monuments Men – Mary Woodward

Mary Woodward, Lead Guide at the Gropius House in Lincoln, MA, will present an illustrated talk about the heroic men and women of the Monuments, Fine Arts and Archives division of the US Army during World War II...known as the Monuments Men. They risked their lives, and a couple of them lost their lives, trying to protect, salvage, restore and return works of art that were systematically being damaged, destroyed, misappropriated or stolen in Europe between the years 1933 (when Hitler became the German chancellor) and 1945 (when the war ended). We will focus on the stories of famous works of art by Vermeer and Van Gogh and look at the efforts to save world-renowned collections such as the Louvre and the Rijksmuseum.

Coordinator: Kathy Cryan-Hicks*

Wednesday, October 10 Visit to the Museum of Russian Icons, Clinton MA

Join us for a docent led tour of the Russian Icon Museum, 203 Union St, Clinton MA. The Museum of Russian Icons inspires the appreciation and study of Russian culture by collecting and exhibiting one of the world's largest collections of Russian icons - sacred paintings used for veneration in the Orthodox tradition. With more than 1,000 icons and related artifacts spanning 6 centuries, the Museum offers a unique and personalized experience rich with art, history, and culture.

Tour begins at 11 am. Please contact Diane Baker (diane baker515@gmail.com or 978-337-2580) if you are interested to car pool to the museum. Entry fee is \$6 per person to be paid at the museum on the day of the tour.

Coordinator: Diane Baker*

Wednesday, October 17 Visit to the MFA, Boston MA

There are two new galleries: Daily Life in Ancient Greece and Monet. Special Exhibits include: Propaganda Postcards from the era of World Wars I and II, Winnie the Pooh, and French Pastels. Pastels are light-sensitive and are rarely displayed. There are 30 items in the Pastels Exhibit, works by Degas, Cassatt, Monet, Manet, Pissarro and others.

Museum Admission: Adults \$25, Seniors 65+ \$23. Admission will be paid individually at the museum. All discounts and coupons are valid. Free Guided Tours exploring the highlights of the MFA's collections are offered daily. Touch Screen MFA Guides are available to rent for \$6.

- The Bus leaves at 10:00 am from the back parking lot at Hannaford in Chelmsford and returns at 3:00 pm.
- Bus Cost is \$11 for LIRA members and \$16 for non-members (if space is available).
- Checks, made out to LIRA Inc, are due by Wednesday, October 10. Please send check to: Carol McCarthy, 398 Acton Road, Chelmsford, MA 01824. 978 256 5904

Coordinator: Carol McCarthy*

Wednesday, October 24 Cinque Terra, The Five Lands – Jack Holmes

Photographer Jack Holmes will present photos and facts about the Cinque Terra in Italy. Tucked into ravines that reach to the Ligurian Sea, these small Italian Riviera towns beckon and capture the traveler. The region, and each village, has a distinct character of sun, sea, food, wine, hiking trails, and quiet Italy. Easily reached by train from Genoa or cities further afield, Cinque Terre is a must visit.

Coordinator: Jean Rubinstein*

Wednesday, October 31 Vietnam Today - Joe Sheedy

Joe Sheedy will give a slide presentation of his visit to Vietnam in the fall of 2017. Here are the highlights.

- Ho Chi Minh City (formerly Saigon) French influence, the war and the Cu Chi tunnel network
- Ho Ann Ancient Trading port, Japanese wooden bridge with a 400 year-old history, fishing and boat building, boat trip on the Bon River
- Hue, the former capital, named Vietnam's forbidden Purple City, Vietnam's version of China's forbidden city, Empirical tombs and the Perfume River, Ha Long Bay, listed by UNESCO Heritage as "One of the Seven Natural Wonders of the World."
- Hanoi - A visit to infamous Hanoi Hilton and a visit to local market where one can shop 'til you drop!!

Coordinator: Carol McCarthy*

Wednesday, November 7 Cookie Matinee of “Murder for Two” at MRT

One murder. Two actors. Six suspects. And one piano! Who killed the great American novelist Arthur Whitney at his own surprise party? In this zany, whodunit, comedy musical, every guest has a motive. Was it the prima ballerina, the widow, the niece, the psychiatrist—or even the detective? Two actors play 13 roles—and the piano—in this entertaining homage to old-fashioned murder mysteries. The play stars co-writer Joe Kinoshian, in the role he originated Off-Broadway. *The New York Times* called it an “ingenious miniature musical in the form of a snazzy vaudevillian double-act.”

Tickets for the 2 pm show are \$16 each (includes coffee and cookies before the show). RSVP by Sep. 21 to Amy Bisson, amy.bisson@gmail.com, 508-320-8021. Checks made payable to Merrimack Repertory Theatre, can be given to Amy at the LIRA Fall convocation on September 12th, or mailed by September 21 to Amy Bisson, 130 John Street, #302, Lowell, MA 01852. MRT subscribers can contact the Box Office directly at box_office@mrt.org about exchanging tickets for this performance; they can waive the upgrade charge this one time if you let them know you're part of the LIRA group.

MRT is located at 50 East Merrimack St., Lowell, next door to the Lowell Memorial Auditorium. You may park on the street or in one of three lots: Davidson St. lot (1-999 Davidson St. just off Merrimack St. for a fee); or at the Lower Locks Garage at 90 Warren St. for \$5 with ticket stamped at theater, or at John St. Garage for \$5 with ticket stamped at theater. Each of these garages is about a 5-minute walk to the theater. You may also walk from the Tsongas Center if you have a parking tag there. It is about a 10-minute walk.

Wednesday, November 14 – Middlesex Community College Student Music Showcase

Join us at for performances by MCC student singers and instrumentalists in MCC's brand new Academic Arts Center on 240 Central St in Lowell. MCC's newly renovated Academic Arts Center has stood as a multi-purpose facility in the heart of Lowell for nearly 150 years. The Center will house the college's performing arts programs, including theater, dance and music. The centerpiece of the historic, totally renovated building will be a new proscenium theater to showcase theatrical programs and performances.

Program start time is 11:00 am. On street parking is available or you may park in the Lower Locks Garage, 90 Warren St or in the Edward Early Garage at 135 Middlesex St. Both are within 5 minutes of the Academic Arts Center.

Coordinator: Diane Baker*

LIRA's Fall 2018 Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
September 10	September 11	September 12 10 am to Noon Fall Convocation ** Alumni Hall ** 84 University Avenue, Lowell, MA	September 13	September 14 1: 00 pm Chelmsford Library Lecture <i>Turkey: A Partner in Crisis</i>
September 17 10 am to Noon Healthy Aging 1 to 3 pm Globalization and All That	September 18 10 am to Noon Immigrant Stories 1 to 3 pm Money Matters in Retirement	September 19 NO PROGRAM Yom Kippur	September 20 10 am to Noon Great Decisions	September 21 10 am to Noon Book Discussion <i>How Democracies Die</i> Levitsky & Ziblatt
September 24 10 am to Noon Healthy Aging 1 to 3 pm Globalization and All That	September 25 10 am to Noon Immigrant Stories 1 to 3 pm Money Matters in Retirement	September 26 Tour begins at 10:00 am Tour and visit to Immaculate Conception Church, Lowell, MA	September 27 10 am to Noon Great Decisions	September 28
October 1 10 am to Noon Healthy Aging 1 to 3 pm Globalization and All That	October 2 10 am to Noon Immigrant Stories 1 to 3 pm Money Matters in Retirement	October 3 10 am to Noon The Monuments Men	October 4 10 am to Noon Great Decisions	October 5
October 8 NO CLASS Columbus Day	October 9 10 am to Noon Immigrant Stories 1 to 3 pm Money Matters in Retirement	October 10 Tour begins at 11:00 am Visit to the Museum of Russian Icons	October 11 10 am to Noon Great Decisions	October 12 1:00 pm Chelmsford Library Lecture <i>US Global Engagement and the Military</i>

<p>October 15 10 am to Noon Healthy Aging 1 to 3 pm Globalization and All That</p>	<p>October 16 10 am to Noon Immigrant Stories 1 to 3 pm Money Matters in Retirement</p>	<p>October 17 Visit to the MFA Meet at Hannaford back parking lot. Bus departs at 10:00 am</p>	<p>October 18 10 am to Noon Great Decisions 1 to 3 pm Election 2018</p>	<p>October 19 10 am to Noon Book Discussion <i>Lincoln in the Bardo</i> by George Saunders</p>
<p>October 22 10 am to Noon Healthy Aging 1 to 3 pm Globalization and All That</p>	<p>October 23 1 to 3 pm Money Matters in Retirement</p>	<p>October 24 10 am to Noon Cinque Terra, The Five Lands</p>	<p>October 25 10 am to Noon Great Decisions 1 to 3 pm Election 2018</p>	<p>October 26</p>
<p>October 29 10 am to Noon Healthy Aging 1 to 3 pm Globalization and All That</p>	<p>October 30 1 to 3 pm Money Matters in Retirement</p>	<p>October 31 10 am to Noon Vietnam Today</p>	<p>November 1 10 am to Noon Great Decisions 1 to 3 pm Election 2018</p>	<p>November 2</p>
<p>November 5 10 am to Noon Healthy Aging 1 to 3 pm Globalization and All That</p>	<p>November 6 1 to 3 pm Money Matters in Retirement</p>	<p>November 7 Matinee of “Murder for Two” at MRT Begins at 2 pm</p>	<p>November 8 10 am to Noon Great Decisions 1 to 3 pm Election 2018</p>	<p>November 9 1:00 pm Chelmsford Library Series <i>South Africa’s Fragile Democracy</i></p>
<p>November 12 NO CLASS Veteran’s Day</p>	<p>November 13</p>	<p>November 14 Middlesex Community College Student Music Showcase Meet at 11 a.m.</p>	<p>November 15</p>	<p>November 16 10 am to Noon Book Discussion <i>American Pastoral</i> by Phillip Roth</p>
<p>November 19 10 am to Noon Healthy Aging 1 to 3 pm Globalization and All That</p>	<p>November 20</p>	<p>November 21</p>	<p>November 22</p>	<p>November 23</p>
		<p>DECEMBER Book Discussion <i>The Cloister</i> by James Carroll Date TBD</p>		
<p>December 3</p>	<p>December 4</p>	<p>December 5 10 am to Noon Holiday Party Location TBD</p>	<p>December 6</p>	<p>December 7 1:00 pm Chelmsford Library Lecture <i>Global Health: Progress and Challenges</i></p>

**LEARNING IN RETIREMENT ASSOCIATION/ UMASS LOWELL
MEMBERSHIP RENEWAL**

If renewing as a couple, each one must fill out a renewal form.

NAME _____ DATE _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

PHONE _____ CELL _____ EMAIL _____

In the event of class cancellation I prefer to be notified by EMAIL _____ PHONE _____

Newsletter will be delivered by EMAIL unless you have notified us to send by mail.

Are you a graduate of UMass Lowell? _____ What Year/Degree? _____

NAME _____ DATE _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

PHONE _____ CELL _____ EMAIL _____

In the event of class cancellation I prefer to be notified by EMAIL _____ PHONE _____

Newsletter will be delivered by EMAIL unless you have notified us to send by mail.

Are you a graduate of UMass Lowell? _____ What Year/Degree? _____

LIRA membership dues are \$125. (\$200 for couples) for the year July 1 – June 30, payable by August 15. \$100 of your membership fee will be tax-deductible and will benefit our student scholarship fund.

See: www.uml.edu/community/lira

Please return Renewals (or apply online by credit card) with a check payable to UMass Lowell, memo line LIRA, and mail to: Office of Alumni Relations, Charles J. Hoff Scholarship Center

UMass Lowell
One Perkins Street
Lowell, MA 01854

Parking Hangtags

Please read the following carefully. LIRA parking permits for 2018-2019 will be **valid for 10 months**, September 2018 through June 2019. LIRA will not have any on-campus programs in July and August 2019.

Please fill out the parking permit form below along with a \$70 check made out to UMass Lowell and **bring it to the Convocation on September 12**. Parking hangtags can only be issued to members that have paid their dues and have completed the vehicle information form. No one, other than those with a handicap permit, will receive a University issued parking permit without a payment of \$70.

You have 3 options if you cannot make it for the Convocation:

- If you fill out this form **with a check made out to UMass Lowell for \$70** and mail it to Richard Grove, 27 Windemere Lane, N. Chelmsford, MA 01863 **BEFORE** September 12, he will assign a hangtag to you. Include a stamped, self-addressed **legal-sized** envelope and he will mail it to you.
- You may have a friend bring a filled out form and check to the Convocation and get a hangtag for you.
- You will have to go to the Parking Access office at Campus Security office located at 220 Pawtucket St, Lowell, MA 01854, entrance on Salem St. This is the same place that you get your photo ID.

IF YOU HAVE HANDICAPPED PARKING, PLEASE WRITE YOUR PLAQUE NUMBER AND DATE OF EXPIRATION ON THE FORM. Your parking will be free, but you will not be able to get your hangtag unless you have **ALL** this information.

Additional copies of the application form will be available at the Convocation.

LEARNING IN RETIREMENT ASSOCIATION (LIRA) UML Parking Permit – Registration Form

LIRA MEMBER AND VEHICLE INFORMATION (Required): *[Please Print]*

Last Name

MI

First Name

Mailing Address: _____

(Street, P.O. Box, City/Town, State, Zip Code)

Telephone Number: _____

Handicap Permit #: _____

Expiration Date: _____

VEHICLE INFORMATION:

Year: _____

Make: _____

Model: _____

Color: _____

State: _____

License Plate Number: _____

UML PARKING PERMIT NUMBER: _____